

**ICF PARACANOE  
ON-WATER TECHNICAL ASSESSMENT CHART**

**V1**

**Athlete Name**

**Federation**

**ON WATER OBSERVATION**

**Observed getting into the boat:**                      Yes No

**Observed the following:** Test 1  Test 2  Test 3  Test 4  Test 5  Test 6

**Adapted Equipment in boat (photo)**                       **Video**

**Adapted equipment with paddler in boat (photo)**

**Adapted paddle (photo)**                       **Athlete holds adapted paddle (photo)**

**Novice paddler**                       **Experienced paddler**

**Ama:**                                      **Left side**      **Right side**                      **(circle one)**

**Athlete's dominant leg\*:** **Left**                      **Right**                      **(circle one)**

\* Dominant leg = the leg that moves the most

<b>Dominant hand side Leg movement*</b>	<b>0</b> Passive or no movement	<b>1</b> Partial movement	<b>2</b> Full movement
Position of legs	Dominant leg extended		Dominant leg flexed
Feet/Foot contact with footboard	Yes	No	Passive      Active
<b>Trunk Flexion</b>	<b>0</b> No trunk flexion	<b>1</b> Partial trunk flexion	<b>2</b> Full trunk flexion
<b>Trunk Rotation</b>	<b>0</b> Shoulder/ scapula movement only	<b>1</b> Partial trunk rotation	<b>2</b> Full trunk rotation
Range of stroke motion	Short	Normal	Long      Symmetrical Yes      No

Depth of paddle stroke	Deep	Shallow	Wide
Stroke speed	Slow	Regular	Fast      Able to vary speed
Stroke synchronization	Basic	Regular	Good
<b>TOTAL POINTS</b>			

On Water Technical Assessment - continued

Athlete Name

**V1**

<b>QUICK LOOK UP TABLE FOR TRANSFORMED SCORES</b>	
Basic score	Transformed score
1	3
2	6
3	9
4	12
5	15
6	18

<b>TRANSFORMED SCORE</b>

Technical classifiers comments/observations

Technical Classifier Signature

Medical Classifier Signature

Date