

Start	Finish	Thursday 03 July 2025	Number of Slots	Interval	Elapsed Time
05:50:00	07:00:00	Water on / water level stabilized	1	01:10:00	01:10:00
<b>OFFICIAL TRAINING</b>					
07:00:00	17:00:00	CSL - Training sessions	12	00:50:00	10:00:00
		Interval			00:30:00
17:30:00	20:30:00	Kayak Cross - Training sessions	4	00:45:00	03:00:00
20:30:00	20:35:00	Water off	1	00:05:00	00:05:00
Start	Finish	Friday 04 July 2025	Number of Slots	Interval	Elapsed Time
05:50:00	07:00:00	Water on / water level stabilized	1	01:10:00	01:10:00
<b>OFFICIAL TRAINING</b>					
07:00:00	10:00:00	Kayak Cross - Training sessions	4	00:45:00	03:00:00
		Interval			00:30:00
10:30:00	20:30:00	CSL - Training sessions	12	00:50:00	10:00:00
20:30:00	20:35:00	Water off	1	00:05:00	00:05:00
Start	Finish	Saturday 05 July 2025	Number of Slots	Interval	Elapsed Time
05:50:00	07:00:00	Water on / water level stabilized	1	01:10:00	01:10:00
<b>OFFICIAL TRAINING</b>					
07:00:00	17:00:00	CSL - Training sessions	12	00:50:00	10:00:00
		Interval			00:30:00
17:30:00	20:30:00	Kayak Cross - Training sessions	4	00:45:00	03:00:00
20:30:00	20:35:00	Water off	1	00:05:00	00:05:00
<b>TEAM LEADERS MEETING</b>					
20:40:00	21:40:00	CSL - Team Leaders Meeting	1	01:00:00	01:00:00
Start	Finish	Sunday 06 July 2025	Number of Slots	Interval	Elapsed Time
05:50:00	07:00:00	Water on / water level stabilized	1	01:10:00	01:10:00
<b>OFFICIAL TRAINING</b>					
07:00:00	18:00:00	CSL - Training sessions	12	00:55:00	11:00:00
18:00:00	18:05:00	Water off	1	00:05:00	00:05:00
<b>OPENING CEREMONY</b>					
18:30:00	19:30:00	Opening ceremony	1	01:00:00	01:00:00
Start	Finish	Monday 07 July 2025	Number of Slots	Interval	Elapsed Time
05:50:00	07:00:00	Water on / water level stabilized	1	01:10:00	01:10:00
<b>OFFICIAL TRAINING</b>					
07:00:00	15:00:00	CSL - Training sessions	12	00:40:00	08:00:00
<b>KAYAK CROSS INDIVIDUAL COURSE CONSTRUCTION</b>					
15:00:00	16:00:00	Kayak Cross - Course construction & setting	1	01:00:00	01:00:00
<b>TVS MEETING</b>					
15:30:00	16:15:00	TVS briefing - NF Tent Area	1	00:45:00	00:45:00
<b>OFFICIAL TRAINING</b>					
16:00:00	16:30:00	Full length demo run & rehearsal	1	00:30:00	00:30:00
16:30:00	19:30:00	Kayak Cross - Training sessions	4	00:45:00	03:00:00
19:30:00	19:30:00	Water OFF	1	00:00:00	00:00:00

Start	Finish	Tuesday 08 July 2025	Number of Slots	Interval	Elapsed Time
06:50:00	08:00:00	Water on / water level stabilized	1	01:10:00	01:10:00
<b>OFFICIAL TRAINING</b>					
08:00:00	12:00:00	Kayak Cross - Training sessions	4	01:00:00	04:00:00
<b>ITO MEETING</b>					
09:00:00	10:00:00	First ITO Meeting	1	01:00:00	01:00:00
<b>KAYAK CROSS INDIVIDUALS</b>					
11:30:00	11:33:20	Forerunners	4	00:00:50	00:03:20
		Interval			00:06:00
11:45:00	12:27:30	Women's Kayak Cross Individual - U23	51	00:00:50	00:42:30
		Interval			00:03:00
12:47:50	14:02:50	Men's Kayak Cross Individual - U23	90	00:00:50	01:15:00
		Interval			00:03:00
14:05:50	14:50:00	Women's Kayak Cross Individual - Junior	53	00:00:50	00:44:10
		Interval			00:03:00
14:53:00	16:06:20	Men's Kayak Cross Individual - Junior	88	00:00:50	01:13:20
		Interval			00:08:40
<b>KAYAK CROSS INDIVIDUALS - MEDALS CEREMONIES</b>					
16:15:00	16:21:00	Women's Kayak Cross Individual - U23 - Medals ceremony	1	00:06:00	00:06:00
		Interval			00:01:00
16:22:00	16:28:00	Men's Kayak Cross Individual - U23 - Medals ceremony	1	00:06:00	00:06:00
		Interval			00:01:00
16:29:00	16:35:00	Women's Kayak Cross Individual - Junior - Medals ceremony	1	00:06:00	00:06:00
		Interval			00:01:00
16:36:00	16:42:00	Men's Kayak Cross Individual - Junior - Medals ceremony	1	00:06:00	00:06:00
<b>HEATS COURSE CONSTRUCTION</b>					
16:00:00	18:00:00	Course construction	1	02:00:00	02:00:00
17:00:00	18:00:00	Course Tuning with demonstration runners	1	01:00:00	01:00:00
18:00:00	18:10:00	Course review with technical manager	1	00:10:00	00:10:00
18:10:00	18:20:00	Course approval	1	00:10:00	00:10:00
		Interval			00:25:00
18:45:00	19:01:00	Full length demo run & rehearsal	8	00:02:00	00:16:00
		Interval			00:59:00
20:00:00	20:00:00	Water OFF	1	00:00:00	00:00:00

Start	Finish	Wednesday 09 July 2025	Number of Slots	Interval	Elapsed Time
05:50:00	07:00:00	Water on / water level stabilized	1	01:10:00	01:10:00
<b>HEATS - KAYAK - U23</b>					
08:45:00	08:49:00	Forerunners	4	00:01:00	00:04:00
		Interval			00:11:00
09:00:00	09:54:00	WK1 U23	54	00:01:00	00:54:00
		Interval			00:06:00
10:00:00	11:29:00	MK1 U23	89	00:01:00	01:29:00
		Interval			00:16:00
<b>HEATS - KAYAK - JUNIOR</b>					
11:45:00	12:38:00	WK1 Junior - 1st Run	52	00:01:00	00:52:00
		Interval			00:05:00
12:43:00	14:05:00	MK1 Junior - 1st Run	82	00:01:00	01:22:00
		Interval			00:55:00
<b>TEAM EVENTS - KAYAK</b>					
15:00:00	15:02:30	Forerunners	1	00:02:30	00:02:30
		Interval			00:12:30
15:15:00	15:45:00	WK1 U23 Teams	12	00:02:30	00:30:00
		Interval			00:05:30
15:50:30	17:03:00	MK1 U23 Teams	29	00:02:30	01:12:30
		Interval			00:05:00
17:08:00	17:38:00	WK1 JUN Teams	12	00:02:30	00:30:00
		Interval			00:05:00
17:43:00	18:33:00	MK1 JUN Teams	20	00:02:30	00:50:00
		Interval			00:12:00
<b>TEAM EVENTS KAYAK - MEDALS CEREMONIES</b>					
18:45:00	18:51:00	WK1 U23 Teams - Medals ceremony	1	00:06:00	00:06:00
		Interval			00:01:00
18:52:00	18:58:00	MK1 U23 Teams - Medals ceremony	1	00:06:00	00:06:00
		Interval			00:01:00
18:59:00	19:05:00	WK1 JUN Teams - Medals ceremony	1	00:06:00	00:06:00
		Interval			00:01:00
19:06:00	19:12:00	MK1 JUN Teams - Medals ceremony	1	00:06:00	00:06:00
18:45:00	18:45:00	Water OFF	1	00:05:00	00:05:00

Start	Finish	Thursday 10 July 2025	Number of Slots	Interval	Elapsed Time
05:50:00	07:00:00	Water on / water level stabilized	1	01:10:00	01:10:00
<b>HEATS - CANOE - U23</b>					
08:45:00	08:49:00	Forerunners	4	00:01:00	00:04:00
		Interval			00:11:00
09:00:00	09:44:00	WC1 U23 - 1st Run	44	00:01:00	00:44:00
		Interval			00:05:00
09:49:00	10:37:00	MC1 U23 - 1st Run	48	00:01:00	00:48:00
		Interval			00:16:00
<b>HEATS - CANOE - JUNIOR</b>					
10:53:00	11:26:00	WC1 Junior - 1st Run	33	00:01:00	00:33:00
		Interval			00:05:00
11:32:00	12:26:00	MC1 Junior - 1st Run	53	00:01:00	00:53:00
		Interval			01:34:00
<b>TEAM EVENTS - CANOE</b>					
14:00:00	14:02:30	Forerunners	1	00:02:30	00:02:30
		Interval			00:12:30
14:15:00	14:40:00	WC1 U23 Teams	10	00:02:30	00:25:00
		Interval			00:05:30
14:45:30	15:23:00	MC1 U23 Teams	15	00:02:30	00:37:30
		Interval			00:06:30
15:29:30	15:52:00	WC1 Junior Teams	9	00:02:30	00:22:30
		Interval			00:05:30
15:57:30	16:25:00	MC1 Junior Teams	11	00:02:30	00:27:30
		Interval			02:20:00
<b>TEAM EVENTS - MEDALS CEREMONIES</b>					
16:35:00	16:41:00	WC1 U23 Teams - Medals ceremony	1	00:06:00	00:06:00
		Interval			00:01:00
16:42:00	16:48:00	MC1 U23 Teams - Medals ceremony	1	00:06:00	00:06:00
		Interval			00:01:00
16:49:00	16:55:00	WC1 Junior Teams - Medals ceremony	1	00:06:00	00:06:00
		Interval			00:01:00
16:56:00	17:02:00	MC1 Junior Teams - Medals ceremony	1	00:06:00	00:06:00
<b>SEMI FINAL &amp; FINAL COURSE MODIFICATION</b>					
16:30:00	17:15:00	Course modification	1	00:45:00	00:45:00
17:10:00	17:40:00	Course Tuning with demonstration runners	1	00:30:00	00:30:00
17:40:00	17:45:00	Course review with technical manager	1	00:05:00	00:05:00
17:45:00	17:50:00	Course approval	1	00:05:00	00:05:00
		Interval			00:10:00
18:00:00	18:16:00	Full length demo run & rehearsal	8	00:02:00	00:16:00
		Interval			00:44:00
19:00:00	19:00:00	Water OFF	1	00:00:00	00:00:00

Start	Finish	Friday 11 July 2025	Number of Slots	Interval	Elapsed Time
05:50:00	07:00:00	Water on / water level stabilized	1	01:10:00	01:10:00
<b>SEMI FINAL &amp; FINAL - KAYAK - U23</b>					
08:45:00	08:51:00	Forerunners	4	00:01:30	00:06:00
		Interval			00:39:00
09:30:00	10:15:00	WK1 U23 - Semi-final	30	00:01:30	00:45:00
		Interval			00:05:00
10:20:00	11:05:00	MK1 U23 - Semi-final	30	00:01:30	00:45:00
		Interval			00:25:00
11:30:00	11:54:00	WK1 U23 Final	12	00:02:00	00:24:00
		Interval			00:05:00
11:59:00	12:23:00	MK1 U23 Final	12	00:02:00	00:24:00
		Interval			01:22:00
<b>SEMI FINAL &amp; FINAL - KAYAK - JUNIOR</b>					
13:45:00	13:51:00	Forerunners	4	00:01:30	00:06:00
		Interval			00:09:00
14:00:00	14:45:00	WK1 Jun - Semi-final	30	00:01:30	00:45:00
		Interval			00:05:00
14:50:00	15:35:00	MK1 Jun - Semi-final	30	00:01:30	00:45:00
		Interval			00:25:00
16:00:00	16:24:00	WK1 Jun Final	12	00:02:00	00:24:00
		Interval			00:05:00
16:29:00	16:53:00	MK1 Jun Final	12	00:02:00	00:24:00
		Interval			00:22:00
<b>MEDALS CEREMONIES - KAYAK EVENTS</b>					
17:15:00	17:20:00	WK1 U23 - Medals ceremony	1	00:05:00	00:05:00
		Interval			00:01:00
17:21:00	17:26:00	MK1 U23 - Medals ceremony	1	00:05:00	00:05:00
		Interval			00:01:00
17:27:00	17:32:00	WK1 Junior - Medals ceremony	1	00:05:00	00:05:00
		Interval			00:01:00
17:33:00	17:38:00	MK1 Junior - Medals ceremony	1	00:05:00	00:05:00
		Interval			00:22:00
18:00:00	18:00:00	Water OFF	1	00:00:00	00:00:00

Start	Finish	Saturday 12 July 2025	Number of Slots	Interval	Elapsed Time
05:50:00	07:00:00	Water on / water level stabilized	1	01:10:00	01:10:00
<b>SEMI FINAL &amp; FINAL - CANOE - U23</b>					
08:45:00	08:51:00	Forerunners	4	00:01:30	00:06:00
		Interval			<b>00:39:00</b>
09:30:00	10:15:00	WC1 U23 - Semi-final	30	00:01:30	00:45:00
		Interval			00:05:00
10:20:00	11:05:00	MC1 U23 - Semi-final	30	00:01:30	00:45:00
		Interval			00:25:00
11:30:00	11:54:00	WC1 U23 Final	12	00:02:00	00:24:00
		Interval			00:05:00
11:59:00	12:23:00	MC1 U23 Final	12	00:02:00	00:24:00
		Interval			01:22:00
<b>SEMI FINAL &amp; FINAL - CANOE - JUNIOR</b>					
13:45:00	13:51:00	Forerunners	4	00:01:30	00:06:00
		Interval			<b>00:09:00</b>
14:00:00	14:45:00	WC1 Jun - Semi-final	30	00:01:30	00:45:00
		Interval			00:05:00
14:50:00	15:35:00	MC1 Jun - Semi-final	30	00:01:30	00:45:00
		Interval			00:25:00
16:00:00	16:24:00	WC1 Jun Final	12	00:02:00	00:24:00
		Interval			00:05:00
16:29:00	16:53:00	MC1 Jun Final	12	00:02:00	00:24:00
		Interval			<b>00:22:00</b>
<b>MEDALS CEREMONIES - KAYAK EVENTS</b>					
17:15:00	17:20:00	WC1 U23 - Medals ceremony	1	00:05:00	00:05:00
		Interval			00:01:00
17:21:00	17:26:00	MC1 U23 - Medals ceremony	1	00:05:00	00:05:00
		Interval			00:01:00
17:27:00	17:32:00	WC1 Junior - Medals ceremony	1	00:05:00	00:05:00
		Interval			00:01:00
17:33:00	17:38:00	MC1 Junior - Medals ceremony	1	00:05:00	00:05:00
		Interval			<b>01:22:00</b>
19:00:00	19:00:00	Water OFF	1	00:00:00	00:00:00
<b>KAYAK CROSS COURSE CONSTRUCTION</b>					
17:00:00	18:00:00	KAYAK CROSS - Course construction & setting	1	01:00:00	01:00:00
18:00:00	18:30:00	Rehearsal	1	00:30:00	00:30:00
18:30:00	18:30:00	Water OFF	1	00:00:00	00:00:00

Start	Finish	Sunday 13 July 2025	Number of Slots	Interval	Elapsed Time
07:30:00	07:50:00	Water on / water level stabilized	1	00:20:00	00:20:00
		Interval			00:10:00
<b>OFFICIAL TRAINING</b>					
08:00:00	10:00:00	KAYAK CROSS Official training	2	01:00:00	02:00:00
		Interval			00:45:00
<b>KAYAK CROSS JUNIOR - ELIMINATION</b>					
10:45:00	10:51:00	Forerunners	2	00:03:00	00:06:00
		Interval			00:09:00
11:00:00	11:24:00	Women's Kayak Cross - Junior - Heats	8	00:03:00	00:24:00
11:24:00	11:48:00	Men's Kayak Cross - Junior - Heats	8	00:03:00	00:24:00
		Interval			00:02:00
11:50:00	12:02:00	Women's Kayak Cross - Junior - 1/4 Final	4	00:03:00	00:12:00
12:02:00	12:14:00	Men's Kayak Cross - Junior - 1/4 Final	4	00:03:00	00:12:00
		Interval			00:02:00
12:16:00	12:22:00	Women's Kayak Cross - Junior - 1/2 Final	2	00:03:00	00:06:00
12:22:00	12:28:00	Men's Kayak Cross - Junior - 1/2 Final	2	00:03:00	00:06:00
		Interval			00:06:00
12:34:00	12:37:00	Women's Kayak Cross - Junior - Final	1	00:03:00	00:03:00
		Interval			00:03:00
12:40:00	12:43:00	Men's Kayak Cross - Junior - Final	1	00:03:00	00:03:00
					01:17:00
<b>KAYAK CROSS U23 - ELIMINATION</b>					
14:00:00	14:24:00	Women's Kayak Cross - U23 - Heats	8	00:03:00	00:24:00
14:24:00	14:48:00	Men's Kayak Cross - U23 - Heats	8	00:03:00	00:24:00
		Interval			00:02:00
14:50:00	15:02:00	Women's Kayak Cross - U23 - 1/4 Final	4	00:03:00	00:12:00
15:02:00	15:14:00	Men's Kayak Cross - U23 - 1/4 Final	4	00:03:00	00:12:00
		Interval			00:02:00
15:16:00	15:22:00	Women's Kayak Cross - U23 - 1/2 Final	2	00:03:00	00:06:00
15:22:00	15:28:00	Men's Kayak Cross - U23 - 1/2 Final	2	00:03:00	00:06:00
		Interval			00:06:00
15:34:00	15:37:00	Women's Kayak Cross - U23 - Final	1	00:03:00	00:03:00
		Interval			00:03:00
15:40:00	15:43:00	Men's Kayak Cross - U23 - Final	1	00:03:00	00:03:00
					00:17:00
<b>MEDALS CEREMONIES - KAYAK CROSS &amp; CLOSING CEREMONY</b>					
16:00:00	16:05:00	Women's Kayak Cross-Junior - medals presentation	1	00:05:00	00:05:00
		Interval			00:01:00
16:06:00	16:11:00	Men's Kayak Cross-Junior - medals presentation	1	00:05:00	00:05:00
		Interval			00:01:00
16:12:00	16:17:00	Women's Kayak Cross-U23 - medals presentation	1	00:05:00	00:05:00
		Interval			00:01:00
16:18:00	16:23:00	Men's Kayak Cross-U23 - medals presentation	1	00:05:00	00:05:00
		Interval			00:01:00
16:24:00	16:27:00	NATIONS CUP & CLOSING CEREMONY	1	00:03:00	00:03:00
16:00:00	16:00:00	Water OFF	1	00:00:00	00:00:00