



2024
SARASOTA BRADENTON
ICF SUP WORLD
CHAMPIONSHIP

LAST INFO



Dear Future Guests,

We are thrilled to welcome you to the 2024 ICF SUP World Championship!

It is an honour to welcome competitors from all across the globe to our area to enjoy our world-renowned 550-acre park located in Sarasota County, situated on the county line with Manatee County just to the north. The city's location on Florida's gulf coast provides favorable weather and sunshine all year long. In addition, the Park itself is situated adjacent to a vibrant entertainment district called University Town Center (UTC), consisting of numerous restaurants, hotels, recreational activities, and an upscale shopping mall within walking distance from the race course.

The Park provides the idyllic location, layout, course, convenience and visitor experience that an event of this caliber deserves. Our world-renowned paddling and aquatics facility has hosted multiple international and national events where thousands of athletes and fans have experienced unforgettable competitions.

Beyond the benefits of our pristine and innovative course, our talented team will work tirelessly to support your needs, ensuring a successful event and positive experience throughout the competition. Should you need anything during your stay, please don't hesitate to reach out to one of our team members.

Wishing you good luck in the competitions ahead! Enjoy your time in our beautiful backyard.

Best Regards,

Bruce Patneau, COO of Nathan Benderson Park
Chairman of the Host Organising Committee



HOST ORGANISING COMMITTEE

Chairman	Bruce Patneaude
Technical Organiser	Sarah Hartz
Event Manager	Sarah Hartz
Head of IT	Bruce Patneaude
Head of Accreditation Services	Jason Greenspan
Head of Hospitality Services	Jason Greenspan
Official Hotels Liaison	Aaron Maciejewski, aaron@pellucidtravel.com
Branding, Master of Ceremonies	Marnie Buchsbaum
Head of Transportation Services	Emma Anthony
Media Officer/Press Chief	Marnie Buchsbaum

Technical Officials

JURY

- Chair Cecilia Farias (ARG)
- Member Martha Hernandez (MEX)
- Member Ola Oluode (NGR)

COMPETITION COMMITTEE

- Race director, Noémi Horváth (HUN)
- Competition manager, Kristin Thomas (USA)
- Safety officer, Sarah Hartz (USA)

Competition secretary Igor Dosen (SRB)

ID CONTROLLER

1. Carole Valentine (USA)

POST-RACE BOAT CONTROLLER

1. Suzanne Britt (USA)

STARTERS

1. Emilie Fournel (CAN) - Coordinator
2. Gergely Varga (HUN)

ALIGNERS

1. Dee Paterson (GBR)
2. Cathy Bohlman (USA)

COURSE UMPIRES

1. Marian Sarbu (BEL) - Coordinator
2. Stefanos Sinis (GRE)
3. Sepideh Homami (USA)
4. Alexandra Korisanszky (CAN)

FINISHING LINE JUDGES

1. Matt Warren (NZL) - Chief
2. Erin Schaus (CAN)

PROGRAMME

18 November (Monday)

- 08:00-12:00 Race Course opens for training
- 10:00 Access period starts
- 10:00-16:00 Accreditation opens
- 13:00-17:00 Race Course opens for training

For the latest information, please join the **official WhatsApp group of the event:**

19 November (Tuesday)

- 08:00-12:00 Race Course opens for training
 - 08:00-10:00 test starts at 100m
 - 08:00-10:00 technical course available for training
- 09:00-16:00 Accreditation opens
- 13:00-17:00 Race Course opens for training
 - 15:00-17:00 test starts at 100m
 - 15:00-17:00 technical course available for training
- 14:00 Athletes' briefing (online)



20 November (Wednesday)

- 08:30-16:30 sprint preliminary rounds, heats, quarterfinals
- 17:00 opening ceremony

21 November (Thursday)

- 08:30-17:00 technical preliminary rounds, heats, quarterfinals

22 November (Friday)

- 09:30-16:15 sprint semifinals and finals
- medal ceremonies for sprint races in the evening

23 November (Saturday)

- 08:15-17:30 technical quarterfinals, semifinals and finals
- medal ceremonies for technical races in the evening

24 November (Sunday)

- 08:30-17:30 long distance races, inflatable races, recreational races, kids races
- medal ceremonies for long distance, inflatable races, recreational races, kids races
- medal ceremonies for the Nations' Cup
- closing ceremony in the evening
- access period ends in the evening

ACCREDITATION

OPENING HOURS

18th November (Monday): 10am- 4pm

19th November (Tuesday): 9am- 4pm

20th November (Wednesday) - 24th November (Sunday): 08:00am-12:00pm, 1:00-5:00pm.

LOCATION

The Accreditation Center is located at the Regatta Course on the 2nd floor of the Finish Tower.

Upon your arrival, we kindly request all athletes and non-participants to contact the accreditation centre directly for the collection of ID cards, BIB numbers, board security, and any pre-ordered items. It is mandatory for all participants to present a valid passport or ID card to confirm their country of citizenship and age.

We also advise you to double-check your registration for all desired events. If any entry errors have occurred, please inform the Accreditation desk. Please be advised that you will not receive the badges until your balance with the Host Organising Committee is cleared to zero.

Acceptable methods of payment: cash (USD), credit card (Visa, Mastercard)

MEALS & WATER

There will be food vendors at the venue with a variety of options. The cost of food is NOT included with your registration. Items can be purchased with cash or credit card.

There will be potable water in the athlete area. Please bring your own bottle, let's be mindful of our environment!

INTERNET

Free Wi-Fi access is available at the venue, no password is required.

SHUTTLE SERVICE

The shuttle bus service will run daily between the official hotels and the Regatta Course during the competition days. Copies of the map and schedule of shuttles will be available at the accreditation center. This information will also be available in the hotel lobbies and at Nathan Benderson Park.

The shuttle service is accessible to all participants with an accreditation badge.

OFFICIAL TRAINING SESSIONS

Limited training also available on-site if you are arriving earlier than Monday, November 18, as other events will be occupying the venue. A training request, contract and fee MUST be paid before you may access the water. Submit your request for training:



BOARD STORAGE AND PARKING

Boat storage is available in the Athletes' Area and is first come, first served. The merchandise tent will have boat tie down straps available for purchase starting on Monday, November 18th. The daily hours of the merchandise tent are as follows:

18 th November (Monday)	10am- 2pm
19 th November (Tuesday)	9am- 12pm
20 th November (Wednesday) - 22 nd November (Friday)	9-11am, 2-4pm
23 rd November (Saturday)	9am- 12pm
24 th November (Sunday)	10am- 2pm

TRAILER PARKING

Trailer parking will be located in the athlete area. If you are bringing in a trailer before November 18, please contact Sarah Hartz at 1-941-224-9395 or Jason Greenspan at 1-941-893-7356 for proper placement.

VEHICLE PARKING

Parking will be located adjacent to the athlete area. Discounted parking for the week can be purchased in advance at the accreditation center on Monday & Tuesday, via cash or credit card for \$8.00/day. If the discounted parking is not purchased in advance, the daily charge onsite is \$10.00/day starting on Wednesday.

ATHLETE SHADE TENT

Access to this area is granted exclusively with a valid accreditation card. Feel free to utilize this space for relaxation throughout the day and during your breaks.

MEDAL AWARDING CEREMONIES

To ensure the formality of the medal awarding ceremonies, all athletes involved are required to be at the meeting point next to the Finish Tower no later than 10 minutes before the scheduled start of the ceremony. Due to our tight schedule, we kindly ask for your cooperation in adhering to this request. The medal awarding ceremonies will begin promptly at their designated times. If an athlete arrives late to the meeting point, the ceremony will proceed as scheduled without them.

Please note that caps, sunglasses, and flags are not permitted on the podium. Wearing national colours is encouraged. For Nation's Cup athletes, national outfit and appropriate footwear is mandatory. The exact times of the award ceremonies will be posted in the WhatsApp group.

OPENING CEREMONY

The official Opening Ceremony for the 2024 ICF SUP World Championships will take place next to the Finish Tower on stage Wednesday, November 20th at 5pm.

ENTRIES & SCHEDULE

Please visit the official results management page to check all your entries are in order:
<https://memosoft.spotfokus.com/timetable/index.php?page=eventdetail&folder=123&gmt=1&gmt2=-60>

Those open men athletes, who have raced in the ICF SUP World Ranking this year and have WR points, might be in the main draw, which means that they will be added to the heats once the preliminary rounds are over. The seeding of the heats in junior and open categories were made according to the World Ranking.

We strongly recommend to check the Competitors' list as well: https://memosoft.spotfokus.com/timetable/uploads/XML_Provas/123/pdf/Entries/Sarasota2024-CompetitorsList-V1.12.pdf

Each number indicates the race number in the given distance, MD means Main Draw and NT means National Team (member of the Team Event).

LATE ENTRY & BIB SINGLET

In extraordinary circumstances, an application can be made to the Race Director for the acceptance of late entries. The cost for late entries will be \$300 USD.

Entry Policy will be applied until the deadline being **Monday 18th November 18:00 EDT (Sarasota local time)** .

The HOC accepts entries after the deadline with the race director permission in exceptional cases exclusively in case the inclusion of the new entry does not result in the amendment of the competition program.

The request for late entry can be submitted via the following online form:

<https://forms.gle/8FwH89YKHojpoMNs8>

Each competitor will receive an individual BIB singlet for identification during the event(s). Competitors are responsible for wearing their singlets.

TEAM EVENTS

The Nations Cup will be awarded in accordance with the 2023 ICF SUP rules (article 1.8.7) using the cumulative results of the open and junior results in both the men and the women. Teams can be up to four (4) athletes for the Long Distance and Technical races. The top three (3) athletes scores will count towards team results.

National Federations can enter athletes to the team events via the ICF SDP system. The system can be reached at: <https://icf.mev.atos.net/icf/main.jsp>

PRIZE MONEY

A total gross 30,000 EUR will be divided between the open long distance, technical and sprint race medallists as follows:

	GOLD	SILVER	BRONZE
MEN OPEN TECHNICAL	€ 2500	€ 1500	€ 1000
MEN OPEN SPRINT	€ 2500	€ 1500	€ 1000
MEN OPEN LONG DISTANCE	€ 2500	€ 1500	€ 1000
WOMEN OPEN TECHNICAL	€ 2500	€ 1500	€ 1000
WOMEN OPEN SPRINT	€ 2500	€ 1500	€ 1000
WOMEN OPEN LONG DISTANCE	€ 2500	€ 1500	€ 1000

ID CONTROL

Athletes can embark only from the designated spot before the competition where their boards, equipment, BIB singlets, and accreditation cards will be checked. For sprint races board numbers will be put on your board by officials. For technical races and long distance races GPS will be put on the boards by officials.

Coaching and supporting athletes from the ID control area is not permitted. Athletes you follow or support may face disqualification.

For Sprint and Technical races, athletes should arrive at the ID control area **no earlier than 20 minutes and no later than 10 minutes before their scheduled race**. For Long distance, athletes can go through ID control **1 hour before their race**.

For Sprint race, after ID control, athletes will proceed with their boards to the starting area, where they will be grouped for their races. When a race number is called for the starting area, athletes from that race should line up in lane order, starting from the lowest number.

POST-RACE BOARD CONTROL

After each race the first 4 boards and other at random will be selected by the Competition Committee for post-race board control. Please check after the finish line if you need to go to board control.

Athletes must disembark onto the designated place where their board will go under control. According to the 2023 ICF SUP Rules, the minimum weight of all hard boards - regardless of their length - is 10kg. For inflatable boards there is no weight limit, the length limit is 14'. For the recreational race there is no weight or length limit.

Please do not forget to control the weight of your board before the race at the self board control spot located in the Athlete area.

DOPING CONTROL

Athletes will be randomly selected for doping control conforming to the relevant regulations. Accreditation card is mandatory during the process.

Chaperones will inform the selected Athletes at post-race boat control and guide them through the full process. The 2021 ICF Anti-doping rules can be found here: https://www.canoeicf.com/sites/default/files/2021_icf_anti-doping_rules.pdf

ANTI-DOPING EDUCATION

For the ICF World Championships every athlete, coach and support personnel **MUST** pass the relevant anti-doping online course on the Anti-Doping Education Learning platform [ADEL] corresponding to their role.

Athletes entered in any ICF competition must complete the ICF's anti-doping education programme or equivalent before competing or risk being denied entry to the competition.

For more information please see: <https://www.canoeicf.com/anti-doping-education>

GREEN SCREEN

All athletes are requested to visit the Green Screen Room, which is located within the accreditation center.

Your presence is very important for the promotion of our sport, for yourself and the country you represent. The ICF and HOC are investing to present each athlete and board in a professional way and your involvement is more than appreciated. Our intention is to film all athletes present in the competition and use this graphic from the first race on the live broadcast. If possible, please come with your team racing uniform for a better presentation.

ATHLETES' BRIEFING & COMMUNICATION

The Athletes' Briefing will be held online on **Tuesday 19th November, 14:00 EDT (Sarasota local time)**

[CLICK HERE TO JOIN THE MEETING](#)

Meeting ID: 221 047 225 166 Passcode: wHNKKjy

Join our official communication tool to stay up to date on all 2024 SUP World news before & during the event. **Join the official 2024 ICF SUP Worlds on WhatsApp:**



COURSE MAPS

ALL EVENTS

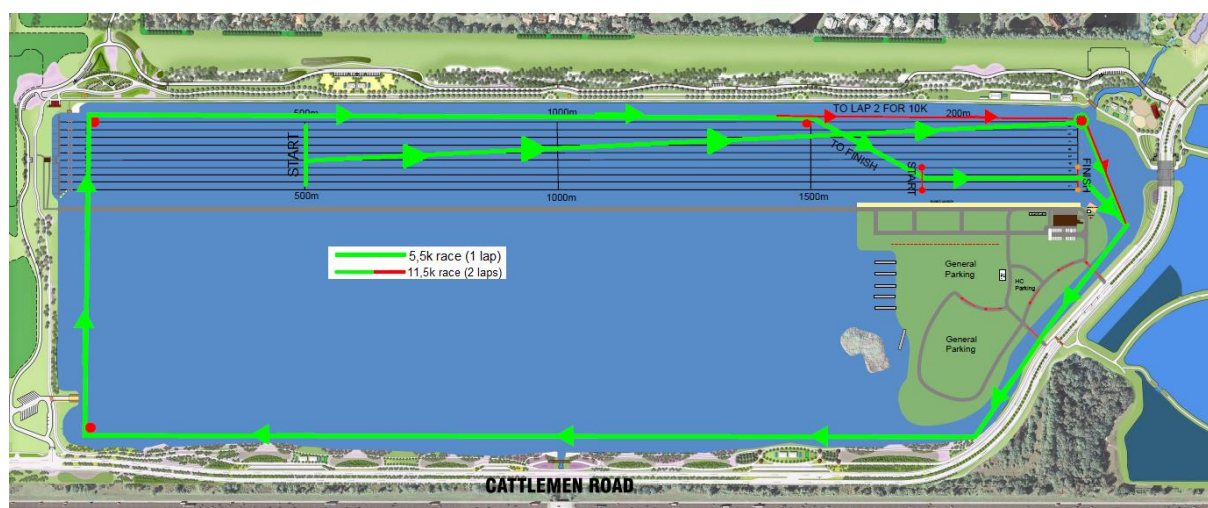
- ▶ Athletes are required to cover the distance as quickly as possible after the start command. Throughout the entire course, including all turns, athletes must respect their opponents and avoid collisions. Athletes causing collisions may face disqualification.
- ▶ The athlete has finished the race when the board nose crosses the finish line with the athlete on it - with the two feet in contact with the board.
- ▶ Please be aware that the race course and rules are subject to change based on safety and weather conditions.

SAFETY EQUIPMENT

Leash is mandatory for all races – sprint, technical, long distance, inflatable, recreational. Personal floating device (PFD) is optional.

- ▶ The Technical race will consist of one lap, covering approximately a distance of 800 meters.
- ▶ Athletes line up on the beach according to the lane number next to their boards. The start command is "Ready" followed by a start signal.
- ▶ Athletes must not cross the start line before hearing the start signal. A false start will be called if someone crosses the start line before hearing the start signal. A second false start by the same athlete will result in disqualification.
- ▶ The race features 5 buoy turns and 1 beach turn, consisting of 3 left turns and 3 right turns. Turning buoys will be different colours for left and right turns, making it easy to remember.
- ▶ It is featuring a beach start and water finish.
- ▶ Please don't forget to return your GPS device to the volunteers after the finish line on the shore.

LONG DISTANCE



- ▶ All athletes are required to pass through ID control, which will be located before the embarkation area.
- ▶ Some athletes participating in the long-distance race will be equipped with GPS devices for better sports presentation. Athletes using GPS will have a separate line at ID control. It's essential to arrive early at ID control, as the process may take some time, especially for those with GPS devices. Missing your start time due to delays at ID control will not result in a delay in the race start.
- ▶ ID control for Long distance races will open 1 hour before the first start.
- ▶ In Long distance and Inflatable races, the start line will be between two buoys on the water. All boards must remain behind the line of the two buoys.
- ▶ The start command is "Ready" followed by a "horn" signal. The nose of the board must not go over the start line before hearing the start signal. If the nose of the board is over the start line at the sound signal, it is a false start and could result in a time penalty or disqualification.

- ▶ The Long distance course for all age groups will be approximately 11,5km (2 laps). For inflatable, it will be approximately 5,5km (1 lap).
- ▶ Drafting between athletes in different categories is not allowed and can result in a penalty. Penalty applies to the athlete who obtains the advantage.
- ▶ This race is featuring a water start and a water finish.
- ▶ Please don't forget to return your GPS device to the volunteers after the finish line on the shore.

MEDICAL CARE

A medical center will operate at the finish line of the course, first aid and medical staff will be on duty. Hospital and clinic assistance for the official participants of the World Championships are to be covered by their medical insurance policy, the Host Organising Committee is not responsible for any expenses related to hospital treatment, dental treatment, or any other medical treatment.

MEDICAL ESTABLISHMENTS IN THE CITY

Ambulance:

Ambulance central emergency number: 911

Medical emergency services: Sarasota Memorial Hospital

Address: 1700 S. Tamiami Trail, Sarasota, FL 34239

Opening hours: 24 hours Telephone: 941-917-9000

Emergency Dental Care: Emergency Dentistry

Address: various locations

Opening hours: 24 hours Telephone: 941-375-4005

24-hour Pharmacy: Walgreen's Pharmacy

Address: 5800 Bee Ridge road, Sarasota, FL 34233

Opening hours: 24 hours

Telephone: 941-377-1589

SHUTTLE LOCATIONS & TIMES

Shuttles from the hotels listed will run continuously during the hours below. Please allow 30 minutes for the shuttles to make a complete loop between the hotels and venue.

Shuttle A Service Hotels:

- Fairfield Inn & Suites by Marriott Sarasota Lakewood Ranch
 - 6105 Exchange Way Bradenton, FL, 34202
- EVEN Hotel Sarasota-Lakewood Ranch, an IHG Hotel
 - 6231 Lake Osprey Dr Sarasota, FL, 34240
- Hampton Inn & Suites Sarasota/Lakewood Ranch
 - 8565 Cooper Creek Blvd Bradenton, FL, 34201

Shuttle A (Yellow pins) Service Hours:

19 November (Tuesday)	7:00am- 6:00pm
20 November (Wednesday)	6:30am- 6:30pm
21 November (Thursday)	6:30am- 6:00pm
22 November (Friday)	7:00am- 5:30pm
23 November (Saturday)	6:00am- 6:00pm
24 November (Sunday)	6:30am- 6:30pm

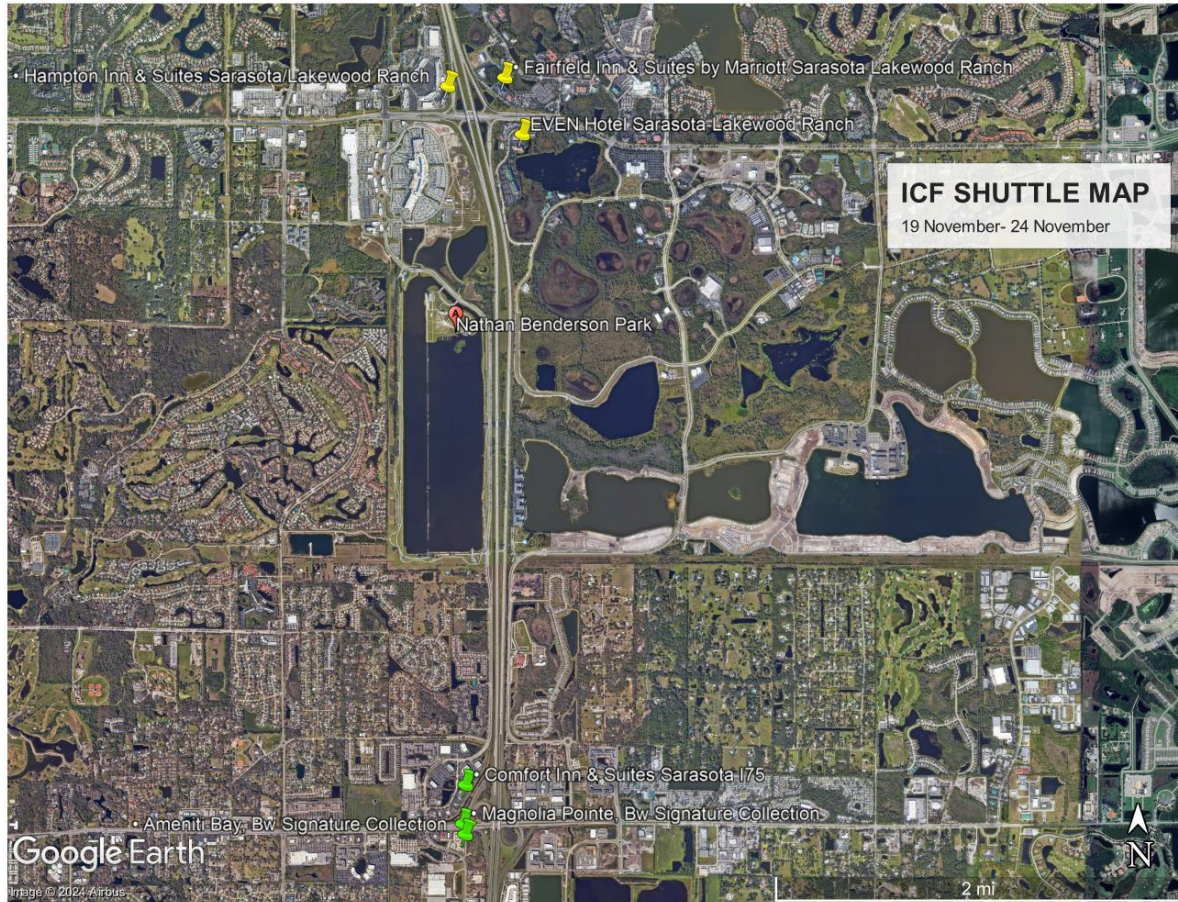
Shuttle B & C (Green pins) Service Hotels:

- Ameniti Bay, Bw Signature Collection
 - 5985 Brookhill Boulevard, 5985 Sarasota, FL, 34232
- Magnolia Pointe, Bw Signature Collection
 - 5965 Brookhill Blvd Sarasota, FL, 34232
- Comfort Inn & Suites Sarasota I75
 - 5931 Commercial Way Sarasota, FL, 34232

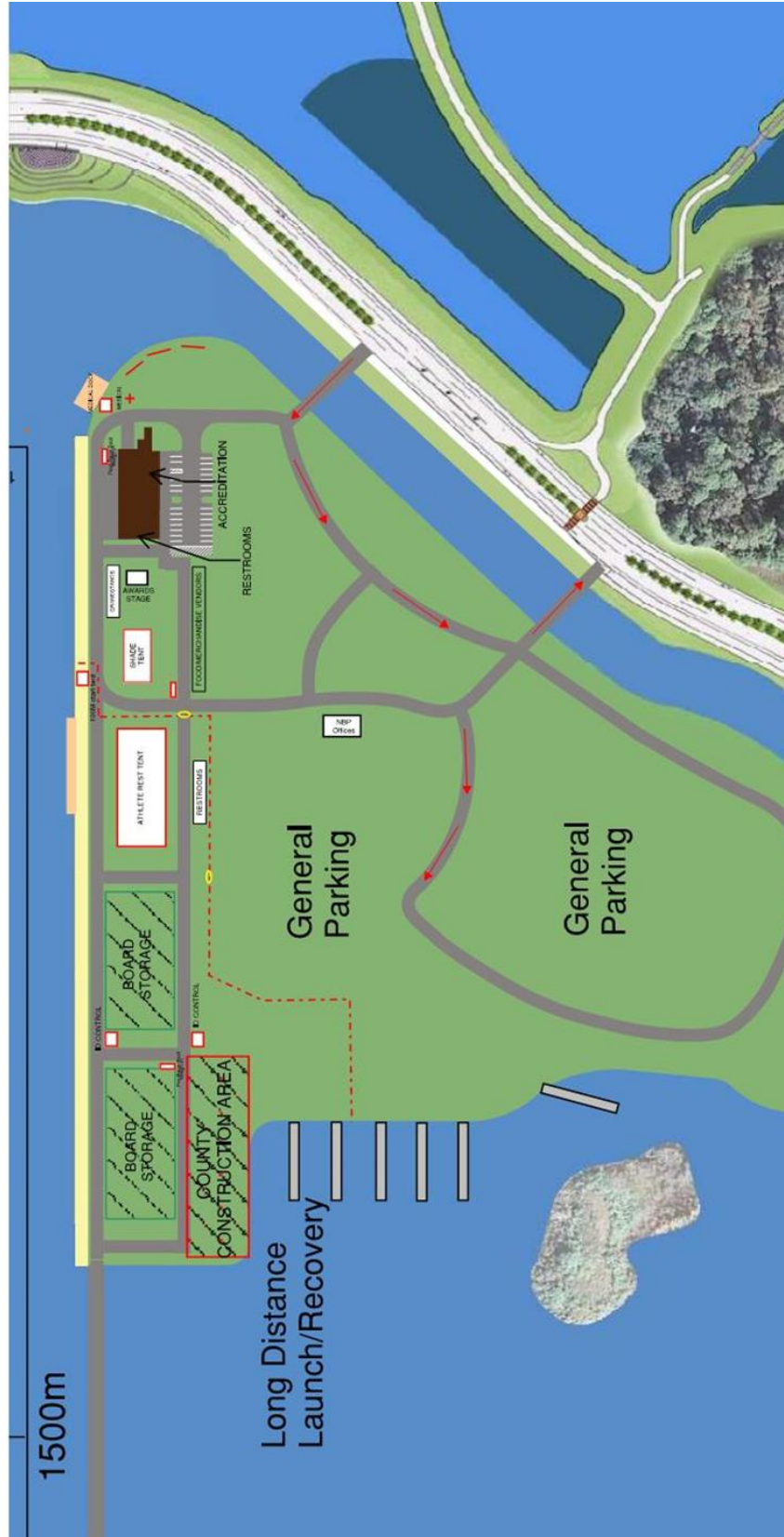
Shuttle B & C Service Hours:

19 November (Tuesday)	7:00am- 6:00pm
20 November (Wednesday)	6:30am- 6:30pm
21 November (Thursday)	6:30am- 6:00pm
22 November (Friday)	7:00am- 5:30pm
23 November (Saturday)	6:00am- 6:00pm
24 November (Sunday)	6:30am- 6:30pm

SHUTTLE MAP



VENUE MAP





V1.0

SPRINT

DAY 1

20 November 2024

RACE	TIME	EVENT	ROUND	PROGRESSION
07:30 Athletes briefing				
1	08:30	SUP Open Men	PR1 1	1-6 to PR2, rest out.
2	08:33	SUP Open Men	PR1 2	1-6 to PR2, rest out.
3	08:36	SUP Open Men	PR1 3	1-6 to PR2, rest out.
4	08:39	SUP Open Men	PR1 4	1-6 to PR2, rest out.
5	08:42	SUP Open Men	PR1 5	1-6 to PR2, rest out.
6	08:45	SUP Open Men	PR1 6	1-6 to PR2, rest out.
7	08:48	SUP Open Men	PR1 7	1-6 to PR2, rest out.
8	08:51	SUP Open Men	PR1 8	1-6 to PR2, rest out.
9	08:54	SUP Open Men	PR1 9	1-6 to PR2, rest out.
10	08:57	SUP Open Men	PR1 10	1-6 to PR2, rest out.
11	10:00	SUP Open Men	PR2 1	1-4 to Main Draw, rest out.
12	10:03	SUP Open Men	PR2 2	1-4 to Main Draw, rest out.
13	10:06	SUP Open Men	PR2 3	1-4 to Main Draw, rest out.
14	10:09	SUP Open Men	PR2 4	1-4 to Main Draw, rest out.
15	10:12	SUP Open Men	PR2 5	1-4 to Main Draw, rest out.
16	10:15	SUP Open Men	PR2 6	1-4 to Main Draw, rest out.
17	10:18	SUP Open Men	PR2 7	1-4 to Main Draw, rest out.
18	10:21	SUP Open Men	PR2 8	1-4 to Main Draw, rest out.
19	10:26	SUP Master 50+ Women	Heat 1	1-6 to QF, rest out.
20	10:29	SUP Master 50+ Women	Heat 2	1-6 to QF, rest out.
21	10:32	SUP Master 50+ Women	Heat 3	1-6 to QF, rest out.
22	10:35	SUP Master 50+ Women	Heat 4	1-6 to QF, rest out.
23	10:38	SUP Master 50+ Women	Heat 5	1-6 to QF, rest out.
24	10:43	SUP Master 50+ Men	Heat 1	1-6 to QF, rest out.
25	10:46	SUP Master 50+ Men	Heat 2	1-6 to QF, rest out.
26	10:49	SUP Master 50+ Men	Heat 3	1-6 to QF, rest out.
27	10:52	SUP Master 50+ Men	Heat 4	1-6 to QF, rest out.
28	10:55	SUP Master 50+ Men	Heat 5	1-6 to QF, rest out.
29	10:58	SUP Master 50+ Men	Heat 6	1-6 to QF, rest out.
30	11:01	SUP Master 50+ Men	Heat 7	1-6 to QF, rest out.
31	11:04	SUP Master 50+ Men	Heat 8	1-6 to QF, rest out.
32	11:07	SUP Master 50+ Men	Heat 9	1-6 to QF, rest out.
33	11:10	SUP Master 50+ Men	Heat 10	1-6 to QF, rest out.
34	11:15	SUP Master 40+ Women	Heat 1	1-6 to QF, rest out.
35	11:18	SUP Master 40+ Women	Heat 2	1-6 to QF, rest out.
36	11:21	SUP Master 40+ Women	Heat 3	1-6 to QF, rest out.
37	11:24	SUP Master 40+ Women	Heat 4	1-6 to QF, rest out.
38	11:27	SUP Master 40+ Women	Heat 5	1-6 to QF, rest out.
39	11:32	SUP Master 40+ Men	Heat 1	1-4 to QF, rest out.
40	11:35	SUP Master 40+ Men	Heat 2	1-4 to QF, rest out.
41	11:38	SUP Master 40+ Men	Heat 3	1-4 to QF, rest out.
42	11:41	SUP Master 40+ Men	Heat 4	1-4 to QF, rest out.
43	11:44	SUP Master 40+ Men	Heat 5	1-4 to QF, rest out.
44	11:47	SUP Master 40+ Men	Heat 6	1-4 to QF, rest out.

45	11:50	SUP	Master 40+	Men	Heat 7	1-4 to QF, rest out.
46	11:55	SUP	Junior	Women	Heat 1	1-4 to SF, rest out.
47	11:58	SUP	Junior	Women	Heat 2	1-4 to SF, rest out.
48	12:01	SUP	Junior	Women	Heat 3	1-4 to SF, rest out.
49	12:04	SUP	Junior	Women	Heat 4	1-4 to SF, rest out.
50	12:09	SUP	Junior	Men	Heat 1	1-4 to QF, rest out.
51	12:12	SUP	Junior	Men	Heat 2	1-4 to QF, rest out.
52	12:15	SUP	Junior	Men	Heat 3	1-4 to QF, rest out.
53	12:18	SUP	Junior	Men	Heat 4	1-4 to QF, rest out.
54	12:21	SUP	Junior	Men	Heat 5	1-4 to QF, rest out.
55	12:24	SUP	Junior	Men	Heat 6	1-4 to QF, rest out.
56	12:27	SUP	Junior	Men	Heat 7	1-4 to QF, rest out.
57	14:00	SUP	Open	Women	Heat 1	1-4 to QF, rest out.
58	14:03	SUP	Open	Women	Heat 2	1-4 to QF, rest out.
59	14:06	SUP	Open	Women	Heat 3	1-4 to QF, rest out.
60	14:09	SUP	Open	Women	Heat 4	1-4 to QF, rest out.
61	14:12	SUP	Open	Women	Heat 5	1-4 to QF, rest out.
62	14:15	SUP	Open	Women	Heat 6	1-4 to QF, rest out.
63	14:18	SUP	Open	Women	Heat 7	1-4 to QF, rest out.
64	14:23	SUP	Open	Men	Heat 1	1-4 to QF, rest out.
65	14:26	SUP	Open	Men	Heat 2	1-4 to QF, rest out.
66	14:29	SUP	Open	Men	Heat 3	1-4 to QF, rest out.
67	14:32	SUP	Open	Men	Heat 4	1-4 to QF, rest out.
68	14:35	SUP	Open	Men	Heat 5	1-4 to QF, rest out.
69	14:38	SUP	Open	Men	Heat 6	1-4 to QF, rest out.
70	14:41	SUP	Open	Men	Heat 7	1-4 to QF, rest out.
71	14:46	SUP	Master 50+	Women	Quarterfinal 1	1-4 to SF, rest out.
72	14:49	SUP	Master 50+	Women	Quarterfinal 2	1-4 to SF, rest out.
73	14:52	SUP	Master 50+	Women	Quarterfinal 3	1-4 to SF, rest out.
74	14:55	SUP	Master 50+	Women	Quarterfinal 4	1-4 to SF, rest out.
75	15:00	SUP	Master 50+	Men	Quarterfinal 1	1-4 to SF, rest out.
76	15:03	SUP	Master 50+	Men	Quarterfinal 2	1-4 to SF, rest out.
77	15:06	SUP	Master 50+	Men	Quarterfinal 3	1-4 to SF, rest out.
78	15:09	SUP	Master 50+	Men	Quarterfinal 4	1-4 to SF, rest out.
79	15:12	SUP	Master 50+	Men	Quarterfinal 5	1-4 to SF, rest out.
80	15:15	SUP	Master 50+	Men	Quarterfinal 6	1-4 to SF, rest out.
81	15:18	SUP	Master 50+	Men	Quarterfinal 7	1-4 to SF, rest out.
82	15:21	SUP	Master 50+	Men	Quarterfinal 8	1-4 to SF, rest out.
83	15:26	SUP	Master 40+	Women	Quarterfinal 1	1-4 to SF, rest out.
84	15:29	SUP	Master 40+	Women	Quarterfinal 2	1-4 to SF, rest out.
85	15:32	SUP	Master 40+	Women	Quarterfinal 3	1-4 to SF, rest out.
86	15:35	SUP	Master 40+	Women	Quarterfinal 4	1-4 to SF, rest out.
87	15:40	SUP	Master 40+	Men	Quarterfinal 1	1-4 to SF, rest out.
88	15:43	SUP	Master 40+	Men	Quarterfinal 2	1-4 to SF, rest out.
89	15:46	SUP	Master 40+	Men	Quarterfinal 3	1-4 to SF, rest out.
90	15:49	SUP	Master 40+	Men	Quarterfinal 4	1-4 to SF, rest out.
91	15:54	SUP	Junior	Men	Quarterfinal 1	1-4 to SF, rest out.
92	15:57	SUP	Junior	Men	Quarterfinal 2	1-4 to SF, rest out.
93	16:00	SUP	Junior	Men	Quarterfinal 3	1-4 to SF, rest out.
94	16:03	SUP	Junior	Men	Quarterfinal 4	1-4 to SF, rest out.
95	16:08	SUP	Open	Women	Quarterfinal 1	1-4 to SF, rest out.
96	16:11	SUP	Open	Women	Quarterfinal 2	1-4 to SF, rest out.
97	16:14	SUP	Open	Women	Quarterfinal 3	1-4 to SF, rest out.
98	16:17	SUP	Open	Women	Quarterfinal 4	1-4 to SF, rest out.

99	16:22	SUP	Open	Men	Quarterfinal 1	1-4 to SF, rest out.
100	16:25	SUP	Open	Men	Quarterfinal 2	1-4 to SF, rest out.
101	16:28	SUP	Open	Men	Quarterfinal 3	1-4 to SF, rest out.
102	16:31	SUP	Open	Men	Quarterfinal 4	1-4 to SF, rest out.

17:45 Opening Ceremony

TECHNICAL

DAY 2

21 November 2024

RACE	TIME	EVENT			ROUND	PROGRESSION
07:30 athletes briefing - technical						
1	08:30	SUP	Open	Men	PR1 1	1-2 to Main Draw, rest to PR2.
2	08:35	SUP	Open	Men	PR1 2	1-2 to Main Draw, rest to PR2.
3	08:40	SUP	Open	Men	PR1 3	1-2 to Main Draw, rest to PR2.
4	08:45	SUP	Open	Men	PR1 4	1-2 to Main Draw, rest to PR2.
5	08:50	SUP	Open	Men	PR1 5	1-2 to Main Draw, rest to PR2.
6	08:55	SUP	Open	Men	PR1 6	1-2 to Main Draw, rest to PR2.
7	09:00	SUP	Open	Men	PR1 7	1-2 to Main Draw, rest to PR2.
8	09:05	SUP	Open	Men	PR1 8	1-2 to Main Draw, rest to PR2.
9	09:10	SUP	Master 50+	Women	Heat 1	1-4 to SF, rest out.
10	09:15	SUP	Master 50+	Women	Heat 2	1-4 to SF, rest out.
11	09:20	SUP	Master 50+	Women	Heat 3	1-4 to SF, rest out.
12	09:25	SUP	Master 50+	Women	Heat 4	1-4 to SF, rest out.
13	09:30	SUP	Master 50+	Men	Heat 1	1-7 to QF, rest out.
14	09:35	SUP	Master 50+	Men	Heat 2	1-7 to QF, rest out.
15	09:40	SUP	Master 50+	Men	Heat 3	1-7 to QF, rest out.
16	09:45	SUP	Master 50+	Men	Heat 4	1-7 to QF, rest out.
17	09:50	SUP	Master 50+	Men	Heat 5	1-7 to QF, rest out.
18	09:55	SUP	Master 50+	Men	Heat 6	1-7 to QF, rest out.
19	10:00	SUP	Master 50+	Men	Heat 7	1-7 to QF, rest out.
20	10:05	SUP	Master 50+	Men	Heat 8	1-7 to QF, rest out.
21	10:10	SUP	Master 50+	Men	Heat 9	1-7 to QF, rest out.
22	10:15	SUP	Master 40+	Women	Heat 1	1-6 to QF, rest out.
23	10:20	SUP	Master 40+	Women	Heat 2	1-6 to QF, rest out.
24	10:25	SUP	Master 40+	Women	Heat 3	1-6 to QF, rest out.
25	10:30	SUP	Master 40+	Women	Heat 4	1-6 to QF, rest out.
26	10:35	SUP	Master 40+	Women	Heat 5	1-6 to QF, rest out.
27	10:40	SUP	Master 40+	Men	Heat 1	1-4 to QF, rest out.
28	10:45	SUP	Master 40+	Men	Heat 2	1-4 to QF, rest out.
29	10:50	SUP	Master 40+	Men	Heat 3	1-4 to QF, rest out.
30	10:55	SUP	Master 40+	Men	Heat 4	1-4 to QF, rest out.
31	11:00	SUP	Master 40+	Men	Heat 5	1-4 to QF, rest out.
32	11:05	SUP	Master 40+	Men	Heat 6	1-4 to QF, rest out.
33	11:10	SUP	Master 40+	Men	Heat 7	1-4 to QF, rest out.
34	11:15	SUP	Open	Men	PR1 1	1-4 to Main Draw, rest out.
35	11:20	SUP	Open	Men	PR1 2	1-4 to Main Draw, rest out.
36	11:25	SUP	Open	Men	PR1 3	1-4 to Main Draw, rest out.
37	11:30	SUP	Open	Men	PR1 4	1-4 to Main Draw, rest out.
38	11:35	SUP	Junior	Women	Heat 1	1-6 to QF, rest out.
39	11:40	SUP	Junior	Women	Heat 2	1-6 to QF, rest out.
40	11:45	SUP	Junior	Women	Heat 3	1-6 to QF, rest out.
41	11:50	SUP	Junior	Women	Heat 4	1-6 to QF, rest out.
42	11:55	SUP	Junior	Women	Heat 5	1-6 to QF, rest out.
43	12:00	SUP	Junior	Men	Heat 1	1-4 to QF, rest out.
44	12:05	SUP	Junior	Men	Heat 2	1-4 to QF, rest out.
45	12:10	SUP	Junior	Men	Heat 3	1-4 to QF, rest out.

46	12:15	SUP	Junior	Men	Heat 4	1-4 to QF, rest out.
47	12:20	SUP	Junior	Men	Heat 5	1-4 to QF, rest out.
48	12:25	SUP	Junior	Men	Heat 6	1-4 to QF, rest out.
49	12:30	SUP	Junior	Men	Heat 7	1-4 to QF, rest out.
50	12:35	SUP	Junior	Men	Heat 8	1-4 to QF, rest out.
51	13:35	SUP	Open	Women	Heat 1	1-4 to QF, rest out.
52	13:40	SUP	Open	Women	Heat 2	1-4 to QF, rest out.
53	13:45	SUP	Open	Women	Heat 3	1-4 to QF, rest out.
54	13:50	SUP	Open	Women	Heat 4	1-4 to QF, rest out.
55	13:55	SUP	Open	Women	Heat 5	1-4 to QF, rest out.
56	14:00	SUP	Open	Women	Heat 6	1-4 to QF, rest out.
57	14:05	SUP	Open	Women	Heat 7	1-4 to QF, rest out.
58	14:10	SUP	Open	Women	Heat 8	1-4 to QF, rest out.
59	14:15	SUP	Open	Men	Heat 1	1-4 to QF, rest out.
60	14:20	SUP	Open	Men	Heat 2	1-4 to QF, rest out.
61	14:25	SUP	Open	Men	Heat 3	1-4 to QF, rest out.
62	14:30	SUP	Open	Men	Heat 4	1-4 to QF, rest out.
63	14:35	SUP	Open	Men	Heat 5	1-4 to QF, rest out.
64	14:40	SUP	Open	Men	Heat 6	1-4 to QF, rest out.
65	14:45	SUP	Open	Men	Heat 7	1-4 to QF, rest out.
66	14:50	SUP	Open	Men	Heat 8	1-4 to QF, rest out.
67	15:00	SUP	Master 50+	Men	Quarterfinal 1	1-4 to SF, rest out.
68	15:05	SUP	Master 50+	Men	Quarterfinal 2	1-4 to SF, rest out.
69	15:10	SUP	Master 50+	Men	Quarterfinal 3	1-4 to SF, rest out.
70	15:15	SUP	Master 50+	Men	Quarterfinal 4	1-4 to SF, rest out.
71	15:20	SUP	Master 50+	Men	Quarterfinal 5	1-4 to SF, rest out.
72	15:25	SUP	Master 50+	Men	Quarterfinal 6	1-4 to SF, rest out.
73	15:30	SUP	Master 50+	Men	Quarterfinal 7	1-4 to SF, rest out.
74	15:35	SUP	Master 50+	Men	Quarterfinal 8	1-4 to SF, rest out.
75	15:40	SUP	Master 40+	Women	Quarterfinal 1	1-4 to SF, rest out.
76	15:45	SUP	Master 40+	Women	Quarterfinal 2	1-4 to SF, rest out.
77	15:50	SUP	Master 40+	Women	Quarterfinal 3	1-4 to SF, rest out.
78	15:55	SUP	Master 40+	Women	Quarterfinal 4	1-4 to SF, rest out.
79	16:00	SUP	Master 40+	Men	Quarterfinal 1	1-4 to SF, rest out.
80	16:05	SUP	Master 40+	Men	Quarterfinal 2	1-4 to SF, rest out.
81	16:10	SUP	Master 40+	Men	Quarterfinal 3	1-4 to SF, rest out.
82	16:15	SUP	Master 40+	Men	Quarterfinal 4	1-4 to SF, rest out.
83	16:20	SUP	Junior	Women	Quarterfinal 1	1-4 to SF, rest out.
84	16:25	SUP	Junior	Women	Quarterfinal 2	1-4 to SF, rest out.
85	16:30	SUP	Junior	Women	Quarterfinal 3	1-4 to SF, rest out.
86	16:35	SUP	Junior	Women	Quarterfinal 4	1-4 to SF, rest out.
87	16:40	SUP	Junior	Men	Quarterfinal 1	1-4 to SF, rest out.
88	16:45	SUP	Junior	Men	Quarterfinal 2	1-4 to SF, rest out.
89	16:50	SUP	Junior	Men	Quarterfinal 3	1-4 to SF, rest out.
90	16:55	SUP	Junior	Men	Quarterfinal 4	1-4 to SF, rest out.

SPRINT

DAY 3

22 November 2024

RACE	TIME	EVENT	ROUND	PROGRESSION	
103	09:30	SUP	Master 50+ Women	Semifinal 1	1-4 to Final A, rest to Final B.
104	09:33	SUP	Master 50+ Women	Semifinal 2	1-4 to Final A, rest to Final B.
105	09:38	SUP	Master 50+ Men	Semifinal 1	1-2 to Final A, 3-4 to Final B, rest out.
106	09:41	SUP	Master 50+ Men	Semifinal 2	1-2 to Final A, 3-4 to Final B, rest out.
107	09:44	SUP	Master 50+ Men	Semifinal 3	1-2 to Final A, 3-4 to Final B, rest out.
108	09:47	SUP	Master 50+ Men	Semifinal 4	1-2 to Final A, 3-4 to Final B, rest out.

109	09:52	SUP	Master 40+	Women	Semifinal 1	1-4 to Final A, rest to Final B.
110	09:55	SUP	Master 40+	Women	Semifinal 2	1-4 to Final A, rest to Final B.
111	10:00	SUP	Master 40+	Men	Semifinal 1	1-4 to Final A, rest to Final B.
112	10:03	SUP	Master 40+	Men	Semifinal 2	1-4 to Final A, rest to Final B.
113	10:08	SUP	Junior	Women	Semifinal 1	1-4 to Final A, rest to Final B.
114	10:11	SUP	Junior	Women	Semifinal 2	1-4 to Final A, rest to Final B.
115	10:16	SUP	Junior	Men	Semifinal 1	1-4 to Final A, rest to Final B.
116	10:19	SUP	Junior	Men	Semifinal 2	1-4 to Final A, rest to Final B.
117	10:24	SUP	Open	Women	Semifinal 1	1-4 to Final A, rest to Final B.
118	10:27	SUP	Open	Women	Semifinal 2	1-4 to Final A, rest to Final B.
119	10:32	SUP	Open	Men	Semifinal 1	1-4 to Final A, rest to Final B.
120	10:35	SUP	Open	Men	Semifinal 2	1-4 to Final A, rest to Final B.
121	13:00	SUP	Master 50+	Women	Final C	
122	13:05	SUP	Master 50+	Women	Final B	
123	13:10	SUP	Master 50+	Men	Final C	
124	13:15	SUP	Master 50+	Men	Final B	
125	13:20	SUP	Master 40+	Women	Final C	
126	13:25	SUP	Master 40+	Women	Final B	
127	13:30	SUP	Master 40+	Men	Final C	
128	13:35	SUP	Master 40+	Men	Final B	
129	13:40	SUP	Junior	Women	Final B	
130	13:45	SUP	Junior	Men	Final C	
131	13:50	SUP	Junior	Men	Final B	
132	13:55	SUP	Open	Women	Final C	
133	14:00	SUP	Open	Women	Final B	
134	14:05	SUP	Open	Men	Final C	
135	14:10	SUP	Open	Men	Final B	
136	15:00	SUP	Master 50+	Women	Final A	
137	15:10	SUP	Master 40+	Women	Final A	
138	15:20	SUP	Master 50+	Men	Final A	
139	15:30	SUP	Master 40+	Men	Final A	
140	15:40	SUP	Junior	Women	Final A	
141	15:50	SUP	Junior	Men	Final A	
142	16:00	SUP	Open	Women	Final A	
143	16:10	SUP	Open	Men	Final A	

17:30 medal ceremony - sprint 50+ WOMEN
 17:40 medal ceremony - sprint 40+ WOMEN
 17:50 medal ceremony - sprint 50+ MEN
 18:00 medal ceremony - sprint 40+ MEN
 18:10 medal ceremony - sprint junior WOMEN
 18:20 medal ceremony - sprint junior MEN
 18:30 medal ceremony - sprint open WOMEN
 18:40 medal ceremony - sprint open MEN

TECHNICAL

DAY 4
23 November 2024

RACE	TIME	EVENT			ROUND	PROGRESSION
91	08:15	SUP	Open	Women	Quarterfinal 1	1-4 to SF, rest out.
92	08:20	SUP	Open	Women	Quarterfinal 2	1-4 to SF, rest out.
93	08:25	SUP	Open	Women	Quarterfinal 3	1-4 to SF, rest out.
94	08:30	SUP	Open	Women	Quarterfinal 4	1-4 to SF, rest out.
95	08:35	SUP	Open	Men	Quarterfinal 1	1-4 to SF, rest out.
96	08:40	SUP	Open	Men	Quarterfinal 2	1-4 to SF, rest out.
97	08:45	SUP	Open	Men	Quarterfinal 3	1-4 to SF, rest out.
98	08:50	SUP	Open	Men	Quarterfinal 4	1-4 to SF, rest out.
99	09:00	SUP	Master 50+	Women	Semifinal 1	1-4 to Final A, rest to Final B.
100	09:10	SUP	Master 50+	Women	Semifinal 2	1-4 to Final A, rest to Final B.
101	09:20	SUP	Master 50+	Men	Semifinal 1	1-2 to Final A, 3-4 to Final B, rest out.
102	09:30	SUP	Master 50+	Men	Semifinal 2	1-2 to Final A, 3-4 to Final B, rest out.
103	09:40	SUP	Master 50+	Men	Semifinal 3	1-2 to Final A, 3-4 to Final B, rest out.
104	09:50	SUP	Master 50+	Men	Semifinal 4	1-2 to Final A, 3-4 to Final B, rest out.
105	10:00	SUP	Master 40+	Women	Semifinal 1	1-4 to Final A, rest to Final B.
106	10:10	SUP	Master 40+	Women	Semifinal 2	1-4 to Final A, rest to Final B.
108	10:20	SUP	Master 40+	Men	Semifinal 1	1-4 to Final A, rest to Final B.
109	10:30	SUP	Master 40+	Men	Semifinal 2	1-4 to Final A, rest to Final B.
110	10:40	SUP	Junior	Women	Semifinal 1	1-4 to Final A, rest to Final B.
111	10:50	SUP	Junior	Women	Semifinal 2	1-4 to Final A, rest to Final B.
112	11:00	SUP	Junior	Men	Semifinal 1	1-4 to Final A, rest to Final B.
113	11:10	SUP	Junior	Men	Semifinal 2	1-4 to Final A, rest to Final B.
114	11:20	SUP	Open	Women	Semifinal 1	1-4 to Final A, rest to Final B.
115	11:30	SUP	Open	Women	Semifinal 2	1-4 to Final A, rest to Final B.
116	11:40	SUP	Open	Men	Semifinal 1	1-4 to Final A, rest to Final B.
117	11:50	SUP	Open	Men	Semifinal 2	1-4 to Final A, rest to Final B.
118	13:00	SUP	Master 50+	Women	Final B	
119	13:10	SUP	Master 50+	Men	Final C	
120	13:20	SUP	Master 50+	Men	Final B	
121	13:30	SUP	Master 40+	Women	Final C	
122	13:40	SUP	Master 40+	Women	Final B	
123	13:50	SUP	Master 40+	Men	Final C	
124	14:00	SUP	Master 40+	Men	Final B	
125	14:10	SUP	Junior	Women	Final C	
126	14:20	SUP	Junior	Women	Final B	
127	14:30	SUP	Junior	Men	Final C	
128	14:40	SUP	Junior	Men	Final B	
129	14:50	SUP	Open	Women	Final C	
130	15:00	SUP	Open	Women	Final B	
131	15:10	SUP	Open	Men	Final C	
132	15:20	SUP	Open	Men	Final B	
133	15:40	SUP	Master 50+	Women	Final A	

134	15:55	SUP	Master 40+	Women	Final A
135	16:10	SUP	Master 50+	Men	Final A
136	16:25	SUP	Master 40+	Men	Final A
137	16:40	SUP	Junior	Women	Final A
138	16:55	SUP	Junior	Men	Final A
139	17:10	SUP	Open	Women	Final A
140	17:25	SUP	Open	Men	Final A

18:20 medal ceremony - technical 50+ WOMEN
 18:30 medal ceremony - technical 40+ WOMEN
 18:40 medal ceremony - technical 50+ MEN
 18:50 medal ceremony - technical 40+ MEN
 19:00 medal ceremony - technical junior WOMEN
 19:10 medal ceremony - technical junior MEN
 19:20 medal ceremony - technical open WOMEN
 19:30 medal ceremony - technical open MEN

LONG DISTANCE

24 November 2024

RACE	TIME	EVENT			Distance	LAPS
07:30 athletes briefing - Long distance Open & Master						
1	08:30	SUP	Open	Women	11,5 KM	2 Laps
2	08:35	SUP	Master 40+	Men	11,5 KM	2 Laps
3	08:40	SUP	Master 50+	Men	11,5 KM	2 Laps
4	11:00	SUP	Open	Men	11,5 KM	2 Laps
5	11:05	SUP	Master 40+	Women	11,5 KM	2 Laps
6	11:10	SUP	Master 50+	Women	11,5 KM	2 Laps
12:30 athletes briefing - Long distance Juniors						
7	13:30	SUP	Junior	Men	11,5 KM	2 Laps
8	13:35	SUP	Junior	Women	11,5 KM	2 Laps

RECREATIONAL

RACE	TIME	EVENT			Distance	LAPS
1	15:30	SUP		Women	6,5 KM	1 Lap
2	15:35	SUP		Men	6,5 KM	1 Lap

INFLATABLE

RACE	TIME	EVENT			Distance	LAPS
1	15:40	SUP		Men	6,5 KM	1 Lap
2	15:45	SUP		Men	6,5 KM	1 Lap

KIDS RACE

RACE	TIME	EVENT			Distance	LAPS
1	17:00	SUP	U13	Women	TBA	TBA
2	17:00	SUP	U15	Women	TBA	TBA
3	17:05	SUP	U13	Men	TBA	TBA
4	17:05	SUP	U15	Men	TBA	TBA

18:00 medal ceremony - long distance Masters 40+ WOMEN
 18:07 medal ceremony - long distance Masters 40+ MEN

18:14 medal ceremony - long distance Masters 50+ WOMEN

18:21 medal ceremony - long distance Masters 50+ MEN

18:28 medal ceremony - long distance junior WOMEN

18:35 medal ceremony - long distance junior MEN

18:42 medal ceremony - long distance open WOMEN

18:49 medal ceremony - long distance open MEN

18:56 medal ceremony - Inflatable race women

19:03 medal ceremony - Inflatable race men

19:10 medal ceremony - recreational race women

19:17 medal ceremony - recreational race men

19:25 medal ceremony - kids race girls U13 & U15

19:28 medal ceremony - kids race boys U13 & U15

20:00 Closing ceremony