



OFFICIAL PROGRAMME OF THE MEDITERRANEAN GAMES TARANTO 2026



SPORTS	QUOTAS per NOC			MEN'S EVENTS	WOMEN'S EVENTS	MIXED/OPEN EVENTS	TOTAL
	M	W	T				
AQUATICS				21	21	1	43
<i>Swimming</i>	26	26	52	20 50m Freestyle 100m Freestyle 200m Freestyle 400m Freestyle 800m Freestyle 1500m Freestyle 50m Backstroke 100m Backstroke 200m Backstroke 50m Breaststroke 100m Breaststroke 200m Breaststroke 50m Butterfly 100m Butterfly 200m Butterfly 200m Individual Medley 400m Individual Medley 4 x 100m Freestyle Relay 4 x 200m Freestyle Relay 4 x 100m Medley Relay	20 50m Freestyle 100m Freestyle 200m Freestyle 400m Freestyle 800m Freestyle 1500m Freestyle 50m Backstroke 100m Backstroke 200m Backstroke 50m Breaststroke 100m Breaststroke 200m Breaststroke 50m Butterfly 100m Butterfly 200m Butterfly 200m Individual Medley 400m Individual Medley 4 x 100m Freestyle Relay 4 x 200m Freestyle Relay 4 x 100m Medley Relay	4 x 100m Mixed Medley Relay	
<i>Water Polo</i>	13	13	26	1 Team tournament	1 Team tournament		2
ARCHERY				2	2	1	5
	3	3	6	Individual Team	Individual Team	Mixed Team	
ATHLETICS				20	20	2	42
	39	39	78	100m 200m 400m 800m 1500m 5000m 10 000m 110m Hurdles 400m Hurdles 3000m Steeplechase 4 x 100m Relay 4 x 400m Relay High Jump Pole Vault Long Jump Triple Jump Shot Put Discus Throw Hammer Throw Half-Marathon	100m 200m 400m 800m 1500m 5000m 10 000m 100m Hurdles 400m Hurdles 3000m Steeplechase 4 x 100m Relay 4 x 400m Relay High Jump Pole Vault Long Jump Triple Jump Shot Put Discus Throw Hammer Throw Half-Marathon	4 x 100m Mixed Relay 4 x 400m Mixed Relay	
BADMINTON				2	2	1	5
	4	4	8	Singles Doubles	Singles Doubles	Mixed Doubles	
BASKETBALL				1	1		2
<i>3 X 3</i>	4	4	8	Team tournament	Team tournament		
BOULES SPORT				6	6		12
	6	6	12	Petanque Doubles Petanque Precision Throw Lyonnaise Precision Throw Lyonnaise Progressive Throw Raffa Individual Raffa Doubles	Petanque Doubles Petanque Precision Throw Lyonnaise Precision Throw Lyonnaise Progressive Throw Raffa Individual Raffa Doubles		
BOXING				7	7		14
	7	7	14	55 kg 60 kg 65 kg 70 kg 80 kg 90 kg +90 kg	51 kg 54 kg 57 kg 60 kg 65 kg 70 kg +80 kg		
CANOE				4	4		8
<i>Sprint</i>	6	6	12	Kayak Single (MK1) 1000m Kayak Double (MK2) 500m Canoe Single (MC1) 1000m Canoe Double (MC2) 500m	Kayak Single (WK1) 500m Kayak Double (WK2) 500m Canoe Single (WC1) 200m Canoe Double (WC2) 500m		
CYCLING				2	2		4
<i>Road</i>	4	4	8	Road Race Individual Time Trial	Road Race Individual Time Trial		
EQUESTRIAN						2	2
<i>Jumping</i>			4			Team Individual	
FENCING				3	3		6
	9	9	18	Individual Epée Individual Foil Individual Sabre	Individual Epée Individual Foil Individual Sabre		
FOOTBALL				1	1		2
	18	18	36	Team tournament	Team tournament		
FINSWIMMING				8	8	2	18
<i>Pool</i>	14	14	28	Individual 50m AP Individual 50m BF Individual 100m BF Individual 100m SF Individual 200m BF Individual 200m SF Individual 400m SF Individual 400m BF	Individual 50m AP Individual 50m BF Individual 100m BF Individual 100m SF Individual 200m BF Individual 200m SF Individual 400m SF Individual 400m BF	4 x 100m SF 4 x 50m BF	
GYMNASTICS				8	7		15

Artistic	6	6	12		Team All-Around Floor Exercise Pommel Horse Rings Vault Parallel Bars Horizontal Bar		Team All-Around Vault Uneven Bars Balance Beam Floor Exercise			
Rhythmic		2	2				Individual All Around			
HANDBALL				1		1				2
	14	14	28		Team tournament		Team tournament			
JUDO				7		7		1		15
	7	7	14		-60 kg -66 kg -73 kg -81 kg -90 kg -100 kg +100 kg		-48 kg -52 kg -57 kg -63 kg -70 kg -78 kg +78 kg		Mixed Team	
KARATE				5		5				10
<i>Kumité</i>	5	5	10		-60kg -67kg -75kg -84kg +84kg		-50 kg -55 kg -61 kg -68 kg +68 kg			
PADEL				1		1		1		3
	4	4	8		Doubles		Doubles		Mixed doubles	
ROWING				4		4		2		10
	8	8	16		Single Sculls (M1x) Double Sculls (M2x) Lightweight Single Sculls (LM1x) Lightweight Double Sculls (LM2x)		Single Sculls (W1x) Double Sculls (W2x) Lightweight Single Sculls (LW1x) Lightweight Double Sculls (LW2x)		Mixed Double Sculls (Mix2x) Mixed Lightweight Double Sculls (LMix2x)	
SAILING				2		2				4
	4	4	8		Windsurfing - IQ Foil Dinghy - ILCA 7		Windsurfing - IQ Foil Dinghy - ILCA 6			
SHOOTING				4		4		3		11
	8	8	16		10m Air Rifle Men (AR M) 10m Air Pistol M (AP M) Trap Men (TR M) Skeet Men (SK M)		10m Air Rifle Women (AR W) 10m Air Pistol Women (AP W) Trap Women (TR W) Skeet Women (SK W)		10m Air Rifle Mixed Team (AR MT) 10m Air Pistol Mixed Team (AP MT) Skeet Mixed Team (SK MT)	
SKATEBOARDING				2		2				4
	5	5	10		Street Roller marathon		Street Roller marathon			
TABLE TENNIS				2		2		1		5
	4	4	8		Singles Teams		Singles Teams		Mixed Doubles	
TAEKWONDO				4		4				8
	4	4	8		-58kg -68kg -80kg +80kg		-49kg -57kg -67kg +67kg			
TENNIS				2		2		1		5
	4	4	8		Singles Doubles		Singles Doubles		Mixed Doubles	
TRIATHLON				1		1		1		3
	2	2	4		Individual		Individual		Mixed Relay	
VOLLEYBALL				1		1				2
	12	12	24		Team tournament		Team tournament			
WEIGHTLIFTING				6		6				12
	6	6	12		65kg 75kg 85kg 95kg 110kg +110kg		53kg 61kg 69kg 77kg 86kg +86kg			
WRESTLING				12		6				18
<i>Greco-Roman</i>	12	6	18		60kg 67kg 77kg 87kg 97kg 130kg					
<i>Freestyle</i>					57kg 65kg 74kg 86kg 97kg 125kg		50kg 53kg 57kg 62kg 68kg 76kg			
TOTAL (28)	258	254	516	139		132		19		290
Gender Balance	50,00%	49,22%		47,93%		45,51%		6,55%		