

EVALUATION REPORT ON THE ICF DEVELOPMENT PROGRAMME 2016 -2017

1. General evolution of the ICF 29 years Development Programme

The main targets of the DP in different phases:

- Increase the popularity of canoeing and the number of the affiliated national federations to the ICF,
- Support progressing the standard of the athletes and coaches
- Support the developing national federations with financial struggles and helping them to participate in main events and training camps,
- Support equipment supplement
- Developing women canoe category in quantity and quality

The results:

- The number of the **53** affiliated NF increased to **167** by 2016
- **Several athletes in the DP achieved great progress: 6 athletes qualified to the O.G. London and 9 athletes to the O.G. Rio.**
- Besides equipment donation we introduced the domestic boat production to 6 countries: (Puerto Rico, Tunisia, Morocco, Egypt, Sudan and Nigeria). Under this programme approx. 200 boats have already been locally produced and are still increasing.
- 25-30 athletes were supported for participation in Jun/U23 and Senior WCH since 2002 annually, which make it a total of approx. 800 athletes.
- We introduced and organized Women Canoe Cup 6 times in a row from 2012, in which about 70 athletes took place in each event. Several participated repeatedly.

The DP has been very successful since the beginning because all the established targets have been reached continuously in every period since 1988!

2. The evolution of the DP in 2016 and 2017

The main targets of the DP in 2016 -2017:

- Talent Identification Programme and qualification target to Rio O.G. (2016)
- Women Canoe Category development with special attention to the C2s
- Coaches' education with courses and participation in DP's training camps
- Equipment support with domestic boat production programme, as well as high-quality boat and paddle donation from the ICF contracted manufactures.

2.1 ORGANISED PROGRAMME IN 2016

The following 5 projects were organised with financial support of the HUN Canoe Federation and the ICF in 2016:

- Training camp in Hungary in 02 - 17 May
- Participation in the 1st World Cup in Duisburg (GER)
- Participation in the 2nd World Cup in Racice (CZE)
- Participation in the Junior/U23 World Championships in Minsk (BLR)
- Participation in the 5th Women Canoe Cup in Boulogne (FRA)

The participants in the Training Camp in HUN, in the World Cups Duisburg and Racice 2016:

No	NF CODE	NAME	ATHLETES NAME		GEN
			FIRST	SURNAME	
1	TJK	Tajikistan	Shahriyor	DAMINOV	male
2	TJK	Tajikistan	Tokhir	NURMAKHAMMADI	male
3	SRB	Serbia	Nikolina	Mijuskovic	female
4	SRB	Serbia	Nikolina	Milic	female
5	ALG	Algeria	Nacer Eddine	BAGHDADI	male
6	MKD	Macedonia	Boban	PEJCHINOSKI	male
7	MKD	Macedonia	Damjan	ZHUPANOSKI	male
8	SIN	Singapore	Yuan Yin	LIM	female
9	KGZ	Kyrgyzstan	Kem	KAPITOLINA	female
10	ARM	Armenia	Hayk	GASPARYAN	male
11	ARM	Armenia	Edgar	GRIGORYAN	male
12	EST	Estonia	Joosep	KARLSON	male
13	EST	Estonia	Kaspar	SULA	male
14	GEO	Georgia	Murman	MALANIA	male
15	GEO	Georgia	Badri	KAVELASHVILI	male
16	THA	Thailand	Orasa	THIANGKATHOK	female
17	THA	Thailand	Woraporn	BOONYUHONG	female
18	COK	Cook Islands	Leon	MUSSEL	male
19	EGY	EGYPT	Karim	ABDELSAMIE	male
20	EGY	EGYPT	Menatalla	HASSAN ALY AHMED	female
21	LAT	LATVIA	Agnija	BERZINA	female
22	SAM	SAMOA	Anne	CAIRNS	female
23	USA	USA	Lydia	KEEFE	female
24	TUN	TUNISIA	Khaled	HOUCINE	male
25	TUN	TUNISIA	Afef	BEN ISMAIL	female
26	CRO	CROATIA	Vanesa	TOT	female
27	TJK	Tajikistan	Zohirjon	NABIEV	coaches
28	SRB	Serbia	Jovan	BANDIN	
29	EST	Estonia	Tiina	HODAKOV	
30	SAM	SAMOA	Richard	FORBES	
31	TUN	TUNISIA	Raouf	RIAHI	

32	HUN	Hunagian	Imre	Pulai
33			Andras	Toth
34			Istvan	Pruzsinszki

Financial information:

All the expenses of the training camp in HUN and the participation in the two World Cups were covered by the HUN NF; including the traveling expenses from Budapest to Duisburg and Prague. The travel expenses between Budapest and the origin country was paid by the NFs.

The expenses in the World Cup Racice were covered by the host CZE NF.

Another organized project was the support for participation in the Junior and U23 World Championships in Minsk, Belarus:

PARTICIPANTS IN THE JUN/U23 WCH IN Minsk 2016			
WOMEN CANOE	MEN CANOE	WOMEN KAYAK	MEN KAYAK
MACAO	TAJIKISTAN 2	KHYRGHYSTAN	ARMENIA
HONG KONG 2	ARMENIA 2	PALAU	NAMIBIA
KHYRGHYSTAN	PHILIPPINES 2		
THAILAND 2			
USA 2			
GEORGIA 2			
UZBEKISTAN 2			
LATVIA			
13	6	2	2

Financial information:

The ICF covered the expenses of the 23 athletes' participation by the total amount of **24,051 Euros**. The participant NFs paid the travel expenses.

The list of the athletes who took part in the ICF DP (some for 2-3 years repeatedly) and Qualified to the Rio Olympic Games 2016:

THE QUALIFIED ATHLETES TO RIO OLYMPICS			
No	FULL NAME	NOC	EVENT
1	Zaza Nadiradze	GEO	C1 200M
2	Mrabet Mohhamed	TUN	K1 1000m
3	Houchine Khaled	TUN	C1 200M
4	Ben Ismail Afef	TUN	K1W 200
5	Abdelsamiie Karim Eda	EGY	MK1 200m
6	Hassan Ali Nebabtala	EGY	WK1 200m
7	Mussel Leon	COOK	WK1 200m
8	Chammaune Massa	MOZ	C2 1000m
9	Lobo Joaquim	MOZ	C2 1000m

Remark: Zaza Nadiradze (in picture below) achieved 4th place in the Rio Olympic Games and won a Silver medal in the 2017 World Championships



Participants in the 5th and 6th Women Canoe Cup

2016: 26 NF with 76 athletes took part in the 5TH Women Canoe Cup

MACAO	SERBIA	SINGAPORE	KHYRGHYSTAN
THAILAND	GEORGIA	LATVIA	TUNISIA
USA	CANADA	VIETNAM	CZECH
INDIA	ECUADOR	SLOVAKIA	UZBEKISTAN
CHINA	JAPAN	KAZAKHSTAN	GREAT BRITAIN
IRAN	GERMANY	DENMARK	CROATIA
CHILE	FRANCE		

Financial Information:

The ICF supported **25** participants with the total amount of **13,510 Euros**

2017: 27 NF with 69 athletes and 19 accompanied coaches; leaders took part in the 6TH Women Canoe Cup

HONG KONG 2	SERBIA 3	SINGAPORE	KHYRGHYSTAN
THAILAND 2	GEORGIA 2	LATVIA 2	MOLDOVA 2
HUNGARY 6	CANADA 5	VIETNAM 3	SWEDEN 2
INDIA 4	PORTUGAL 2	SLOVAKIA 2	COLUMBIA 2
CHINA 11	JAPAN 3	KAZAKHSTAN 3	CROATIA
IRAN 1	GERMANY 4	DENMARK 1	MACAO
PHILIPPINES	SPAIN 2		

Financial Information:

- **The HUN NF** covered the expenses for 25 athletes (those who were in the training camp group in Budapest)
- **ICF supported** the expenses for some participants with the total amount of **3,025 Euros**
- **The participating NFs** paid the full expenses for those who were not in the previous two groups
- **The travel expense** to Budapest or Szeged were covered by the participants' NF

2.2 ORGANISED PROGRAMME IN 2017 with financial support of the HUN and the ICF

- **Training camp in Hungary at 14 May - 12 June, including the participation in the 2nd World Cup in Szeged 26-28 May and in the 3rd World Cup in Belgrade 02-04 June**
- **Supported participation in the Senior World Ch. in Racice (CZE)**
- **Women Canoe Cup (see the report on the page 6 and 7)**



TIP Participants in the World Championships in Racice 2017 together with the ICF Vice President Thomas Konietzko

The major organization for the DP 2017 was a combined project. The invited athletes took part in the Training Camp in Budapest, in the 2nd World Cup in Szeged and in the 3rd World Cup in Belgrade. The women canoeists also participated in the Women Canoe Cup in Szeged.

The list of selected participants

NO.	NOC	NF	Continent	ATHLETE		Gender
				first name	family name	
1	MOZ	Mozambique	Africa	Joaquim	Lobo	male
2	MOZ	Mozambique	Africa	Nordino	Moussa	male
3	MOZ	Mozambique	Africa	Helia	De Rosa	coach
4	NAM	Namibia	Africa	Karl	Jacobie	male
5	GHA	Ghana CANCELLED	Africa	Jamila	Abdallah	female
6	TUN	Tunisia	Africa	Vghailan	Khattali	male
7	EGY	Egypt	Africa	Emad	Karim	male
8	HKG	Hong Kong	Asia	Ning Yu	Law	female
9	HKG	Hong Kong	Asia	Yuen Sha	Chui	female
10	TJK	Tajikistan	Asia	Shahriyor	Daminov	male
11	KAZ	Kazakhstan	Asia	Svetlana	Ussova	female
12	KAZ	Kazakhstan	Asia	Alexandra	KIM	female
13	PHI	Philippines	Asia	Rosalyn	Esquerra	female
14	THA	Thailand	Asia	Orasa	Thiangkathok	female
15	THA	Thailand	Asia	Kanyatad	Boonma	female
16	IND	India	Asia	Inaodra Devi	Mayanglangba	female
17	IND	India	Asia	Thajamaubi	Phairemban	female
18	POR	Portugal	Europe	Marcia	FARIA	female
19	POR	Portugal	Europe	Ana	RODRIGUES	female
20	GEO	Georgia	Europe	Mariam	Kerdikashvili	female
21	GEO	Georgia	Europe	Nato	Chkhutiashvili	female
22	GRE	Greek	Europe	Stefanos	Dimopoulos	male
23	GRE	Greek	Europe			coach
24	LAT	Latvia	Europe	Agnija	Berzina	female
25	LAT	Latvia	Europe	Julija	Gutova	female
26	MDA	Moldova	Europe	Mariam	Olarasu	female
27	MDA	Moldova	Europe	Daniela	Coiciu	female
28	EST	Estonia	Europe	Joosep	Karlson	male
29	SRB	Serbia	Europe	Nikolina	Mijuskovic	female
30	SRB	Serbia	Europe	Nikolina	Milic	female
31	SRB	Serbia	Europe	Bandin	Jovan	coach
32	ESP	Spain	Europe	Patricia	Coco Rohde	female
33	ESP	Spain	Europe	Adriana	Paniagua	female
34	COL	Columbia	America	Nataly Daniela	Rodriguez	female
35	COL	Columbia	America	Ana Leidy	Daza Ochoa	female
36	CRO	Croatia	Europe	Vanessa	Toth	female
37	CRO	Croatia	Europe			coach
38	MAC	Macao	Asia	Louisa	Scheng	female
39	IND	India	Asia	Guarav	TOMAR	male

40	IND	India	Asia	Sinil Singh	SALAM	male
41	IND	India	Asia		Yayanta	COACH
42	KAZ	KAZAKHSTAN	Asia	Sergey		coach

EVALUATION OF THE TIME IMPROVEMENT OF THE WOMEN CANOEISTS

The following table shows times on the various distances of the 25 women canoeists who participated in the Training Camp in Budapest. The times were measured on the 2600m distances for endurance and on the 200m and 500m as racing distances in C1 boats. The red colored time intervals show the progress of the athletes. The average improvement of the athletes who took part in all time trials and their competition time is **55 seconds on the 2600m distance and 5.4 seconds on 500m**. (There was improvement also on 200m but the difference in two longer distances is more noticeable)

No	NF	ATHLETES	2600m Time Trial		Time Impr.	C1 2000m best	C1 200m the first and the best		C1 500m the first and the best		Time Impr. (sec)
		FAMILY NAME	1st	2nd							
1	HKG	Law	18'09"	15'27"	2' 42	12'13"41	57"91	56"30	2'35"91	2'26"60	09
2	HKG	Chui	18'07"	16'49	1' 18"	15'38"84	1'01"48	59"48	3'00"71	2'39"33	22
3	KAZ	Ussova	x	15'05"	0.00	10'35"80	52"78	52"14	2'17"15	2'14"61	03
4	KAZ	KIM	x	14'46"	0.00	10'53"49	53"30	52"90	2'30"00	2'19"27	11
5	PHI	Esquerra	16'35"	15'44"	51"	x	56"80	53"50	2:30"28	2'29"24	01
6	THA	Thiangkathok	x	x	0.00	11'20"53	49"67	49"15	2'17"66	2'12"51	05
7	THA	Boonma	x	x	0.00	12'06"91	58"43	55"74	2'35"18	2'32"59	03
8	IND	Mayanglangbam	16'15"	15'23"	52"	11'41"49	1'02"02	1'00"82	x	x	0
9	IND	Phairemban	16'12"	15'38"	34"	11'38"76	57"82	55"55	x	x	0
10	POR	Faria	x	x	0.00	x	58"04	55" 50	2'38"10	2'28"80	10
11	POR	Rodrigues	x	x	0.00	11'51"95	1'05"17	1'02"21	2'58"96	2'38"13	20
12	GEO	Kerdikashvili	14'56"	14'48"	08"	10'28"16	51"41	51"54	2'17"36	2'15"58	02
13	GEO	Chkhutiasvili	17'24"	16'38"	46"	12'33"59	1'04"33	1'00"46	2'54"14	2'41"37	13
14	LAT	Berzina	x	x	0.00	11'04"49	53"14	53"43	2'21"55	2'20"95	01
15	LAT	Gutova	15'22"	15'08"	12"	x	52"73	51"79	2'21" 18	2'20"44	01
16	MDA	Olarasu	15'31"	15'04"	27"	x	55"08	x	2'24"54	2'23"11	01
17	MDA	Coiciu	15'32"	16'10"	0.00	x	1'03"75	x	2'36"55	x	0
18	SRB	Mijuskovic	injured	x	0.00	x	x	x	x	x	0
19	SRB	Milic	15'53"	15'35"	18"	x	53"48	53"00	2'31"03	2'25"97	05
20	ESP	Coco Rohde	15'12"	DNS	0.00	x	49"88	49"30	2'23"43	2'19"50	04
21	ESP	Paniagua	15'20"	15'00	20"	x	50"31	49"10	x	x	0
22	COL	Rodriguez	x	14'05" (C2)	0.00	x	x	x	2'37"51	2'38"01	+1
23	COL	Daza Ochoa	x	14'05" (C2)	0.00	13'17"12	x	x	x	x	0
24	MAC	SIN YI CHENG	x	18'03"	0.00	12'00"33	58"84	56"34	2'42"52	2'38"00	04
25	CRO	Tot	15'04"	15'00"	04"	11'01"71	53"38	54"36	2'28"18	2'23"64	05
					average improvement sec: 55"						05,4"

Another DP's organization was the participation in the Senior World Championships Racice 2017.

The list of the participants

No	COUNTRY		Continent	ATHLETE		Gender	Cat
	NOC	NF		first name	family name	male	
1	USA	US. America	America	Kaley	MARTIN	female	canoe
2	USA	US. America	America	Ann	ARMSTRONG	female	canoe
3	POR	Portugal	Europe	Beatriz	BARROS	female	canoe
4	POR	Portugal	Europe	Marcia	FARIA	female	canoe
5	MDA	Moldova	Europe	Maria	OLARSU	female	canoe
6	MDA	Moldova	Europe	Daniela	COCIU	female	canoe
7	CHN	China	Asia	Jialin	LIU	female	canoe
8	CHN	China	Asia	Jiajing	LIU	female	canoe
9	MYA	Myanmar	Asia	Naing	THET PHYO	female	canoe
10	MYA	Myanmar	Asia	Tun	KHIHE THAZIN	female	canoe
11	MYA	Myanmar	Asia	U	TURA HAU	male	COACH
12	KGZ	Khyrghystan	Asia	Elizaveta	BUHANTSOVA	female	canoe
13	KGZ	Khyrghystan	Asia	Margarita	BOBROVA	female	canoe
14	COL	Colombia	America	Angija	CARDONA	female	canoe
15	IND	India	Asia	Rajeshwari	KUSHRAM	female	canoe
16	IND	India	Asia	Meera	DAS	female	canoe
17	SVK	Slovakia	Europe	Hana	MIKECIOVA	female	canoe
18	SVK	Slovakia	Europe	LUCIA	VALOVA	female	canoe
19	IRI	Iran	Asia	Atena	RAOUFI BALGOURI	female	canoe
20	IRI	Iran	Asia	Fatemeh	KARAMJANI		coach
21	IRQ	Iraq	Asia	Ali Dherar	Kadhim Al Dain	male	kayak
22	IRQ	Iraq	Asia	Ahmed Sameer	Jumaah	male	canoe
23	GEO	Georgia	Europe	Mariam	Kerdikashvili	female	canoe
24	GEO	Georgia	Europe	Nato	Chkhutiashvili	female	canoe
25	LAT	Latvia	Europe	Julia	GUTOVA	female	canoe
26	HUN			Istvan	Prizsinszki	male	COACH
27	HUN			Geregely	Gyertyanos	male	COACH
28	ESP			Alessandra	Pinto	female	COACH
29	CZE			Vaclav	Dubsky	male	COACH

The expenses were covered by the host CZE NF. The traveling to Prague and back to the origin country was paid by the national federations.



3. Coaches' education with coaches' courses

LEVEL	NF	DATE	NO. ATTENDEES
LEVEL 1	MOROCCO	FEBR 2016	25
	GUINEA-BISSAU	JUN 2016	18
	USA	3-5 SEPT	19
LEVEL 2	IRAN	14-18 JAN 2016	24
	ISRAEL	17-24 FEB 2016	9
	TUNISIA	FEBR. 2017	27
	USA	16-20 MARCH	6
	CYPRUS	03-10 SEPT	16
	PORTUGAL	28 SEPT -03 OCT	22
	ECUADOR	12-16 OCT	14
	INDIA	03-10 DEC	31
LEVEL 3	BUDAPEST	02-29 MAY	11
12 COURSES		TOTAL	180 ATTENDEES

4. Equipment donation and production

In accordance with the ICF contract with boat and paddles producers the following equipment were donated in 2016-17:

- The ICF –NELO – NFs project for establishing domestic boat productions for low expenses has been successfully implemented in Costa Rica, Tunisia, Morocco, Egypt and Sudan, and is currently under progress in Nigeria.

5. Conclusions:

All the planned projects in 2016 and 2017 were executed successfully. These continuous successes shows that the DP is effective in achieving any targets that it sets out to accomplish, and has wide range benefits for the needs of federations in all five continents.

6. The evaluation of the results of the Development Programme:

6.1 The athletes' progress:

- 9 athletes from the ICF Development Programme qualified to the Olympic Games in Rio 2016
- ICF Development Programme participants also achieved notable results in the World and Continental Championships:
 - o Senior WCh C1 200m came in 2nd place
 - o Junior WCh C1 and C2 women won 1st place
 - o Asian Continental Ch, C1 1000m Seniors won 2nd place and C1W came in 1st and 2nd place
- Most of the athletes performance (racing times) showed measurable improvement in the training camps and competitions
- The number and quality (times and technique) of women canoeists have significantly improved. The enclosed evaluation table on the women canoeists shows that the athletes progressed in speed/time even over a short period. This result is the same for the athletes in the other categories.
- The athletes' and NFs feedbacks are very positive. In addition to the improved performance of athletes, their overall increased motivation is important factor for the individual's growth.

6.2 The coaches' progress:

- Several coaches were involved in the TIP programme yearly. However the quantitative evaluation of their progress is difficult to measure, as the benefits for the coaches is subjective to the participant. The coaches gain knowledge from our program, which they put to use on their own terms for their respective teams. For instance, they learn a lot from the Hungarian coaches about paddling techniques, training programme construction, training methods, peaking for events, as well as training organisation. Such knowledge will be very useful for their careers. However, the best measurement of the coaches' progress is their athletes' results and improvement.
- The organization of 13 various courses with the attendance of 180 coaches just in the last 2 years is a great benefit for our sport. However the beneficial results of such courses cannot be measured immediately, but only in long term. Many of them expressed that they learn a lot of new techniques and information, and they will return to their work with a new perspective. Many of those realized that they were not teaching the correct technique and will now be using the training methods correctly. Introducing and practicing these new methods will certainly improve their athletes performance level.

6.3 The DP' effect to the NFs

- Several athletes wouldn't be able taking part in main events due to financial difficulties. The financial support that these federations receive for participation in the world events and the ICF DP is a good motivator for their developmental efforts!

6.4 **The high class equipment donation is** also a great benefit and motivation for athletes and federations. This project includes about 20 boats, 40 paddles and 3 kayaks-ergo machine per year. (Remark: The selection and distribution of the donation still needs to be improved!)

The **domestic boat production** has significantly increased the availability of equipment in local regions. In addition, the ICF donated 60 paddles to each NF involved in the boat production project (the paddles were purchased and sent to the NFs under the ICF's budget). This increased number of boats and paddles is helping the involvement of more youth to canoeing.

7 Final conclusion and personal opinion:

As seen from the results of the past 29 years, the ICF Development Programme is successful in setting specific targets and achieving them with a set frame of time. Our programme has raised athletes to the Olympic level, made canoeing more accessible to developing regions, and decreased the gap between the elite and developing athletes.

This programme should continue under the same structure with equally clear targets of what the programme aims to achieve and by when, with clear distribution of roles and responsibilities, and allocated budget.

For the coming season, we will improve the quantitative measurement of the athletes' performance (by way of measurable speed improvement, race results, physical agility and fitness) which can be done by periodic, consistent data collection throughout the programme. At the end of the season, the collected data will be arranged in a comparative chart that will clearly display the measurable improvement in each TIP athlete's performance.

8 Financial report

The table below is only for information but need to be updated

CSP DEVELOPMENT PROGRAMME BUDGET ACCOUNTING 2017 - 2018

	Equipment	Activity/ Education	Women canoe	DP Manager	TIP	Traveling/ Meetings	TOTAL
BUDGET	28,000.00	5,000.00	15,000.00	72,000.00	20,000.00	10,000.00	150,000.00
USED	1,112.00	420.00	3,025.00	33,000.00	2,000.00	1,823.00	38,380.00
AVAILABLE	26,888.00	4,520.00	11,975.00	45,000.00	18,000.00	5,000.00	105,383.00



30.12. 2017

Csaba Szanto
ICF Technical Expert