



Results by Category

18 Oct 2025

U18 - Male

Pos	No	Name	Country	Time	Category
☐	1	50630 Samuel MOCKE	South Africa	02:15:55	U18
☐	2	15413 Gwendal STEPHAN	France	02:18:07	U18
☐	3	15612 Julian ST MARY PALMERO	Spain	02:20:31	U18
☐	4	15436 Yann VILAÇA	Portugal	02:20:32	U18
☐	5	50622 Ryley MICHAEL SMITH	South Africa	02:20:58	U18
☐	6	12645 Cody STALLARD	South Africa	02:21:13	U18
☐	7	13363 Keegan VOGT	South Africa	02:22:44	U18
☐	8	15414 Owen POPE	GBR	02:23:09	U18
☐	9	15614 Pau SANCHEZ SUCH	Spain	02:23:20	U18
☐	10	12298 Jared SHRIMPTON	South Africa	02:23:32	U18
☐	11	14512 Troy JACOBS	South Africa	02:24:00	U18
☐	12	14619 Liam STEPHENSON	South Africa	02:24:45	U18
☐	13	15662 Leonardo CANDELA	Italy	02:26:29	U18
☐	14	50623 Jarryd COLE	South Africa	02:28:04	U18
☐	15	47603 Tyde MALHERBE	South Africa	02:29:31	U18
☐	16	15668 Jakub SINDEL	Czechia	02:30:12	U18
☐	17	15361 Connor JACOB	Australia	02:30:21	U18
☐	18	15584 Santi BENÍTEZ DOMÍNGUEZ	Spain	02:31:41	U18
☐	19	15211 Freddie BROXIS	GBR	02:31:59	U18
☐	20	15416 Elliot POPE	UNITED KINGDOM	02:32:23	U18
☐	21	14944 Matthew WILLIAMS	South Africa	02:33:34	U18
☐	22	60392 Luke O'CONNOR	South Africa	02:34:27	U18
☐	23	15392 Christian IRELAND	Australia	02:34:58	U18
☐	24	3878 Matthew WILSON	South Africa	02:35:51	U18
☐	25	15605 Tom GILHARD	France	02:37:03	U18
☐	26	15360 Beau JACOB	Australia	02:37:17	U18
☐	27	60767 Josh WORTHMANN	South Africa	02:40:18	U18
☐	28	15667 Bence BARTFAI	United Arab Emirates	02:40:25	U18
☐	29	12281 Jayden JANSEN VAN RENSBURG	South Africa	02:42:16	U18
☐	30	15637 Arthur LAFORET	France	02:44:06	U18
☐	31	15638 Tilio LE RAY	France	02:44:10	U18
☐	32	61511 Sboniso DLAMINI	South Africa	02:44:11	U18
☐	33	15629 Noah BISO	France	02:44:54	U18
☐	34	15537 Evyn ROBERTS	GBR	02:45:22	U18
☐	35	15631 Antoine POIRAUDEAU--KOLOMOETZ	France	02:46:02	U18
☐	36	14250 Sibusiso MNGOMA	South Africa	02:48:48	U18
☐	37	14327 Tyne JOE VAN ACHTERBERGH	South Africa	02:51:15	U18
☐	38	15618 Luke VENTER	United Arab Emirates	02:57:21	U18
☐	39	14624 Jack STERNBERG	South Africa	03:11:03	U18
☐	40	14941 Sam HOY	Botswana	03:18:32	U18
☐		15468 Fynn BOBSIEN	Germany	DNF	U18

Results signed off by

Name

Time

Signature

U18 - Female

	Pos	No	Name	Country	Time	Category
☐	1	15615	Andrea JIMENEZ COLMARD	Spain	02:41:55	U18
☐	2	14064	Ellen STRYDOM	South Africa	02:42:11	U18
☐	3	15640	Constança FRAZÃO	Portugal	02:47:17	U18
☐	4	15611	Ariadne GIMENEZ AGUILAR	Spain	02:48:59	U18
☐	5	15603	Zoe GOUX	France	02:54:45	U18
☐	6	15015	Isabella STRYDOM	South Africa	02:55:30	U18
☐	7	15285	Alayah KROGSCHEEPERS	South Africa	02:55:39	U18
☐	8	15536	Katie LUEN-TWINING	GBR	02:55:48	U18
☐	9	15332	Lily TODD	Australia	02:56:35	U18
☐	10	15532	Grace RICHARDSON	New Zealand	03:00:49	U18
☐	11	15540	Penelope BELLAMY	GBR	03:01:22	U18
☐	12	14702	Tessa SALMON	South Africa	03:08:55	U18
☐	13	15630	Biso LILY	France	03:09:53	U18

Results signed off by	
Name	
Time	
Signature	

Under 23 - Male

	Pos	No	Name	Country	Time	Category
☐	1	15636	Bernardo LEÇA PEREIRA	Portugal	02:06:15	u23
☐	2	61505	Matthew COETZER	South Africa	02:11:06	u23
☐	3	15467	Marin LANEÉ	France	02:12:42	u23
☐	4	15586	Pablo ST MARY PALMERO	Spain	02:13:47	u23
☐	5	15421	Dylan ASKEW	Australia	02:14:08	u23
☐	6	15428	Tanguy CATTELLE	France	02:14:46	u23
☐	7	12160	Dyllan FARRELL	South Africa	02:16:05	u23
☐	8	12157	Luke JEAN LE ROUX	South Africa	02:17:59	u23
☐	9	15585	Francisco JOSE QUINTANA LABARTA	Spain	02:18:40	u23
☐	10	15574	Josep JOAN CIFRE PASCUAL	Spain	02:18:52	u23
☐	11	15407	Morgan PRIGENT	France	02:19:07	u23
☐	12	12328	Jonny LUCAS	South Africa	02:19:08	u23
☐	13	47752	Luke SWINNEY	South Africa	02:19:29	u23
☐	14	12665	Heath CLARKE	South Africa	02:19:44	u23
☐	15	15388	Terry MICHAEL	GBR	02:21:22	u23
☐	16	47699	Reef FUNSTON	South Africa	02:22:08	u23
☐	17	15415	Mikkel SJURSEN	Norway	02:22:18	u23
☐	18	15517	Vukasin VUJANIC	South Africa	02:22:38	u23
☐	19	15336	Axel HAGLUND	Sweden	02:24:12	u23
☐	20	15426	Mathis ROUDAUT	France	02:24:28	u23
☐	21	15657	Massimo PALOMBA	Italy	02:24:59	u23
☐	22	61277	Benjamin MAEHLER	South Africa	02:25:34	u23
☐	23	15658	Mauro TAFURI	Italy	02:25:38	u23
☐	24	15417	Kaël MENEZ	France	02:27:25	u23
☐	25	15484	Toby PEYTON-JONES	GBR	02:27:29	u23
☐	26	15408	Marius TOUTÉE	France	02:27:45	u23
☐	27	15659	Riccardo MACCIOCCU	Italy	02:28:11	u23
☐	28	60326	Kwanele BANDA	South Africa	02:29:42	u23
☐	29	15635	Balazs BARTFAI	United Arab Emirates (the)	02:33:50	u23
☐	30	60743	Senzo NGCOBO	South Africa	02:36:31	u23
☐	31	15620	Fraser HALLATT	United Arab Emirates (the)	02:37:13	u23
☐	32	61062	Joshua SIMPKINS	South Africa	02:38:16	u23
☐	33	15548	William TURNER	GBR	02:38:21	u23
☐	34	15374	Leo CALLIN WIKMAN	Sweden	02:44:44	u23
☐	35	15511	Kittithon KLAIKHUM	Thailand	02:47:57	u23
☐	36	13626	Wilhelm FENSKE	South Africa	03:22:14	u23

Results signed off by	
Name	Signature
Time	

Under 23 - Female

	Pos	No	Name	Country	Time	Category
☐	1	14562	Rosie EDWARDS	GBR	02:28:17	u23
☐	2	12639	Georgia SINGE	South Africa	02:28:32	u23
☐	3	47671	Jade WILSON	South Africa	02:29:18	u23
☐	4	61302	Saskia HOCKLY	South Africa	02:33:14	u23
☐	5	50735	Holly SHIRLEY SMITH	South Africa	02:37:34	u23
☐	6	15576	Sara MENGUAL FRANCISCO	Spain	02:39:33	u23
☐	7	15587	Lara CELLIER HENRIQUEZ	Spain	02:41:04	u23
☐	8	15607	Olivia GEDDES	GBR	02:44:33	u23
☐	9	15430	Margaux BOUTELOUP	France	02:44:48	u23
☐	10	15602	María MESA PALLARÉS	Spain	02:50:17	u23
☐	11	13404	Nicola HARCUS	South Africa	02:51:40	u23
☐	12	50867	Christy SHRIMPTON	South Africa	02:53:01	u23
☐	13	15661	Beatrice CANDELA	Italy	02:57:54	u23
☐	14	15402	Mattea MICALLEF	Malta	03:03:20	u23
☐	15	10043	Mikaila BROWN	South Africa	03:06:10	u23

Results signed off by	
Name	
Time	
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Senior - Male

	Pos	No	Name	Country	Time	Category
☐	1	15427	Pierre VILELLA	France	02:06:05	Open
☐	2	5428	Nicholas NOTTEN	South Africa	02:06:26	Open
☐	3	5607	Ulvard HART	South Africa	02:07:26	Open
☐	4	53	Joshua FENN	South Africa	02:07:40	Open
☐	5	14967	Oscar JONES	Australia	02:08:14	Open
☐	6	15438	Hector HENOT	France	02:09:44	Open
☐	7	9527	Gene PRATO	South Africa	02:11:15	Open
☐	8	52	Matthew FENN	South Africa	02:13:15	Open
☐	9	15451	Claas GEBHARDT	Germany	02:13:57	Open
☐	10	5974	Dominic NOTTEN	South Africa	02:14:15	Open
☐	11	13507	Ron BENJANO	South Africa	02:14:53	Open
☐	12	50284	Mark KEELING	South Africa	02:15:31	Open
☐	13	15609	Jorge VILA DEL ROSARIO	Spain	02:15:52	Open
☐	14	15444	Nordin SPARMANN	Germany	02:16:39	Open
☐	15	12784	Davey BRAND	South Africa	02:17:29	Open
☐	16	15538	Jordan ROBERTS	GBR	02:18:40	Open
☐	17	50828	Stefaans ERLANK	South Africa	02:18:48	Open
☐	18	50732	Daniel JACOBS	South Africa	02:19:57	Open
☐	19	15594	James FITZSIMMONS	Spain	02:20:21	Open
☐	20	14676	Nicolo' RAZETO	Italy	02:21:40	Open
☐	21	15423	Finn HARTSTEIN	Germany	02:22:16	Open
☐	22	5664	Ant LAKE	GBR	02:22:34	Open
☐	23	15593	Amund VOLD	Norway	02:23:33	Open
☐	24	15449	Jonathan DAGNAES	Denmark	02:23:45	Open
☐	25	4544	Kyle FRIEDENSTEIN	South Africa	02:24:12	Open
☐	26	15473	Samuel HERRMANN-AUCLAIR	French Polynesia	02:25:05	Open
☐	27	15660	Giovanni SAPERDI	Italy	02:26:32	Open
☐	28	61184	Scott ROGERS	South Africa	02:27:58	Open
☐	29	14586	Florent THELIER	France	02:28:49	Open
☐	30	5605	Anders HART	South Africa	02:29:05	Open
☐	31	15559	Ryan LARK	GBR	02:29:55	Open
☐	32	4335	Janno VAN NIEKERK	South Africa	02:30:42	Open
☐	33	15453	Pierre GRIMOUX	France	02:32:35	Open
☐	34	15527	Liam LACE	New Zealand	02:33:07	Open
☐	35	5776	Craig FLANAGAN	South Africa	02:33:53	Open
☐	36	60325	Thubelihle BANDA	South Africa	02:34:04	Open
☐	37	60424	Bryce LAWSON	South Africa	02:34:39	Open
☐	38	15552	Mathew ROWLANDS	GBR	02:34:45	Open
☐	39	7092	Matthew DEAN	Australia	02:35:58	Open
☐	40	9676	Owen GANDAR	South Africa	02:36:08	Open
☐	41	14964	Matthew SCHEMBRI	Malta	02:37:11	Open
☐	42	15521	Ronald RIVERA	United States of America	02:41:38	Open
☐	43	15596	Timothy GANNICOTT-PORTER	GBR	02:43:01	Open
☐	44	15335	William MILNE	Ireland	02:43:34	Open
☐	45	15581	Juan ST MARY	Spain	02:44:05	Open
☐	46	15457	Sammy FEYS	Belgium	02:44:10	Open
☐	47	15037	Théo VIALARD	France	02:50:30	Open

Results signed off by

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☐	48	8879	Murray STARR	South Africa	02:51:20	Open
☐	49	15478	Xu XAVIER	France	02:54:24	Open
☐	50	15489	Hong NGO LIU	Hong Kong	03:08:51	Open
☐		5981	Kenneth RICE	South Africa	DNS	Open
☐		15456	Noel SPARMANN	Germany	DNS	Open
☐		15448	Wayne DUNBAR	Australia	DNS	Open
☐		15429	Malo JAFFRE	France	DNS	Open
☐		15258	Ande MAZULA	South Africa	DNS	Open

Senior - Female

	Pos	No	Name	Country	Time	Category
☐	1	12154	Kira BESTER	South Africa	02:22:46	Open
☐	2	15510	Danielle RICHARDS	New Zealand	02:23:09	Open
☐	3	15573	Judit VERGES XIFRA	Spain	02:29:11	Open
☐	4	15397	Thaïs DELRIEUX	France	02:33:40	Open
☐	5	5797	Melanie VAN NIEKERK	South Africa	02:33:44	Open
☐	6	15633	Sara SOTERO	Portugal	02:34:14	Open
☐	7	14513	Brynde KREFT	GBR	02:36:26	Open
☐	8	15446	Angie LE ROUX	France	02:41:24	Open
☐	9	8859	Jenna NISBET	South Africa	02:42:22	Open
☐	10	15443	Louisa WALTERMANN	Germany	02:44:17	Open
☐	11	15546	Katerina MILOVA	Czechia	02:45:00	Open
☐	12	15558	Raquel ELIAS	Portugal	02:45:17	Open
☐	13	15531	Lena KRAUS	GBR	02:46:41	Open
☐	14	15490	Wing YAN TANG	Hong Kong	03:03:21	Open
☐	15	15514	Annetta FERON	France	03:06:31	Open
☐	16	60710	Deirdre BENTLEY	South Africa	03:13:36	Open
☐		15370	Montannah MURRAY	Australia	DNS	Open

35 - 39 - Male

	Pos	No	Name	Country	Time	Category
☐	1	15655	Cory HILL	Australia	02:05:22	35 - 39
☐	2	569	Brendan RICE	Australia	02:14:44	35 - 39
☐	3	9061	Andy BIRKETT	South Africa	02:17:11	35 - 39
☐	4	8593	Brent CHIAZZARI	South Africa	02:19:29	35 - 39
☐	5	15431	Jakub ADAM	Czechia	02:22:25	35 - 39
☐	6	4518	Matthew TEBBUTT	South Africa	02:23:22	35 - 39
☐	7	50681	Armand VAN NIEKERK	South Africa	02:23:29	35 - 39
☐	8	15070	Florian REVOLLON	France	02:26:33	35 - 39
☐	9	7102	Andrew BIRKETT	GBR	02:27:10	35 - 39
☐	10	15296	Cary FOX	Australia	02:28:35	35 - 39
☐	11	5976	Daniel SHEARD	South Africa	02:31:17	35 - 39
☐	12	50881	Johan WIID	South Africa	02:36:59	35 - 39
☐	13	15582	Juan CARUNCHO ABELLANAS	GBR	02:41:54	35 - 39
☐	14	5417	Simon WEARE	South Africa	02:48:45	35 - 39
☐	15	10502	Iewan VAN ZYL	Thailand	02:52:16	35 - 39
☐		15460	Florian GLAMANN	Germany	DNS	35 - 39
☐		15606	Billy BUTLER	GBR	DNS	35 - 39
☐		9814	Sibusiso ZULU	South Africa	DNS	35 - 39

35 - 39 - Female

Pos	No	Name	Country	Time	Category
☐	1	4538 Nix BIRKETT	South Africa	02:33:27	35 - 39
☐	2	8603 Tiffany KOCH	South Africa	02:42:00	35 - 39
☐	3	5608 Bianca BEAVITT	South Africa	02:46:27	35 - 39
☐	4	15494 Hock WING WINNIE WONG	Hong Kong	02:47:40	35 - 39
☐	5	15400 Justine LAPRUN	Hong Kong	02:52:32	35 - 39
☐		15481 Ka LEE CHAN	Hong Kong	DNF	35 - 39

40 - 44 - Male

Pos	No	Name	Country	Time	Category
☐	1	15461 Gordan HARBRECHT	Germany	02:06:38	40 - 44
☐	2	5872 Jasper MOCKE	South Africa	02:09:46	40 - 44
☐	3	8294 Barry LEWIN	South Africa	02:19:03	40 - 44
☐	4	7973 Brett HADIARIS	South Africa	02:21:10	40 - 44
☐	5	1560 Shaun RUBENSTEIN	South Africa	02:23:51	40 - 44
☐	6	15395 Andrew CROTHERS	Australia	02:30:00	40 - 44
☐	7	6140 Mike ARTHUR	South Africa	02:32:18	40 - 44
☐	8	6561 Steve WOODS	South Africa	02:34:45	40 - 44
☐	9	14855 David HORKAN	Ireland	02:35:20	40 - 44
☐	10	15493 Ying TANG	Hong Kong	02:42:00	40 - 44
☐	11	15273 Clinton DIXON	South Africa	02:42:28	40 - 44
☐	12	47437 Dylan CLOETE	South Africa	02:44:17	40 - 44
☐	13	4976 Jason NORTHWOOD	United Arab Emirates (the)	02:49:11	40 - 44
☐	14	8777 James CARR	South Africa	02:49:42	40 - 44
☐	15	61230 Jeremy DOUGLAS	South Africa	02:50:35	40 - 44
☐	16	10134 John KONYN	South Africa	02:58:11	40 - 44
☐	17	1132 Anthony MUNDY-CASTLE	South Africa	03:03:20	40 - 44
☐	18	1619 Chad ANDREWS	South Africa	03:07:47	40 - 44
☐	19	8906 Greg BATH	South Africa	03:09:56	40 - 44
☐	20	15482 Wai HO LAI	Hong Kong	03:12:14	40 - 44
☐	21	10648 Bruce DIXON	South Africa	03:21:52	40 - 44
☐	22	15470 Tom LONEY	United Arab Emirates (the)	03:24:02	40 - 44
☐		8881 Oliver BURN	South Africa	DNF	40 - 44
☐		7264 Konrad KARCZ	South Africa	DNS	40 - 44
☐		7828 Gordon KERNICK	South Africa	DNS	40 - 44
☐		15555 Nicholas VAN DER MEER	United States of America	DNS	40 - 44
☐		15589 Esteban MEDINA OJEDA	Spain	DNS	40 - 44

40 - 44 - Female

Pos	No	Name	Country	Time	Category
☐	1	9788 Michelle BURN	South Africa	02:30:13	40 - 44
☐	2	15294 Ellecia SAFFRON	United Arab Emirates (the)	03:00:27	40 - 44
☐	3	15475 Andrea KANNEMANN	Spain	03:01:49	40 - 44
☐	4	15627 Germana CUSTODIO	South Africa	03:31:07	40 - 44

45 - 49 - Male

	Pos	No	Name	Country	Time	Category
☐	1	5674	Dawid MOCKE	South Africa	02:08:46	45 - 49
☐	2	6381	Hank MCGREGOR	South Africa	02:12:02	45 - 49
☐	3	9159	Bevan MANSON	South Africa	02:13:09	45 - 49
☐	4	15575	Walter BOUZAN SANCHEZ	Spain	02:14:04	45 - 49
☐	5	6386	Matthew BOUMAN	South Africa	02:15:18	45 - 49
☐	6	15377	Joshua TREVARTHEN	Australia	02:17:27	45 - 49
☐	7	15442	Ben MAYNARD	Australia	02:22:30	45 - 49
☐	8	7876	Zoog HAYNES	South Africa	02:23:55	45 - 49
☐	9	10820	Riccardo TALEVI	South Africa	02:24:11	45 - 49
☐	10	5430	Ernest VAN RIET	South Africa	02:25:54	45 - 49
☐	11	8222	Warren JACOBS	South Africa	02:27:03	45 - 49
☐	12	3318	Heinrich VAN ROOYEN	South Africa	02:29:40	45 - 49
☐	13	15387	Chris LITTLE	Australia	02:30:07	45 - 49
☐	14	8489	Matt GUNNING	South Africa	02:30:08	45 - 49
☐	15	1685	Marco MAGNI	South Africa	02:30:51	45 - 49
☐	16	15632	Mariano BIFANO	South Africa	02:31:20	45 - 49
☐	17	69	Vernon VOGT	South Africa	02:32:00	45 - 49
☐	18	4171	Jason GOEDHALS	South Africa	02:32:02	45 - 49
☐	19	8272	Daryl BARTHO	South Africa	02:34:46	45 - 49
☐	20	4556	Duncan BOYD	South Africa	02:35:14	45 - 49
☐	21	1049	Chris ALLAN	South Africa	02:36:13	45 - 49
☐	22	4042	Kelvin HERMAN	South Africa	02:36:35	45 - 49
☐	23	7286	Clyde BARENDSE	South Africa	02:37:03	45 - 49
☐	24	60784	Brad ALLEN	South Africa	02:37:57	45 - 49
☐	25	15440	Michael ODVÁRKO	Czechia	02:38:15	45 - 49
☐	26	13762	Richard CHAMPION	South Africa	02:39:28	45 - 49
☐	27	35082	Paul LAFORET	France	02:39:33	45 - 49
☐	28	2564	Scheepers SCHOEMAN	South Africa	02:39:38	45 - 49
☐	29	14168	Wayne HILTON TAYLOR	United Arab Emirates (the)	02:39:42	45 - 49
☐	30	50569	Lee MORAN	South Africa	02:40:56	45 - 49
☐	31	10686	Andrew CAIRNS	South Africa	02:41:59	45 - 49
☐	32	40901	Carl BEHRENS	South Africa	02:42:50	45 - 49
☐	33	2005	Mark GARDEN	South Africa	02:43:12	45 - 49
☐	34	15450	Zbynek LAUBE	Czechia	02:44:30	45 - 49
☐	35	8909	Ralph-Marc CAWOOD	South Africa	02:45:00	45 - 49
☐	36	1136	Sean TANGNEY	South Africa	02:46:09	45 - 49
☐	37	4255	Neal STEPHENSON	South Africa	02:47:07	45 - 49
☐	38	11686	Richard ROSE	South Africa	02:48:01	45 - 49
☐	39	47420	Quentin RHEEDER	South Africa	02:48:17	45 - 49
☐	40	47521	Dale HEIDTMANN	South Africa	02:51:17	45 - 49
☐	41	4104	Johan DE BRUIJN	South Africa	02:51:19	45 - 49
☐	42	13581	Mathew GOETSCH	South Africa	02:56:40	45 - 49
☐	43	15492	On CHUNG YUEN	Hong Kong	02:57:42	45 - 49
☐	44	9039	Steven JONES	South Africa	03:02:28	45 - 49
☐	45	15488	Wai MING LI	Hong Kong	03:02:33	45 - 49
☐	46	15687	Andrew BETTMAN	Australia	03:03:12	45 - 49
☐	47	14882	Simon MORIARTY	South Africa	04:01:04	45 - 49

☐	1020	Jacques P THERON	South Africa	DNS	45 - 49
☐	15463	Andrew WILKINSON	Australia	DNS	45 - 49
☐	15405	Pak NIN BEN CHAN	Hong Kong	DNS	45 - 49

45 - 49 - Female

	Pos	No	Name	Country	Time	Category
☐	1	15572	Chloe BUNNETT	Spain	02:37:07	45 - 49
☐	2	555	Sharon ARMSTRONG	South Africa	02:45:29	45 - 49
☐	3	76968	Lyn BENNETT	South Africa	03:25:37	45 - 49
☐	4	1772	Karen FIELD	South Africa	03:33:04	45 - 49
☐	5	15617	Yvonne VENTER	United Arab Emirates (the)	03:38:13	45 - 49

Results signed off by	
Name	
Time	
Signature	

50 - 54 - Male

	Pos	No	Name	Country	Time	Category
☐	1	5118	Paul MARAIS	South Africa	02:22:29	50 - 54
☐	2	77148	Shaine MCALISTER	South Africa	02:26:21	50 - 54
☐	3	9985	Brad PEARSE	South Africa	02:27:05	50 - 54
☐	4	15365	Julian NORTON-SMITH	Australia	02:27:07	50 - 54
☐	5	6797	Jason EKSTRAND	South Africa	02:28:24	50 - 54
☐	6	15419	Julien TORREGROSSA	French Polynesia	02:31:57	50 - 54
☐	7	15454	Thomas ZACHERT	Germany	02:32:02	50 - 54
☐	8	1187	Barry PAINTING	South Africa	02:32:49	50 - 54
☐	9	8405	Warren VALENTINE	South Africa	02:33:14	50 - 54
☐	10	2782	Willem ERASMUS	South Africa	02:33:22	50 - 54
☐	11	6163	Wim VAN HERZEELE	South Africa	02:33:25	50 - 54
☐	12	15502	Filipe BESADA PORTO	Spain	02:34:58	50 - 54
☐	13	6769	Jonathan MAEHLER	South Africa	02:35:02	50 - 54
☐	14	7061	Malcolm PITT	South Africa	02:36:53	50 - 54
☐	15	4325	Andre STRYDOM	South Africa	02:38:00	50 - 54
☐	16	15349	Michael MANTON	Australia	02:38:39	50 - 54
☐	17	8129	Lee FURBY	South Africa	02:38:49	50 - 54
☐	18	5679	Fanta GOUS	South Africa	02:39:34	50 - 54
☐	19	961	Gareth MILES	South Africa	02:40:41	50 - 54
☐	20	5149	Crispin THOMPSON	South Africa	02:40:45	50 - 54
☐	21	15441	Tadhg DE BARRA	Ireland	02:40:49	50 - 54
☐	22	15420	Greg REDMAN	Canada	02:41:23	50 - 54
☐	23	15432	Raffaele BROTZU	Australia	02:42:06	50 - 54
☐	24	6327	Lance HOWARTH	South Africa	02:42:43	50 - 54
☐	25	8572	Marc STANTON	South Africa	02:43:48	50 - 54
☐	26	559	Grant FOWLDS	South Africa	02:43:58	50 - 54
☐	27	15513	Giuliano REMELLI	Italy	02:44:59	50 - 54
☐	28	9192	Clinton WISSEKERKE	South Africa	02:45:07	50 - 54
☐	29	15462	Alexandre DE MIRANDA	Brazil	02:45:17	50 - 54
☐	30	5890	John GROBLER	South Africa	02:45:55	50 - 54
☐	31	5503	Anton CARTWRIGHT	South Africa	02:48:20	50 - 54
☐	32	15344	Nick HIBBERD	GBR	02:49:00	50 - 54
☐	33	96467	Etienne HUBERT	South Africa	02:49:22	50 - 54
☐	34	9666	Justin GILLMER	South Africa	02:50:12	50 - 54
☐	35	50304	Tim POWELL	South Africa	02:50:31	50 - 54
☐	36	12584	David COBBOLD	South Africa	02:52:12	50 - 54
☐	37	12080	Marco VALLE	South Africa	02:53:06	50 - 54
☐	38	5621	Jean TRESFON	South Africa	02:53:27	50 - 54
☐	39	15590	Mario FERREIRA DE QUEIROZ	South Africa	02:56:51	50 - 54
☐	40	1194	Chris CARNEGIE	South Africa	02:57:14	50 - 54
☐	41	15458	Graeme RAMSAY	Canada	02:58:33	50 - 54
☐	42	24	Bradley COUCOM	South Africa	02:59:54	50 - 54
☐	43	2100	Sheldon BAKER	South Africa	03:07:35	50 - 54
☐	44	8811	David MAEHLER	South Africa	03:09:43	50 - 54
☐	45	14386	Derick PAUL VOSLOO	South Africa	03:12:04	50 - 54
☐	46	94505	Allan WORMS	South Africa	03:17:31	50 - 54
☐	47	60227	Rohan THEUNISSEN	South Africa	03:19:05	50 - 54

Results signed off by	
Name	
Time	
	Signature

☐	48	15340	Rob HARLEY	GBR	03:22:14	50 - 54
☐	49	460	David THOMPSON	South Africa	03:26:03	50 - 54
☐		95215	Shaun BURGIN	South Africa	DNS	50 - 54
☐		9657	Richard LOWE	South Africa	DNS	50 - 54
☐		6514	Shane MILLWARD	South Africa	DNS	50 - 54
☐		15384	Matthew O'GAREY	Australia	DNS	50 - 54
☐		15486	Ying HO LAW	Hong Kong	DNS	50 - 54
☐		456	Sean UYS	South Africa	DNS	50 - 54

50 - 54 - Female

	Pos	No	Name	Country	Time	Category
☐	1	15394	Wendy WILSON /REYNTJES	Australia	02:37:19	50 - 54
☐	2	15501	Amaia OSABA OLABERRI	Spain	02:43:36	50 - 54
☐	3	60252	Raquel ARCEDIANO LABAJO	Spain	02:56:12	50 - 54
☐	4	15409	Linda DAVIS	Australia	03:03:22	50 - 54
☐	5	13998	Claire SPRING	South Africa	03:40:19	50 - 54
☐		15368	Linda JACKSON	Australia	DNS	50 - 54

Results signed off by	
Name	Signature
Time	

55 - 59 - Male

	Pos	No	Name	Country	Time	Category
☐	1	15404	Todd BORELAND	Australia	02:24:36	55 - 59
☐	2	15375	Tim ALTMAN	Australia	02:24:53	55 - 59
☐	3	8640	Quinton RUTHERFORD	South Africa	02:27:36	55 - 59
☐	4	15391	Bruce HOPKINS	Australia	02:28:25	55 - 59
☐	5	15424	Steven COULTER	Australia	02:28:26	55 - 59
☐	6	7278	Steve COHEN	South Africa	02:30:56	55 - 59
☐	7	15422	Roland LEBEAU	France	02:32:34	55 - 59
☐	8	15410	Gilles GUEDIKIAN	French Polynesia	02:32:49	55 - 59
☐	9	15386	Tanton OLIVIER	France	02:34:19	55 - 59
☐	10	6992	Rowan MATTHEWS	South Africa	02:34:55	55 - 59
☐	11	8612	Bryce HATTON	South Africa	02:35:02	55 - 59
☐	12	1458	Lance WYLY	South Africa	02:36:42	55 - 59
☐	13	15455	Markus GEISELHART	Germany	02:37:20	55 - 59
☐	14	9454	Grant SMITH	South Africa	02:37:34	55 - 59
☐	15	8240	Peter WATT	South Africa	02:37:35	55 - 59
☐	16	6994	Michel DE RAUVILLE	South Africa	02:38:07	55 - 59
☐	17	15393	Paul MOSES	Australia	02:39:03	55 - 59
☐	18	4054	Russell SEYMOUR	South Africa	02:40:00	55 - 59
☐	19	15383	Mark HUTSON	Australia	02:42:00	55 - 59
☐	20	12007	Benjamin COCKRAM	South Africa	02:43:06	55 - 59
☐	21	5269	Martin DREYER	South Africa	02:43:28	55 - 59
☐	22	15359	Jan LUPINSKI	Poland	02:44:24	55 - 59
☐	23	15435	João VILAÇA	South Africa	02:44:25	55 - 59
☐	24	7427	Stuart ROBERTS	South Africa	02:44:43	55 - 59
☐	25	15425	Petri HUJU	Finland	02:44:57	55 - 59
☐	26	14960	Gautier OLIVIER	France	02:45:12	55 - 59
☐	27	8106	Perry COBBOLD	South Africa	02:45:13	55 - 59
☐	28	61174	Duncan CARTWRIGHT	South Africa	02:45:41	55 - 59
☐	29	1573	Michael STEWART	South Africa	02:46:31	55 - 59
☐	30	60868	Skye PRATO	South Africa	02:48:26	55 - 59
☐	31	15445	Renaud DE CHASTEAUNEUF	Ivory Coast	02:49:05	55 - 59
☐	32	40008	Chris DE VILLIERS	South Africa	02:50:50	55 - 59
☐	33	1402	Bradley FISHER	South Africa	02:52:02	55 - 59
☐	34	15684	Jim MORRISSEY	Ireland	02:52:10	55 - 59
☐	35	599	Daryn BROWN	South Africa	02:52:15	55 - 59
☐	36	50602	Bennie STEYN	South Africa	02:52:26	55 - 59
☐	37	14817	Howard THOMSON	South Africa	02:53:10	55 - 59
☐	38	15333	Andreas KARETSOS	Greece	02:53:44	55 - 59
☐	39	50794	Michael THORPE	South Africa	02:54:48	55 - 59
☐	40	9658	Greg PHILPS	South Africa	02:56:18	55 - 59
☐	41	97876	Brandon JACKSON	South Africa	02:57:51	55 - 59
☐	42	70601	Philip PEARTON	South Africa	03:02:18	55 - 59
☐	43	7561	Tjaart COETZEE	South Africa	03:05:51	55 - 59
☐	44	9457	Trevor MAHER	South Africa	03:08:06	55 - 59
☐	45	242	Paul FAY	South Africa	03:09:30	55 - 59
☐	46	10397	Riyaz SADER	South Africa	03:31:54	55 - 59
☐	47	15434	Carlos SALES	Mozambique	04:05:48	55 - 59

☐	48	1499	Robert MACFARLANE	South Africa	04:48:34	55 - 59
☐		3357	Wally FISHER	South Africa	DNS	55 - 59
☐		7560	Neels MEYER	South Africa	DNS	55 - 59
☐		15465	Michael DOBLER	Germany	DNS	55 - 59
☐		5283	Andrew HARDIE	South Africa	DNF	55 - 59
☐		15372	Tim MUNRO	Australia	DNS	55 - 59
☐		8701	Gary O'CONNOR	South Africa	DNS	55 - 59

55 - 59 - Female

	Pos	No	Name	Country	Time	Category
☐	1	15317	Claudia ANN TARR	Hong Kong	03:05:39	55 - 59
☐	2	60680	Tracey NUSS	South Africa	03:09:32	55 - 59
☐	3	14840	Monika GOLUCH	South Africa	03:19:26	55 - 59
☐	4	15379	Tricia GILBERT	Australia	03:26:13	55 - 59
☐	5	15491	Pik YUK JULIE YU	Hong Kong	03:36:48	55 - 59

Results signed off by	
Name	
Time	
	Signature

60 - 64 - Male

Pos	No	Name	Country	Time	Category
☐	1	7500 Herman CHALUPSKY	South Africa	02:22:48	60 - 64
☐	2	345 Murray SMITH	South Africa	02:28:38	60 - 64
☐	3	15382 Scott WOOD	GBR	02:29:17	60 - 64
☐	4	7499 Anton FOUCHE	South Africa	02:33:36	60 - 64
☐	5	5624 Robert HART	South Africa	02:33:38	60 - 64
☐	6	4525 Hennie ROOS	South Africa	02:36:30	60 - 64
☐	7	15371 Brett LEVINGS	Australia	02:37:19	60 - 64
☐	8	35035 Rob HANSEN	South Africa	02:38:00	60 - 64
☐	9	5432 Anton HOLTZHAUSEN	South Africa	02:39:02	60 - 64
☐	10	5756 Mike SCHWAN	South Africa	02:39:33	60 - 64
☐	11	15452 Roy FIELDUS	GBR	02:39:46	60 - 64
☐	12	14949 Marc GUESSARD	France	02:40:03	60 - 64
☐	13	15314 Oz BESTEL	Australia	02:40:05	60 - 64
☐	14	15401 Aidan SHIPTON	Australia	02:42:24	60 - 64
☐	15	4110 Andrew BEVERIDGE	South Africa	02:42:46	60 - 64
☐	16	15378 Brett GREENWOOD	Australia	02:43:06	60 - 64
☐	17	89991 Patrick HEMMENS	South Africa	02:43:40	60 - 64
☐	18	7522 Eric HILDEBRANDT	South Africa	02:45:41	60 - 64
☐	19	15504 Ruperto CASANAS	Spain	02:45:47	60 - 64
☐	20	3093 Marc DESCOINS	South Africa	02:46:49	60 - 64
☐	21	50624 Michael MACLACHLAN	South Africa	02:46:59	60 - 64
☐	22	15447 Marama HAUATA	French Polynesia	02:49:14	60 - 64
☐	23	3333 Andreas VAN TONDER	South Africa	02:51:07	60 - 64
☐	24	14834 Stuart KNAGGS	Sint Maarten	02:51:10	60 - 64
☐	25	15518 Francisco JOSE MARCO BERTOMEU	South Africa	02:52:25	60 - 64
☐	26	15433 Calum URQUHART	GBR	02:54:30	60 - 64
☐	27	6377 Doug MCCREADY	South Africa	02:56:30	60 - 64
☐	28	15330 Stephen MAJOR	Australia	02:57:06	60 - 64
☐	29	15480 Sylvio CARVALHO	South Africa	03:01:00	60 - 64
☐	30	3422 Dirk LABUSCHAGNE	South Africa	03:01:01	60 - 64
☐	31	5318 Mias VAN DER WESTHUYZEN	South Africa	03:01:42	60 - 64
☐	32	70839 Gavin BOTHA	South Africa	03:01:59	60 - 64
☐	33	5105 Neil BAILEY	South Africa	03:02:15	60 - 64
☐	34	15528 Pedro ANTONIO GONZALO ALMODÓVAR	South Africa	03:03:46	60 - 64
☐	35	6791 Chris HARBURN	South Africa	03:03:56	60 - 64
☐	36	14932 Arnaud DELERIVE	France	03:04:10	60 - 64
☐	37	6900 Bruce PENDER-SMITH	South Africa	03:05:10	60 - 64
☐	38	5133 Robbie BESTER	South Africa	03:06:31	60 - 64
☐	39	3051 Ronald PRONK	South Africa	03:09:18	60 - 64
☐	40	2112 Andrew WALLER	South Africa	03:09:49	60 - 64
☐	41	430 Quintus VAN DER MERWE	South Africa	03:10:16	60 - 64
☐	42	7481 David GWYNN	South Africa	03:13:42	60 - 64
☐	43	15396 Remy MARTRENCAR	France	03:17:26	60 - 64
☐	44	8100 Donald VOYSEY	South Africa	03:28:24	60 - 64
☐	45	15567 Alan HUNTER	GBR	03:28:43	60 - 64
☐	46	70606 Greig NILSEN	South Africa	03:29:07	60 - 64
☐	47	2906 Peter GEACH	South Africa	03:31:36	60 - 64

☐	48	1446	Danny HANF	South Africa	03:38:30	60 - 64
☐		7571	Russell SOLOMON	South Africa	DNS	60 - 64
☐		1463	Raoul GOOSEN	South Africa	DNS	60 - 64
☐		6222	Glenn HILLIAR	South Africa	DNS	60 - 64

60 - 64 - Female

	Pos	No	Name	Country	Time	Category
☐	1	5614	Lis HART	South Africa	03:04:40	60 - 64
☐	2	14933	Catherine DELERIVE	France	03:11:01	60 - 64
☐	3	12513	Michelle GREGORY	South Africa	03:13:01	60 - 64
☐	4	13549	Lucia MURRAY	South Africa	03:31:24	60 - 64
☐		15570	Maria ERNESTINA FERREIRA DA MATTA	Brazil	DNS	60 - 64

65 - 69 - Male

	Pos	No	Name	Country	Time	Category
☐	1	15583	Greg BARTON	United States of America (tho)	02:31:08	65 - 69
☐	2	15389	Shaun RICE	Australia	02:32:07	65 - 69
☐	3	8771	Linton HOPE	South Africa	02:35:45	65 - 69
☐	4	2106	Simon WILLMOTT	South Africa	02:41:54	65 - 69
☐	5	5793	Willem VAN DER WESTHUYZEN	South Africa	02:42:25	65 - 69
☐	6	6409	Gordon SPALDING	South Africa	02:46:06	65 - 69
☐	7	5665	Daantjie MALAN	South Africa	02:47:02	65 - 69
☐	8	60848	Wally BODIN	South Africa	02:48:23	65 - 69
☐	9	15337	Leif DAVIDSSON	Sweden	02:49:12	65 - 69
☐	10	398	Gary BRUMMER	South Africa	02:49:32	65 - 69
☐	11	7663	Guy SEARLE	South Africa	02:49:45	65 - 69
☐	12	15569	Maurizio TOGNACCI	Italy	02:50:24	65 - 69
☐	13	7323	John EDMONDS	South Africa	02:51:43	65 - 69
☐	14	8813	Don GOBEY	South Africa	02:51:59	65 - 69
☐	15	15483	Rick MCWHIRTER	Australia	02:52:11	65 - 69
☐	16	10023	Chris VISSER	South Africa	02:54:00	65 - 69
☐	17	15328	Andreas BOHNSACK	Malta	02:56:25	65 - 69
☐	18	6324	Peter MANNING	South Africa	02:56:44	65 - 69
☐	19	15565	Rowan SAMPSON	United States of America (tho)	02:57:56	65 - 69
☐	20	6346	Dave HARKER	South Africa	02:59:33	65 - 69
☐	21	70828	Robert STRACHAN	South Africa	03:00:48	65 - 69
☐	22	14229	Brian WHEAL	South Africa	03:04:27	65 - 69
☐	23	15564	Philip NYE	GBR	03:06:41	65 - 69
☐	24	8397	Nigel STEVENS	South Africa	03:07:11	65 - 69
☐	25	8912	Paul TAIT	South Africa	03:11:13	65 - 69
☐	26	5155	Graham ROWE	South Africa	03:13:10	65 - 69
☐	27	9058	Ralph WHITING	South Africa	03:17:11	65 - 69
☐	28	8766	Brian KERNICK	South Africa	03:31:49	65 - 69
☐	29	4549	Brian WILSON	South Africa	03:36:02	65 - 69
☐		15418	Richard HOWES	South Africa	DNS	65 - 69
☐		15369	Kim BINGHAM	Australia	DNS	65 - 69
☐		40010	Anthony LUBNER	South Africa	DNS	65 - 69
☐		5216	Nick ROCKEY	South Africa	DNS	65 - 69

Results signed off by	
Name	
Time	
	Signature

65 - 69 - Female

Pos	No	Name	Country	Time	Category
☐	1	12855 Cherry ARMSTRONG	South Africa	03:31:01	65 - 69

70 - 74 - Male

Pos	No	Name	Country	Time	Category
☐	1	7048 Mat CARLISLE	South Africa	02:34:19	70 - 74
☐	2	6635 Mark LEWIN	South Africa	02:49:50	70 - 74
☐	3	15390 Muz LATHAM	Australia	02:54:14	70 - 74
☐	4	7078 Buckey SYMONS	South Africa	02:54:17	70 - 74
☐	5	4533 Russell KEET	South Africa	03:02:26	70 - 74
☐	6	1584 Graham HOLM	South Africa	03:02:56	70 - 74
☐	7	9734 Mark KELLY	South Africa	03:08:57	70 - 74
☐	8	6672 Mike BORLAND	South Africa	03:09:42	70 - 74
☐	9	6652 Rob DRUMMOND	South Africa	03:10:34	70 - 74
☐	10	15341 Stuart SHERMAN	GBR	03:11:40	70 - 74
☐	11	15312 Terry FOX	Australia	03:11:47	70 - 74
☐	12	50118 Lodewyk RABIE	South Africa	03:19:57	70 - 74
☐	13	2119 Gary RALPH	South Africa	03:29:16	70 - 74
☐	14	9900 Vernon O'CONNELL	South Africa	04:08:48	70 - 74
☐		8337 Dave BUTTON	South Africa	DNS	70 - 74
☐		5109 Adie DE KOCK	South Africa	DNF	70 - 74
☐		7763 Murray MACKENZIE	South Africa	DNS	70 - 74
☐		60267 Mark DRUMMOND	South Africa	DNS	70 - 74
☐		7700 Alan FRANCE	South Africa	DNS	70 - 74
☐		1034 Peter O'CONNOR	South Africa	DNS	70 - 74
☐		1866 Nigel HARVEY	South Africa	DNS	70 - 74
☐		7453 Allan HOLD	South Africa	DNS	70 - 74

75 - 79 - Male

Pos	No	Name	Country	Time	Category
☐	1	8244 Mike HALLIDAY	South Africa	02:59:17	75 - 79
☐	2	15556 Bill RIDDERHOF	Australia	03:16:32	75 - 79
☐	3	600 Mike STAPHORST	South Africa	03:23:10	75 - 79
☐	4	70264 Kevin OLIVER	South Africa	03:28:05	75 - 79

80+ - Male

Pos	No	Name	Country	Time	Category
☐	1	90792 Paul CHALUPSKY	South Africa	04:12:55	80+