



19-24 SEPTEMBER 2023

LEE VALLEY WHITE WATER CENTRE

BULLETIN 3

SEPTEMBER 2023



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1 WELCOME



We look forward to welcoming you to Lee Valley for the 2023 ICF Canoe Slalom World Championships. Our aim is to provide athletes and team staff with all you need to perform at this important Championships. If we can help with anything at all please speak to one of the team.

Many thanks to our sponsors and event partners including the ICF, UK Sport and Lee Valley Regional Park Authority for their support in delivery of the event. And to our staff and volunteers who have put many hours into making this the best Championships possible.

We would like to wish all athletes the best of luck!

Many thanks



Gemma Wiggs
Event Director

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2 TEAM AREA

Please see at the back of the bulletin a venue map.

2.1 Boat Racking

Boat racking will be available from 6 September lakeside and in the team area.

2.2 Team Area

The Team Area will be open from 12 September for the Official Training and Competition weeks. In addition to individual/shared team spaces, in partnership with Red Bull, an Athlete Lounge will offer teams with an area to relax, refreshments and a screen to watch the action.

2.3 Team Tent Allocations

Team tent allocations will be confirmed on 11 September.

2.4 TVS

TVS will be provided in the team tents as per other events this season.

A TVS meeting will be held on Monday 18 September at 15:30 in the teams area.

More details will be provided in the Team Leaders meeting.

2.5 Sports Massage

During the competition week you can also make use of the sports massage service in the team area which is free of charge to all team personnel. The masseurs will be on site from 10:30 to 16:30. You can book a session or just turn up.

2.6 Wifi

Wifi is available throughout the venue. Just select The Cloud and sign up for free/login.

2.7 Drinking Water

In line with our sustainability programme, no single use bottles will be used on the event (apart from for Doping Control). All individuals are requested to bring their own refillable bottles. For accredited personnel a drinking water tap is located in the courtyard of the main building.

3 KAYAK CROSS

3.1 Kayak Cross course

The Kayak Cross course will start from the ramp and will finish at the same line as the Slalom finish.

3.2 Kayak Cross Training

Kayak Cross training will take 2 forms:

- Legacy Channel sessions: Available only to those athletes not entered for slalom events, all of whom must paddle Kayak Cross boats. These are scheduled on days when there is no Kayak Cross training on the Olympic course. Kayak Cross training on the Legacy Channel will be a small number of gates that will have to be set for each session by the coaches.
- Kayak Cross training on the Olympic course: There are a small number of sessions included in the official training schedule on the Olympic course, reflecting the focus for the athletes of slalom Olympic quota qualification. There will be a course set for each session, the gates must not be moved by coaches.

3.3 Kayak Cross Boats

Athletes can borrow, free of charge, Kayak Cross boats through sport information. Please note we have provided 8 boats in total so athletes may have to share.

Athletes are required to provide their own paddle, helmet and spray deck.

Nation stickers are required as per [ICF rules](#).

4 TEAM LEADERS MEETING

The Team Leaders meeting will take place on Saturday 16 September at 18:15 in the marquee on the Showground. Please exit the venue using the gate to the right of the teams area, cross the bridge and the marquee is on your right.

All nations must be represented at this meeting. A maximum of two persons per nation may attend. An agenda will be shared by the ICF using the whatsapp group prior to the meeting.

5 OPENING CEREMONY

The Opening Ceremony will take place on Sunday 17 September in Waltham Abbey, 5 minutes drive from the White Water Centre.

The running order for the event is:

- From 16:00 - Free parking available for teams in Cornmill Car Park (EN9 1RD), Waltham Abbey
- 17:00-17:30 - Teams asked to gather in Darby Drive Car Park (EN9 1EX)
- 17:30 - Athlete Parade through Waltham Abbey
 - All athletes and team staff can participate in the parade
 - Each nation must nominate an athlete to carry their flag (flags will be provided)
 - Local performers will line the route to entertain along the parade route
- 18:00 - Formal ceremony begins in Abbey Gardens
- 18:30 - Formal ceremony closes

All accredited personnel will be able to get a free ice cream from an ice cream van at the ceremony. Vouchers will be available from sports info and can be exchanged either before or after the ceremony.

In the event of wet weather, an indoor contingency is in place which will be communicated if required.

6 SPORT INFORMATION

6.1 Sport Information Opening Times

Sport Information will be open during the following times:

Monday 11 September	16:00-18:00
Tuesday 12 September	09:00-16:00
Wednesday 13 September	09:00-16:00
Thursday 14 September	09:00-16:00
Friday 15 September	09:00-16:00
Saturday 16 September	09:00-18:00
Sunday 17 September	09:00-16:30
Monday 18 September	09:00-18:00
Tuesday 19 September	09:00-17:30
Wednesday 20 September	09:00-16:30
Thursday 21 September	08:00-18:00
Friday 22 September	09:00-16:30
Saturday 23 September	09:00-16:00
Sunday 24 September	08:00-16:00

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6.2 Entry Verification, National anthem & flag sign off

Team Leaders are requested to visit Sport Information by Friday 15 September to approve their entries, sign off that the correct flag and national anthem is being used. In addition we will ask what accommodation you are staying should we need this information for emergency situations.

6.3 Passport Check

All Athletes will need to have their passports (or id card for some federations) checked prior to receiving their accreditation. For information regarding this process please contact Sue Natoli suenatoli@gmail.com.

6.4 Anti-Doping Education

Prior to receiving their accreditation all Athletes, Coaches and Team Staff need to have submitted their ADEL certificate as proof of completion of this course. If teams are unsure of their status please contact Sue Natoli for further info. The link to the programme is:

<https://www.canoeicf.com/anti-doping-education>

6.5 Accreditation Distribution

Teams can collect accreditation from Friday 15 September from the Accreditation Centre (subject to entries, payment, ADEL certificates and Passport checking are validated). Accreditation must be worn from Saturday 16 September.

7 TRAINING & COMPETITION BIB DISTRIBUTION

7.1 6-10 September Training Bib Distribution

Athletes will be issued with a specific coloured bib for the duration of the 6-10 September training week. Team leaders/athletes are requested to collect bibs from reception prior to their first session on 6 September and return it to reception on 10 September. Any missing or damaged bibs will be charged £20 per bib.

7.2 12-18 September Official Training Bib Distribution

Athletes will be issued with a specific coloured bib for the duration of the Official Training week. The Team Leader is requested to collect their team's training bibs from Sport Info from Monday 11 September 16:00-18:00 or from 09:00 on Tuesday 12 September.

All slalom athlete bibs must be returned on Monday 18 September after the team's training session. Should any bibs be missing, teams will be charged £20 per bib. Competition bibs will not be issued until all bibs are returned or the £20 per missing bib is paid.

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Athletes competing in Kayak Cross only can keep their training bib for the competition week to use on the legacy course training sessions. They must be returned to Sport Info by the end of Saturday 23 September.

7.3 Competition Bib Distribution

Team Leaders are requested to collect competition bibs from Sport Information on Monday 18 September. Athletes can keep their competition bib as a memento of the event.

8 BOAT STICKERS

All athletes are required to stick a Gill (Slalom World Championships sponsor) sticker on their boat. Stickers will be distributed with competition bibs via Sport Information.

Please note the updated ICF sticker guidelines:

https://www.canoeicf.com/sites/default/files/advertising_on_equipment_csl-v2_082023.pdf

For any athletes requiring athlete name or nation boat stickers we are able to print these as follows:

- 2 name stickers (one for each side) £20
- 1 Nation sticker £12.50

If you require this service please order and pay through Sport Information by 15 September. Stickers will be available to collect from Sport Information from 18 September after 14:00.

9 PARKING

From 6 to 24 September the parking cameras on the venue will be turned off. As such teams do not need to register their vehicle registration number at reception.

9.1 Parking During Training Weeks (6-18 September)

During the training weeks teams can park in any car park and space. Anyone parking on the grass will be fined.

9.2 Parking on Competition Days (19-24 September)

During the competition days (19-24 September) parking on the venue is limited. Each team will be issued with 1 parking pass to park on the venue. This will be issued by Sport Information with your competition bibs. You will be required to register a vehicle registration number for this pass (where teams wish to use the pass at different times for different vehicles, they can register multiple registration numbers).

Sport Information will issue teams with up to 4 additional passes to park in the Showground adjacent to the venue. Please note vehicles cannot be left overnight in the Showground.

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9.3 Trailers

During training weeks trailers can be parked in the Blue car park. Please park them neatly in the spaces. Please do not park trailers in the car park closest to the venue as we will be installing catering, toilets and marquees for the fan zone.

On Sunday 17 or Monday 18 September teams are required to move their trailers to Area 4 (the fenced area near the main entrance). Please drive carefully into this area as the ground is uneven and park the trailers as close to the gravel path as possible.

10 BICYCLE HIRE

Teams can hire bikes through Lee Valley Canoe Cycle, please contact bookings@lvcc.biz.

11 BUOYANCY AIDS

Buoyancy Aids/Personal Flotation Devices are mandatory for anyone over the rope line course side.

Anyone without a BA/PFD can hire them from reception.

Slalom coaches, athletes or team staff on the bank of the courses should wear appropriate personal protective equipment (PPE). This includes PDF, shoes and suitable clothing.

- Buoyancy Aids or Life Jackets should be fit for purpose.
- NRS Zephyr inflatable PFDs are not fit for use on Legacy course or Olympic course
- They should be the correct size for the person.
- They should be fitted correctly (Straps and buckles done up properly)
- Buoyancy aids shouldn't be adapted or changed in any way if they are worn on bank. E.g. Peak UK Racer ST cags that have been cut into a buoyancy aid are not appropriate)

12 VENUE RULES

At Lee Valley White Water Centre, we're proud to foster a positive and safe venue for users of all abilities to enjoy. To ensure the safety for all users please read and ensure you understand this information before taking part in any slalom, coaching or paddling activity.

Athletes should wear the correct personal protective equipment (PPE) whilst on the water or near the channels.

- PFDs are mandatory while on the water and this is non-negotiable.
- The PFD policy applies for use of the Lake, Legacy Course and Olympic Course.
- Buoyancy aids should not be adapted or changed in any way if they are worn on the water. Eg. Peak UK Racer ST cags that have been cut into a buoyancy aid are not appropriate

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- Helmets should always be worn on moving water

Coaches, athletes or support staff should only be on bankside over the ropes if absolutely necessary;

- If they are coaching, preparing to train or doing a course walk
- If they are spectating they should not be on bankside over the rope

We'd request that all persons treat the staff at Lee Valley White Water Centre with courtesy and respect and behave appropriately when interacting with the venue and event team. Any incidents involving athletes and coaches that are reported may result in those involved being asked to leave the venue regardless of their training or competing commitment.

Inappropriate behaviours include but are not limited to:

- Swearing at staff
- Ignoring or disregarding instructions

Equipment on venue must be put into one of the allocated spaces. Anything not in a designated area and left unattended will be removed and stored with other lost property. Neither the venue nor the Organising Committee will take any responsibility for the loss or damage of any unattended items.

All users of the venue should use the appropriate welfare facilities inside of the venue and refrain from urinating in the open space. Any incidents reported will be investigated and may result in users being asked to leave the venue.

13 MEDICAL

13.1 Training Weeks

First aid will be provided by the venue staff during the 6-10 September training week. If you require first aid please tell a water safety personnel or reception.

2 first responders will be on site 12-18 September to provide first aid during the official training week. They will be roaming around the course. If you require first aid please tell a water safety personnel, reception or Sport Information.

In the case of an emergency please dial 999.

13.2 Competition

During competition we will have a team of event doctors looking after accredited personnel. The medical cabin is located on the edge of the infield above the pumps.

In addition an ambulance and first responders will be provided for spectators.

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If you require medical attention out of hours:

- The closest 24-hour Emergency Department is North Middlesex University Hospital, Sterling Way, London N18 1QX 5.7 miles away. 0208 887 4651.
- There is a minor injuries unit at Cheshunt Community Hospital, King Arthur Court, Cheshunt, Waltham Cross, EN8 8XM 1.1 miles away open 0800-2000 7 days a week. 01992 780 417

14 CATERING

14.1 Training Week Provision

The Brew Street Kitchen and Bar off the terrace will be open the following times:

Wednesday 6 September	09:00 - 16:00
Thursday 7 September	09:00 - 16:00
Friday 8 September	09:00 - 16:00
Saturday 9 September	09:00 - 17:30
Sunday 10 September	09:00 - 17:30

Tuesday 12 September	09:00 - 16:00
Wednesday 13 September	09:00 - 16:00
Thursday 14 September	09:00 - 16:00
Friday 15 September	09:00 - 16:00
Saturday 16 September	09:00 - 17:30
Sunday 17 September	09:00 - 17:30
Monday 18 September	09:00 - 16:00

14.2 Competition Days Provision

Teams will be able to use the spectator catering concessions located in the fan zone, the Taverna on the Terrace and the Pavilion. In addition coffee stations will be located in the spectator areas.

15 SECURITY

24 hour security will be on site throughout the training and competition periods. Please note the event is not responsible for loss of damage to any belongings.

On competition days, all accredited personnel and spectators will have their bags searched for security reasons. At the entrance from the Showground there will be an accredited personnel lane to speed things up, but please do allow extra time when coming to the venue.

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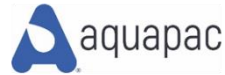


16 EVENT PARTNERS & SPONSORS

Event Partners



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