Time Tuesday -1 6:00am OPEN TRAINNING 7:45am WAVE CLOSED 8:00am OC1 - Heat 1 Break 10:00am K1WJ - Heat 1 K1WJ - Heat 2 Break 12:00pm K1MJ - Heat 1 K1MJ - Heat 1 K1MJ - Heat 2

K1MJ - Heat 3

15:30 pm K1MS Training heats 1-3

16:30 pm K1MS Training heats 4-6

17:30 pm K1MS Training heats 7-8

15:00 pm WAVE CLOSED

18:15 pm **OPEN TRAINING**

Time Wednesday - 2 6:00am **OPEN TRAINING** 7:45am WAVE CLOSED 8:00am K1MS - Heat 1 K1MS - Heat 2 K1MS - Heat 3 11:00am Break 11:30am K1MS - Heat 4 K1MS - Heat 5 K1MS - Heat 6 14:30pm Break 15:00pm K1MS - Heat 7 K1MS - Heat 8 17:00pm WAVE CLOSED 17:30pm K1WS Training heats 1-2 18:15pm K1WS Training heats 3-4 19:00pm C1 Training heats 1-2 19:45pm **OPEN TRAINING**

Time Thursday - 3 6:00am **OPEN TRAINING** 7:45am WAVE CLOSED 8:00am K1WS - Heat 1 K1WS - Heat 2 K1WS - Heat 3 K1WS - Heat 4 12:00pm Break 13:00pm C1 - Heat 1 C1 - Heat 2 15:00pm WAVE CLOSED 15:30pm K1MS training heats 1-2 16:00pm K1MS training heats 3-4 16:30pm K1WJ heats 1-2 17:00pm K1MJ heats 1-2 17:30pm C1 heats 1-2 18:00pm K1WS heats 1-2 18:30pm OPEN TRAINING

6:00am **OPEN TRAINING** 7:45am WAVE CLOSED 8:00am K1MS - Heat 1 8:45am K1MS - Heat 2 9:30am K1MS - Heat 3 10:15am K1MS - Heat 4 11:00am Break 11:30am K1WJ - Heat 1 12:00pm K1WJ - Heat 2 12:30pm K1MJ - Heat 1 13:00pm K1MJ - Heat 2 13:30pm Break 14:00pm C1 - Heat 1 14:30pm C1 - Heat 2 15:00pm K1WS - Heat 1 15:30pm K1WS - Heat 2 16:00pm Break 16:30pm K1MS - Heat 1 17:00pm K1MS - Heat 2 17:30pm WAVE CLOSED 18:00pm Oc1 Training 18:30pm K1WJ Training 19:00pm K1MJ Training 19:30pm C1 Training 20:00pm K1WS training 20:30pm K1MS trainning 21:00pm OPEN TRAINING

Time Friday - 4

Time Saturday - 8
6:00am OPEN TRAINING

8:45am WAVE CLOSED
9:00am OC1 - FINAL
9:50am Break
10:045am Break
11:30am K1MJ - FINAL
12:15pm Break
12:30pm C1 - FINAL
13:15pm Break
14:00pm K1WS - FINAL
14:45pm Break
15:00pm K1MS - FINAL

Trainning slots