

ICF PARACANOE FUNCTIONAL ASSESSMENT CHART FOR THE LEGS - VA'A

Athlete Name Federation

REMINDER: When the athlete has > 50% active SSROM, muscle strength is used for ICF Paralympic classification. When active ROM is reduced to < 50% of SSROM, loss of passive range, rather than strength, may be the limiting factor to athlete performance. A combination of the reduced range and strength is then used to decide the score. Refer to the manual if unsure.

Functional Assessment	Muscle Strength through sports specific ROM (0 – 2 Scale)		Medical classifier's comments and observations
	RIGHT	LEFT	
LOWER LIMBS			
HIPS			
Flexion 60° - 100°			
Extension 100° - 60°			
KNEE			
Flexion 20° - 60°			
Extension 60° - 20°			
ANKLE			
Plantarflexion 10° - 45°			
Dorsiflexion 45° - 10°			
Leg Press (push leg down at 60° angle from 100° hip flexion)			
TOTAL LOWER LEG SCORES	/14	/14	

Number of points **lost** on Right leg =

Number of points **lost** on Left leg =

Does the athlete meet Minimum Impairment Criteria?

Loss of 10 points on 1 leg, loss of 11 points over 2 legs, or loss of 8 points over 2 legs if trunk score is 7 or less (10.5 transformed)

YES

NO

Medical Classifier

Technical Classifier

Date:

Location: