



Date: Dec 28, 2020

NO: 262/831

REPORT

Canoe Sprint, Canoe Slalom & Para Canoe Online Course in I.R. IRAN

Following request of the Iranian canoeing, Rowing & Sailing Federation (ICRSF) to hold some online coaching webinars, ICF Development Committee proposed a series of coaching courses in Canoe Sprint, Canoe Slalom, and Para Canoe with support of the ICF and ACC.

This process started with the decision of ICRSF to hold some webinars, continued with an official letter of request submitted to the ICF Development Committee. Finally, the following time table proposed by the ICF:

Dates of course in Canoe Slalom: 12 - 14 Dec 2020 (3 days) lectured by Mr. Mike Deruce

Dates of course in Canoe Sprint: 15 - 17 Dec 2020 (3 days) lectured by Mr. Zakarias Mahmudi

Dates of course in Para Canoe: 17 - 18 Dec 2020 (2 days) lectured by Ms. Maria de Fatima Fernandez

Headquarter: Education & Talenting Committee, Iranian Canoeing, Rowing & Sailing Federation, Azadi Sport Complex, Tehran, Iran

Participants

In Canoe Slalom, 30 participants from Iran and 5 participants from other nations attended the webinar. As shown in Table 1, all the Iranian participants had an official Canoe Slalom coaching certificate level 1, 2, or 3 from ICRSF.

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Table 1. Canoe Slalom Online Course information

Canoe Slalom Online Course- TEHRAN-IRAN- 2020			
NO	Name & Surname	National Federation	Coaching Level In ICRSF
1	Mohammad Amin Chalesh Pour	Iran	3
2	Monireh Nasr Azadani	Iran	2
3	Fatemeh Tavakkoli	Iran	3
4	Majid Janbaz Haghighi	Iran	3
5	Homa Davari	Iran	3
6	Milad Gholami Doost	Iran	3
7	Maliheh Shahin Zadeh	Iran	3
8	Aria Jaefari	Iran	3
9	Fatemeh Koochi Fayegh	Iran	3
10	Razieh Sadeghi Dehkordi	Iran	3
11	Baherah Afshar Pour	Iran	2
12	Shaghayegh Seyd Yousefi	Iran	2
13	Sajjad Basiri	Iran	3
14	Roxana Razeghian	Iran	2
15	Behrooz Najafi Khaji	Iran	3
16	Morteza Kian Manesh	Iran	3
17	Seyed Ahmad Ganji	Iran	3
18	Shaghayegh Sohrabi	Iran	3
19	Mahdieh Riazi	Iran	3
20	Mohammad Bahae Lou	Iran	3
21	Mahnoosh Mehrnegar	Iran	3
22	Fardin Khalil Vand	Iran	3
23	Atefeh Barzegar	Iran	3
24	Samira Ashayeri	Iran	3
25	Esfandyar Shir Mohammadi	Iran	3
26	Mehrdad Rahimi	Iran	2
27	Amir Mohammad Fattah Pour	Iran	2
28	Mehdi Nazari	Iran	3
29	Katayoun Ashraf	Iran	1
30	Atefeh Barzegar	Iran	Not confirmed
31	Jessica Gwee Shou- Fung	Singapore	Not confirmed
32	Oktay Alkan	Turkey	Not confirmed
33	Sevetlena Kulikova	Kazakhstan	Not confirmed
34	Bruno Givanneli	France	Not confirmed
35	Aidar Kartpayev	Kazakhstan	Not confirmed

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In Canoe Sprint, 39 participants from Iran and 4 participants from other nations attended to the webinar. As shown in Table 2, all the Iranian participants had an official Canoe Sprint coaching certificate level 1, 2 or 3 from IRICRSF.

Table 2. Canoe Sprint Online Course information

Canoe Sprint Online Course- TEHRAN-IRAN- 2020			
NO	Name & Surname	National Federation	Coaching Level In ICRSF
1	Shahou Naseri	Iran	2
2	Shahla Behrouzirad	Iran	2
3	Rojan Pirouznia	Iran	2
4	Ali Ojaghi	Iran	2
5	Ahmadreza Talebian	Iran	2
6	pegah rezvan	Iran	2
7	peyman Moshiri	Iran	2
8	Hediye kazemi	Iran	2
9	Golnaz Ghazanfarian	Iran	2
10	Veria Banafshi	Iran	2
11	Seyed soroush Razavian	Iran	2
12	Reza Salmanpour Sangachin	Iran	2
13	Amin Boudaghi	Iran	2
14	Mahdi Kakaee	Iran	2
15	Hadi Daryaei Nejad	Iran	2
16	Mohammadali Gharaat	Iran	2
17	Mohsen Sheykhlovand	Iran	2
18	Sadegh Zamaniselogeloo	Iran	2
19	Iman Pourazizmoghri	Iran	2
20	Ramtin Hekmatara	Iran	2
21	Houman Karimi	Iran	2
22	Mona Nouri	Iran	2
23	Behnam Mohammadi	Iran	2
24	Nadia Sadeh	Iran	2
25	Reza Reisi	Iran	1
26	Somayeh Ghafari	Iran	2
27	Farzin Asadi	Iran	2
28	Bahador Shirincheshmeh	Iran	2
29	Hosein Sinkaee	Iran	2
30	Seyedhadi Ghaziasgar	Iran	2
31	Parisa Moghadami Zamani	Iran	2
32	Masoud Mahdavi niyajirji	Iran	2

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Canoe Sprint Online Course- TEHRAN-IRAN- 2020

Row	Name & Surname	National Federation	Coaching Level In IRICRSF
33	Alihosein Maleki	Iran	2
34	Sayadi Kachalaki Abbas	Iran	1
35	Katayoun Ashraf	Iran	2
36	Mahdi Shahveisi	Iran	2
37	Aezam Rahimi Zadeh	Iran	3
38	Hadi Kolali Khormoji	Iran	1
39	Arshid Naseri	Iran	1
40	Ling Min	China	Not confirmed
41	Duchesse Francine Gamboa	Philippine	Not confirmed
42	Aidar Kartpayev	Kazakhstan	Not confirmed
43	Sevetlena Kulikova	Kazakhstan	Not confirmed

In Para Canoe, 28 participants from Iran and 3 participants from other nations attended the course. Because it was the 1st official course in Para Canoe, there was no any previous certified person by the ICRSF.

Table 3. Para Canoe Online Course information

Para Canoe Online Course- Tehran-Iran- 2020		
NO	Name & Surname	National Federation
1	Shahou Naseri	Iran
2	Shahla Behrouzirad	Iran
3	Ahmadreza Talebian	Iran
4	Amin Boudaghi	Iran
5	Iman Pourazizmoghri	Iran
6	Reza Reisi	Iran
7	Seyedhadi Ghaziasgar	Iran
8	Masoud Mahdavi niayrajiri	Iran
9	Katayoun Ashraf	Iran
10	Somayeh Ghafari	Iran
11	Arshid Naseri	Iran
12	Shouresh Delpasand	Iran
13	Mahsa Lotfinejad	Iran
14	Mahmoud Bahrami	Iran

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Para Canoe Online Course- Tehran-Iran- 2020		
NO	Name & Surname	National Federation
15	Eslam Jahedi	Iran
16	Abtin Zarjou	Iran
17	Fatemeh Sarikhani	Iran
18	Mohammad Bahaelou	Iran
19	Behnoush Behravan	Iran
20	Hassan Taymourtash	Iran
21	Fatemeh Alidad	Iran
22	Moslem Mahmoudi	Iran
23	Mohammad Ali Gharaat	Iran
24	Roya Soltani	Iran
25	Mohsen Sheykhlovand	Iran
26	Mohammadhosein Khoshkhabar	Iran
27	Taraneh Tabatabaei Moghaddam	Iran
28	Morteza Tavakkoli	Iran
29	Hitender Singh Tomar	India
30	Ling Min	China
31	Duchesse Francine Gamboa	Philippine

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Procedure of execution

Following recommendation of Development Committee of the ICF, the international department of the ICRSF informed Asian Canoeing members to nominate 1 person in any of the aforementioned courses. The foreign applicants sent their letter of nomination to participate. Iranian participants filled out an online preliminary registration form (WWW.ICF.IR/online/). Afterward, the education committee of the ICRSF evaluated the ability of the English Language and the least coaching prerequisites of the applicants. After the evaluation process, 43 persons approved for participation in the course. An email and SMS was sent to the approved persons to inform their acceptance. Two WhatsApp groups (Persian & English Version) was made to inform the participants about the way of entering the course, the timetable, and so on.

The evaluation system in Canoe Sprint was done because the platform was limited to access 48 Users including the Administrators and Lecturers.

The Federation employed BigBlueButton Platform to hold the online course, as it is the official platform for webinars in the ICRSF.

Course Programs

The topics of the courses were suggested with the lecturers as per the ICF coaching contents. Timetables of the courses were in accordance with the differences between Tehran time and Australia (for Canoe Slalom), Tunisia (for Canoe Sprint) and Brazil (for Para Canoe). The topics of the courses were as follow:

Canoe Slalom: Most important considerations for Coaching Canoe Slalom, Coaching practice for teaching Canoe Slalom Skills, the development of a National Slalom Program and case study of Women's elite athlete development

Canoe Sprint: Canoe and Kayak Advanced Technique, Transition from Junior Senior level, Wash Riding, Learning Advanced Kayak Technique, and conditioning.

Para Canoe: IPC Online Education Program, IPC Eligible Impairment, IPC Code of Ethics, Classification Process in Para Canoe Athletes

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Future overview

ICRSF intends to continue its collaboration with ICF and ACC to provide invaluable theoretical/practical scientific issues in-line with the developmental programs of ICF and ACC in National, Continental, and International Levels.

Acknowledgement

ICRSF provides the ICF and ACC with its deepest gratitude for their continuous support.



Dr. Alireza Sohrabian

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