



CV

- ✓ Certified coach from the International Rowing Federation and the International Canoe Federation from 2011 until now.
- ✓ A certified trainer from the Sudanese Paralympic Committee to train people with disabilities from 2015 until now
- ✓ Certified trainer from the Sudan Rowing and Canoeing Federation from 2010 until now.
- ✓ Diploma in training trainers, second level, from the International Federation, 2013.
- ✓ Master's degree in Da'wah and Islamic culture - Omdurman Islamic University 2011

Dr .Mutwakil ahmad

Sport coach

🕒 1/1/1987

🏠 Sudanese

📍 Kassala State, Khashm Al-Girba.

♂ male

☎ 0111111113 0930333337

🏠 Khartoum Maamoura

📖 Muslim

👪 marital status : Married

✉ mutwakiltaha0@gmail.com

Language

- ✓ English language
- ✓ Arabic language
- ✓ other skills
- ✓ Withstand work pressure.
- ✓ Work within teams or independently.
- ✓ Communication and presentation skills.
- ✓ Proficiency in working on a computer
- ✓ Speed of learning new skills.

Work experience

- ✓ Coach for the Sudanese junior national team.
- ✓ Trainer for people with disabilities in rowing and canoeing.
- ✓ Trainer for buds from 10 to 16 years old.

In addition to that, I worked as a supervisor responsible for some delegations participating in some tournaments abroad, which are:

- ✓ Captain of the national Olympic team to participate in the international championship in Italy 2018.
 - ✓ Qualifying people with mobility disabilities in the Olympic field in Brazil City Sao Paulo, October 2019
 - ✓ Captain of the national sailing team for juniors in South Africa 2017 AD
 - ✓ Captain of the national team for people with disabilities in the African Championship in Tunisia 2018 We were crowned African champion.
 - ✓ Captain of the national rowing and canoeing team for the African Youth Olympics Championship in Botswana 2014
 - ✓ .Captain of the national team for people with disabilities in the Arab and African Championships In the Arab Republic of Egypt 2019
 - ✓ Captain of the national team in the international championship in Tunisia 2020
- Member of the Central Training Committee and responsible for the Media Committee in the sports of rowing and canoe from 2014 until now. I have conducted more than 10 training courses in a number Among the states of Sudan :*
- ✓ :Red Sea State - Port Sudan City, White Nile State - Douim City, Nile River State - Shendi City, and Sennar State - Sinja City.

Sports participations and achievements

I participated in many marathons in rowing and canoeing:

- ✓ Al Khartoum Al-Muqrin Marathon to the Egyptian border, more than two thousand kilometers (21 days) in 2014
- ✓ Sennar-Khartoum Marathon, rowing, 327 km, 2016.
- ✓ Khartoum Madani Marathon, 217 km, 2014.
- ✓ Jabal Awliya' Al-Khartoum Marathon, rowing, 50 km, 2009
- ✓ Champion of the Republic and winner of the gold medal in 500 meter flipper swimming in Port Sudan 2011
- ✓ Republic Championship in 10 km rowing race, 2007
- ✓ Republic Championship for long-distance swimming, 8 km, 2009

Training courses and certificates:

- ✓ The Olympic Solidarity Sailing Technical Course for Instructors, which was held during December 2010 under the auspices of the International Sailing Federation.
- ✓ Certificate of attendance for world sailing from the International Sailing Federation in South Africa 2016.
- ✓ Canoeing course in Khartoum organized by the International Canoeing and Canoeing Federation.
- ✓ Certificate from the Rowing and Canoeing Federation within the Sports Development Program in Central and East Africa.
- ✓ Olympic Solidarity Certificate for Sports Managers, which was held from November 22 to November 27, 2016.

- ✓ Certificate of participation from the International Rowing and Canoeing Federation (FISA) in training people with disabilities in Tunisia 2018.
- ✓ A course for selecting talented youth in sports from 12/14 to 12/18/2014
- ✓ Second level trainer certificate from the International Federation, December 13, 2013.
- ✓ A certificate from the Egyptian Rowing and Canoeing Federation for the success of the Arab Championship.
- ✓ Third level swimming coach certificate from the Ministry of Youth and Sports and the Swimming Federation during the period from 1/7 to 1/29/2014
- ✓ The qualifying arbitration course in modern swimming management and comprehensive scientific subjects in the period from 14 to November 20, 2016
- ✓ Sports Management Course from the International Olympic Committee from November 22 to November 27, 2016
- ✓ A training certificate in a professional competency course.
- ✓ A training certificate in the Individual Salvation Technique course.
- ✓ Training certificate in security awareness course.
- ✓ Training certificate for fire prevention and control course

Training courses in the maritime safety course:

- ✓ Lifeguard training as a swimming pool lifeguard.
- ✓ Advanced diving training course (open sea).
- ✓ A training course in diving basics.
- ✓ Personal safety and social responsibilities course from the College of Maritime Studies, Maritime Safety Center in August 2016 .
- ✓ A training course in first aid from the College of Maritime Studies and the Maritime Safety Center in August 2016.
- ✓ A training course in fire prevention and control from the College of Maritime Studies and the Maritime Safety Center in August 2016 .