

March 2018.

**To Mr. Simon Toulson**

Secretary General

**To. Dra Cecilia Farias**

Vice President (Development)

International Canoe Federation

## **Finalized the Olympic Solidarity Program of Development in Tunisian Canoe Federation**

On the basis of the Olympic Solidarity Program:

“The aim of Olympic solidarity is to organize assistance for all the National Olympic Committees (NOCS), particularly those with the greatest needs, through multi-faceted programs prioritizing athlete development, training of coaches and sports administrators, and promoting the Olympic ideals.”

The Fédération Tunisienne de Canoe/ Kayak FTCK, in collaboration with the ICF International Expert Phd. Alessandra Maria Pinto Pereira, started the Program of Development of the National Sport Canoe – Kayak in Tunisia on 2th of November of 2017 and finalized in February 2018 with the conclusion of following objectives:

### **1. Administrative**

- a) General structure of the federation.
- b) Competitions Rules and National Team qualification.
- c) Support the organization of the First African Paracanoe Seminar.

### **2. Technical**

- a) Support Clubs on the development of Canoe/Kayak.
- b) Identify Issues and options to solve them.
- c) Support the National and International Calendar and Participation.
- d) Prepare a long term project for Development and Performance.

### **3. National Team**

- a) Define the National and International Calendar
- b) Support the Annual Training Program
- c) Evaluate the National Team on the Anthropometric Profile, General skills and Performance.
- d) Use new technology to improve performance.

- e) Support the Team in the International Camp and Competitions (YOG, World Cup, World Championship)

#### 4. **Education Program**

- a) Organize a National Education Course for Coaches
- b) Organize a National Course for Referees

“All the topics proposed were concluded successfully” said Dr. Alessandra M Pinto.

“On the **National Course for Coaches** (February 2018), 28 people joined. During 3 days they received classes of Canoe Sprint Technique, training method and motivation.”

On the **National Course for Referees** (February 2018), 25 veteran and aspirants referees participated. The Canoe Sprint rules and the Criteria to Select the National Team, were reviewed in details. Fair-Play was considered essential for the development of the Sport.

According Mr. Jean Christophe GONNEAUD “**The Paracanoe Workshop, January 2018** was a very interesting opportunity for both Handisport Associations and Canoeing Tunisian federation to work together. Special Thanks to President Mohsen Takrouni for his availability, friendship and deep interest for Paracanoe.”

Mr. Mohsen Takrouni as president of the FTCK since 2012 has a fantastic project of development and education, in 2015 he organized the ICF Canoe Course for Coaches Level II , in collaboration with Dr. Alessandra Maria Pinto, in 2015 organized the African and Arabian Championship. It is important to highlight Tunisia’s Team participation in London 2012 Olympic Games, in Rio 2016 Olympic Games and the achievement of 2 bronze medals in 2011 ( K1 men , Mohamed Ali Mrabet).

“A sport modality can only grow in a good direction and to be on the top of the podium, when there is a solid education program, well-formed professionals and commitment on the part of the members of the board of the federations”, confirmed Dra. Alessandra Maria Pinto International ICF Expert.

***Dra. Alessandra Maria Pinto Pereira***

Expert Advisor

Canoe and Kayak Professor