

Monday 21 October 2019					
Start	Finish	Official Training (Day 3)	Slot Nb Boats	Interval	Elapsed Time
07:00:00	07:15:00	Water On & Water level stabilized			00:15:00
08:00:00	12:00:00	Official Training - morning session	4	01:00:00	04:00:00
12:00:00	16:00:00	Official Training - afternoon session	4	01:00:00	04:00:00
17:00:00	17:00:00	Water Off			
Tuesday 22 October 2019					
Start	Finish	Official Training (Day 4)	Slot Nb Boats	Interval	Elapsed Time
07:00:00	07:15:00	Water On & Water level stabilized			00:15:00
08:00:00	12:00:00	Official Training - morning session	4	01:00:00	04:00:00
12:00:00	16:00:00	Official Training - afternoon session	4	01:00:00	04:00:00
17:00:00	17:00:00	Water Off			
Wednesday 23 October 2019					
Start	Finish	Official Training (Day 5)	Slot Nb Boats	Interval	Elapsed Time
07:00:00	07:15:00	Water On & Water level stabilized			00:15:00
08:00:00	12:00:00	Official Training - morning session	4	01:00:00	04:00:00
09:00:00	16:30:00	Equipment Control (Self check) Open			07:30:00
12:00:00	16:00:00	Official Training - afternoon session	4	01:00:00	04:00:00
15:00:00	16:00:00	Technical rehearsal meeting			01:00:00
17:00:00	17:45:00	Team Leader Meeting (Athlete lounge)			00:45:00
17:30:00	17:30:00	Water Off			
Thursday 24 October 2019					
Start	Finish	Official Training (Day 6)	Slot Nb Boats	Interval	Elapsed Time
07:00:00	07:15:00	Water On & Water level stabilized			00:15:00
08:00:00	12:00:00	Official Training - morning session	4	01:00:00	04:00:00
09:00:00	13:00:00	Official Equipment Control			08:00:00
12:00:00	16:00:00	Official Training - afternoon session	4	01:00:00	04:00:00
13:00:00	14:00:00	1st ITO/NTO Meeting			01:00:00
Thursday 24 October 2019 - Heats course					
16:00:00	17:30:00	Heats - Course construction			01:30:00
17:30:00	17:30:00	Water Off			

Friday 25 October 2019					
Start	Finish	Heats MC1 & WK1	Slot Nb Boats	Interval	Elapsed Time
07:00:00	07:15:00	Water On & Water level stabilized			00:15:00
Friday 25 October 2019 - Heats course					
07:15:00	08:15:00	Heats - Course construction (if needed)			01:00:00
08:15:00	09:00:00	Heats - Course tuning with demonstration runners / TD approval			00:45:00
09:00:00	09:20:00	Heats - Course demonstration run by section			00:20:00
09:20:00	09:35:00	Heats - Course approval			00:15:00
		Interval			00:15:00
09:50:00	10:02:00	Heats - Full length demonstration runs	6	00:02:00	00:12:00
10:02:00	11:00:00	Course observation			00:58:00
Heats 1st Run - MC1 & WK1					
11:00:00	11:08:00	Forerunners (MC1,W1K)	4	00:02:00	00:08:00
		Interval			00:07:00
11:15:00	11:49:00	MC1-Heats-1st run	17	00:02:00	00:34:00
		Interval		00:05:00	00:05:00
11:54:00	12:36:00	WK1-Heats-1st run	21	00:02:00	00:42:00
		Interval			01:24:00
Heats 2nd Run - MC1 & WK1					
14:00:00	14:34:00	MC1-Heats-2nd run	17	00:02:00	00:34:00
		Interval		00:05:00	00:05:00
14:39:00	15:21:00	WK1-Heats-2nd run	21	00:02:00	00:42:00
15:45:00	15:45:00	Water Off			

Saturday 26 October 2019						
Start	Finish	Heats WC1 & MK1	Slot Nb Boats	Interval	Elapsed Time	
07:15:00	07:30:00	Water On & Water level stabilized			00:15:00	
Heats 1st Run - WC1 & MK1						
09:00:00	09:04:00	Forerunners	2	00:02:00	00:04:00	
		Interval			00:11:00	
09:15:00	09:47:00	WC1-Heats-1st run	16	00:02:00	00:32:00	
		Interval			00:05:00	
09:52:00	10:40:00	MK1-Heats-1st run	24	00:02:00	00:48:00	
		Interval			01:20:00	
Heats 2nd Run - WC1 & MK1						
12:00:00	12:32:00	WC1-Heats-2nd run	16	00:02:00	00:32:00	
		Interval			00:05:00	
12:37:00	13:25:00	MK1-Heats-2nd run	24	00:02:00	00:48:00	
		Interval			00:13:00	
Saturday 26 October - Semi Final & Final course						
13:40:00	15:10:00	SF & F - Course Construction			01:30:00	
14:40:00	15:25:00	SF & F - Course tuning with demonstration runners & TD approval			00:45:00	
15:25:00	15:45:00	SF & F - Course demonstration run by section			00:20:00	
15:45:00	16:00:00	SF & F - Course approval			00:15:00	
		Interval			00:15:00	
16:15:00	16:27:00	SF & F - Full length demonstration runs	6	00:02:00	00:12:00	
16:31:00	17:30:00	Course observation			00:59:00	
17:30:00	17:30:00	Water Off				

Sunday 27 October 2019					
Start	Finish	Semi Finals & Finals	Slot Nb Boats	Interval	Elapsed Time
07:15:00	07:30:00	Water On & Water level stabilized			00:15:00
Semi Finals - MC1 & WK1					
09:00:00	09:08:00	Forerunners	4	00:02:00	00:08:00
		Interval			00:07:00
09:15:00	09:45:00	MC1-Semi-Finals	15	00:02:00	00:30:00
		Interval			00:04:00
09:49:00	10:29:00	WK1-Semi-Finals	20	00:02:00	00:40:00
		Interval			00:16:00
Finals - MC1 & WK1					
10:45:00	11:22:00	MC1-Finals (2min break after the 5th boat)	10	00:03:30	00:37:00
		Interval			00:07:00
11:29:00	12:06:00	WK1-Finals (2min break after the 5th boat)	10	00:03:30	00:37:00
		Interval			00:54:00
Semi Finals - WC1 & MK1					
13:00:00	13:08:00	Forerunners	4	00:02:00	00:08:00
		Interval			00:07:00
13:15:00	13:45:00	WC1-Semi-Finals	15	00:02:00	00:30:00
		Interval			00:04:00
13:49:00	14:29:00	MK1-Semi-Finals	20	00:02:00	00:40:00
		Interval			00:16:00
Finals - WC1 & MK1					
14:45:00	15:22:00	WC1-Finals (2min break after the 5th boat)	10	00:03:30	00:37:00
		Interval			00:07:00
15:29:00	16:06:00	MK1-Finals (2min break after the 5th boat)	10	00:03:30	00:37:00
		Interval			00:09:00
Medals Presentation					
16:15:00	16:20:00	MK1 - Medal ceremony			00:05:00
		Interval			00:01:00
16:21:00	16:26:00	MC1 - Medal ceremony			00:05:00
		Interval			00:01:00
16:27:00	16:32:00	WK1 - Medal ceremony			00:05:00
		Interval			00:01:00
16:33:00	16:38:00	WC1 - Medal ceremony			00:05:00
17:00:00	17:00:00	Water off			