

2023 ICF
SUP
WORLD
CHAMPIONSHIPS

**PAT
TAYA**

THAILAND

15-19

NOVEMBER 2023

BULLETIN **2**



PAT TA YA



LOCATION

JOMTIEN BEACH, Pattaya for TECHNICAL and LONG DISTANCE race



ROYAL THAI NAVY ROWING AND CANOEING TRAINING CENTRE for SPRINT race



***Board Transportation between Jomtien beach and the RCTC**

This will be provided by RCAT without any charge for athletes and paid non-participants. You must present accreditation card to use this service.

AIRPORT TRANSFER



To arrange your transfer, please reach out to us at help@soldoutt.com with the subject "Important: (Name), Need airport transfer". We will promptly provide you with a link to purchase this service.

Please note that the pricing may vary depending on your specific airport of arrival or departure.

Board Transportation between airports and official hotel

This convenient service is exclusively available to those who book official accommodation through our website. The cost for board transportation is 20 euros per board. It's important to note that board transportation includes one trip each day. This service will be available starting from 11th November, 2023. For using this service, please email us at help@soldoutt.com, with the subject "Important: need board transportation", after purchasing airport transfer ticket.

Board Transportation between Jomtien beach and the RCTC

This will be provided by RCAT without any charge for accredited athletes.



PRIZE MONEY

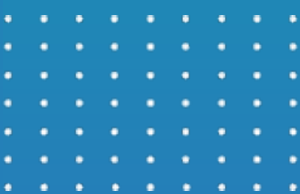


2023 ICF PAT
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15-19 NOVEMBER 2023 THAILAND

A TOTAL OF GROSS **30,000 EUR** WILL BE DIVIDED BETWEEN THE OPEN LONG-DISTANCE, TECHNICAL AND SPRINT RACE MEDALLISTS AS FOLLOWS:



	GOLD	SILVER	BRONZE
MEN OPEN TECHNICAL	€ 2500	€ 1500	€ 1000
MEN OPEN SPRINT	€ 2500	€ 1500	€ 1000
MEN OPEN LONG DISTANCE	€ 2500	€ 1500	€ 1000
WOMEN OPEN TECHNICAL	€ 2500	€ 1500	€ 1000
WOMEN OPEN SPRINT	€ 2500	€ 1500	€ 1000
WOMEN OPEN LONG DISTANCE	€ 2500	€ 1500	€ 1000





ACCREDITATION

THE ACCREDITATION OFFICE:

D Varee Jomtien Beach Pattaya

Address: 457 Moo 12, Soi 13-14 Jomtien
Beach Road, Nongprue, Banglamung,
Pattaya, Chonburi 20150

OPERATION HOURS:

12th- 19th November 2023

Accreditation and Services:

08:00-12:00 and 13:00-18:00

Additional Hours on 14th November 2023

Accreditation and Services:

08:00-12:00, 13:00-18:00, and 19:00-22:00

Upon your arrival, we kindly request all athletes and non-participants to contact the accreditation center directly for the collection of ID cards, BIB numbers, board security, and any pre-ordered items. It is mandatory for all participants to present a valid passport or ID card to confirm their country of citizenship and age.

Please be aware that access to accredited areas and the race course will only be granted with a valid accreditation card. We also advise you to double-check your registration for all desired events. If any entry errors have occurred, please inform the Accreditation desk.

Furthermore, please remember that athletes are required to wear their assigned BIB number for all races.

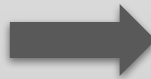
HYDRATION NOTICE

We recommend participants to bring their own water bottles for the purpose of environmental conservation. We provide refill stations for your convenience.

GREEN SCREEN ROOM

Visit the Green Screen Room, located next to the accreditation room, after you've completed the accreditation process.

Strike a 3-second pose and let your creativity shine! We'll capture your unique style in a fun video to be showcased on the live screen. Operational hours are from 08:00-12:00 and 13:00-18:00, from November 12th to 17th. Get ready for some creative fun



HOTEL & PARKING

OFFICIAL HOTEL:

D Varee Jomtien Beach Pattaya

457 Moo 12, Soi 13-14 Jomtien Beach
Road, Nongprue, Banglamung, Pattaya,
Chonburi 20150
Tel: +6638418999

Bay Beach Hotel

132/3, 277/9 Moo12 Soi Jomtien14, Amphoe
Bang Lamung, Chon Buri 20150
Tel: +6638232464

	Single (EUR)	Double-Sharing (for 2)
D-Varee	90	60
Bay Beach	80	55

**Please note that the room rate includes full board (breakfast, lunch, and dinner).*



Breakfast hours: 6:30-10:00



Lunch hours: 11:30-13:30



Dinner hours: 18:00-20:30

PARKING:

Our official parking is located at D Varee Jomtien Pattaya Hotel.

UNOFFICIAL LUNCH AT THE VENUE:

A range of food vendors will be available at the venue, offering a variety of dining choices. Please note that the cost of food is not covered by the registration fee.

INTERNET:

Free Wi-Fi access is available at the venue, and the password will be provided at the accreditation office for your convenience.



PRE-RACE GUIDE

▶ ATHLETES AREA AND BOARD STORAGE

The dedicated Athletes' Area is situated right in front of the D Varee Hotel on Jomtien Beach. Access to this area is granted exclusively with a valid accreditation card. Feel free to utilize this space for relaxation throughout the day and during your breaks.

SUP board storage is available at the official hotel, D Varee Jomtien Beach Pattaya Hotel, starting from 7th November 2023.

Participants will have easy access to board storage at the race venue on Jomtien Beach, located in front of the hotel, beginning on 12th-20th November 2023. Please ensure that all boards are removed from the storage area by noon on the 20th.

This convenient setup ensures secure storage and hassle-free access for athletes with a 24 hour security guard on site. The accreditation card is required to enter the board storage area.



► PRE-RACE BOARD CONTROL

Before the race, it's essential to present your board(s) at the Board Control station, conveniently situated at the race venue (please consult the site map for directions).

All athletes are permitted to go on the water for a warm-up at their discretion, provided they do not paddle within the racing course. The racing course must be free of boards and athletes a minimum of 15 minutes before the start of the morning or afternoon session.

For the Sprint race, athletes must collect a lane number holder velcro from the pre-board control station prior to their races during the operation hours and ensure it is securely attached to their SUP board.

All athletes must go to pre-race board control before their race to get an attachment on their board for the lane numbers.

► BOARD CONTROL STATION HOURS

The board control station will be operational from November 14th to November 19th, with hours of operation from 09:00-12:00 and 13:00-17:00 on Jomtien beach.



▶ **ID CONTROL:**

ID Control is mandatory for all participants before each race. The competitor must meet the following conditions:

- ▶ confirm their identity - the accreditation card
- ▶ wear BIB singlet
- ▶ own mandatory safety equipment

Coaching and supporting athletes from the ID control area is not permitted. Athletes you follow or support may face disqualification.



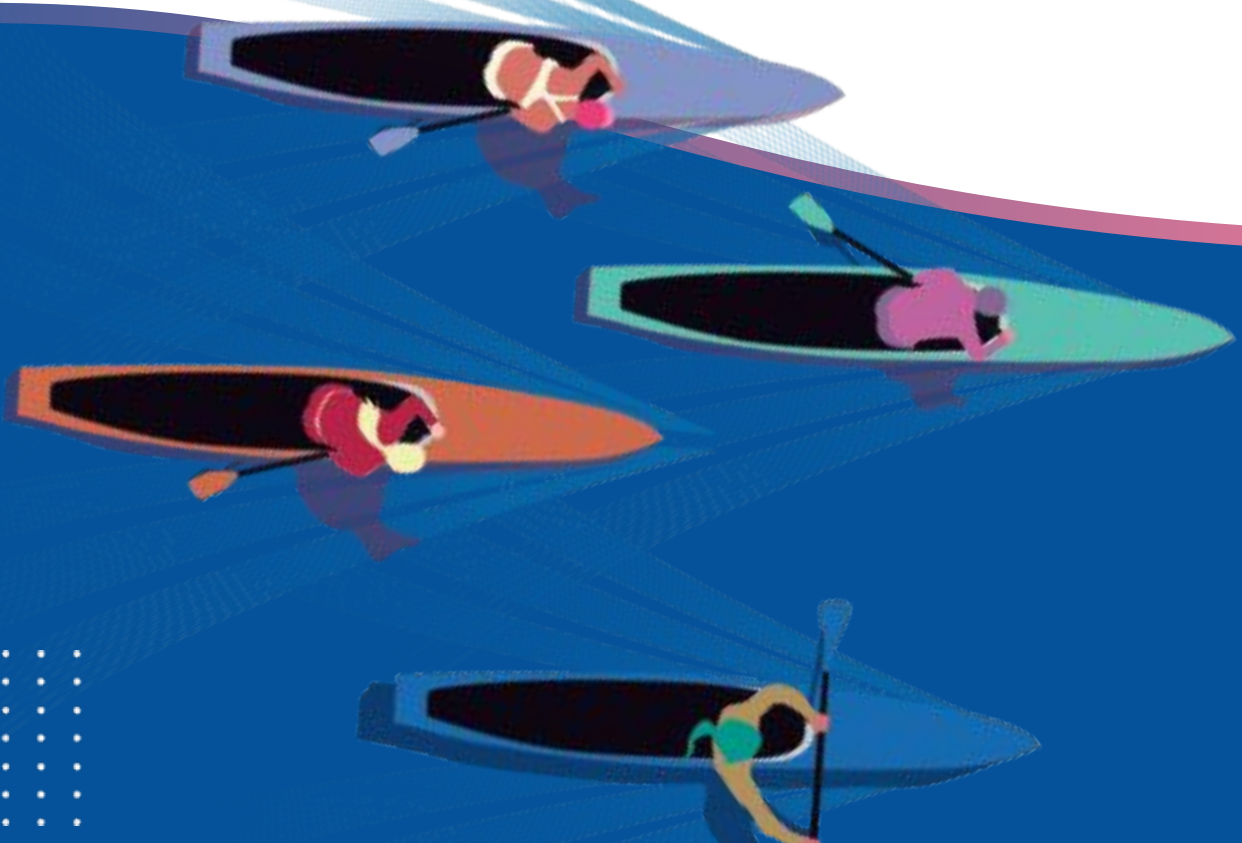
EMBARKATION / DISEMBARKATION

Access to the training session, warm-up, and cool-down is exclusively allowed via the embarkation/disembarkation area within the athletes' zone. Training within the race area is strictly prohibited during race hours.

For all racers, when it's time for your race, please initiate your race from the embarkation/disembarkation area. Kindly avoid using any other points for embarkation or disembarkation. Sprint races will commence from the Starting gates. Your cooperation ensures a smooth and fair race experience for everyone.

All athletes must pass through the ID control tent and undergo verification by the officials. Officials will examine the ID card, BIB number, and the assigned lane number for Sprint races.

For Sprint and Technical races, athletes should arrive at the ID control area **no earlier than 20 minutes and no later than 10 minutes before their scheduled race**. For Long distance, athletes can go through ID control **1 hour before their race**. For Sprint race, after ID control, athletes will proceed with their boards to the starting area, where they will be grouped for their races. When a race number is called for the starting area, athletes from that race should line up in lane order, starting from the lowest number.



OFFICIAL TRAINING SESSIONS

Water rescue personnel will be on duty during the official training sessions from 12th to 14th November, 2023, between 9:00 - 12:00 and 13:00 - 18:00 on Jomtien beach.



ONLINE ATHLETES' BRIEFING VIA MICROSOFT TEAMS

- ▶ Athlete Briefing will take place on 14th November at 18:00 local time
https://teams.microsoft.com/l/meetup-join/19%3ameeting_ZmZhMm11YzktZTA4ZC00MGFILWlhMWUtZDO4YWUxNjlyNzcx%40thread.v2/0?context=%7b%22Tid%22%3a%27b3eaceb-881c-4ef4-93db-339ae53d700e%22%2c%22Oid%22%3a%2249d57375-005f-4e40-bfd7-b6d78dcad087%22%7d
- ▶ To receive updates, please join our dedicated WhatsApp group.
<https://chat.whatsapp.com/jfKkxMMcT5O9NXRGUj7ZkH>





2023 ICF SUP WORLD CHAMPIONSHIPS

THE COMPETITION SCHEDULE

15 NOV - OPEN SPRINT PRELIMS
/ MASTER AND JUNIOR SPRINT HEATS

16 NOV - SPRINT MAIN DRAW

17 NOV - LONG DISTANCE / U13
/ U15 / INFLATABLE / ONE DESIGN

18 NOV - OPEN TECHNICAL PRELIMS
/ MASTER AND JUNIOR TECHNICAL HEATS

19 NOV - TECHNICAL MAIN DRAW

*This schedule is subject to change depending on numbers of participants and weather.

** One design might be over the weekend



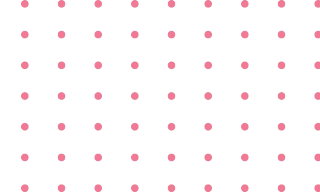
Scan for Start Lists and Race Results



***The provisional race schedule and start lists will be available
after the entry deadline November 5th**

***No late registration will be accepted for Sprint and Technical races.**

RACE EVENTS



AGE GROUP	EVENT AND DISTANCE	BOARD TYPE & SIZE
Junior Men & Women	Sprint (200m) Technical (1,000m)* Long Distance (10km)*	Hard boards up to 14' long
Open Men & Women	Sprint (200m) Technical (1,000m)* Long Distance (15km)*	Hard boards up to 14' long
Master 40+ Men & Women	Sprint (200m) Technical (1,000m)* Long Distance (15km)*	Hard boards up to 14' long
Master 50+ Men & Women	Sprint (200m) Technical (1,000m)* Long Distance (10km)*	Hard boards up to 14' long
Open Men & Women	Inflatable (5km)*	Inflatable boards up to 14' long
U15 Boys & Girls	Technical (1,000m)*	Hard boards up to 14' long Inflatable boards up to 14' long
U13 Boys & Girls	Technical (1,000m)*	Hard boards up to 14' long Inflatable boards up to 14' long
Open, Junior, 40+, and 50+ Men & Women	Fun race - One Design (1,000m)*	Shadow One Design Board (Provided by the organizing committee)

**Due to weather conditions, the race courses might change*



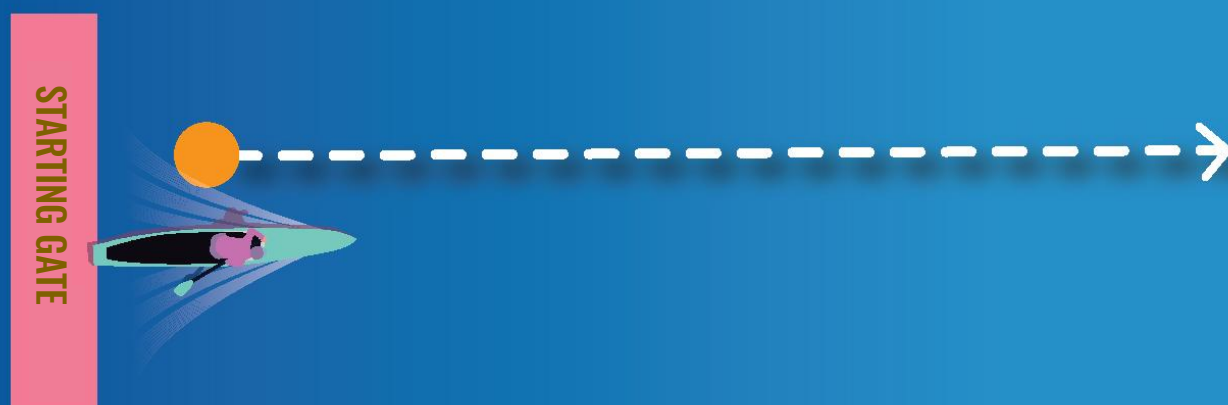
2023 ICF SUP WORLD CHAMPIONSHIPS



SPRINT 200M

MANDATORY SAFETY EQUIPMENT :

LEASH



LOCATION :

ROYAL THAI NAVY ROWING
AND CANOEING TRAINING CENTRE

NOTE : FREE Transportation between the 2 race venues for athletes and paid non-participants

- ▶ The Sprint race will cover a distance of 200 meters. Each athlete must use their designated lane.
- ▶ The sprint race will use the starting boot system.
- ▶ After crossing the finish line, athletes are required to paddle to the disembarkation pontoon to return the lane number and GPS. Please avoid paddling through the race course on your return to respect other races and minimize disturbances.
- ▶ During the race, athletes are not allowed to change their lanes. Athletes that enters other lane will be disqualified.
- ▶ After the finals, the top 3 athletes are expected to disembark at the "celebration pontoon" for a better sports presentation.

2023 ICF SUP WORLD CHAMPIONSHIPS

1 LAP = 500M

MANDATORY
SAFETY
EQUIPMENT :
LEASH



TECHNICAL 1000M
(2 LAPS)

LOCATION
JOMTIEN
BEACH

NOTE : Technical race may be only 1 lap depending on progression stage

- ▶ The Technical race will consist of two laps, with each lap covering approximately a distance of 500 meters. This makes it a total of 1,000 meters for the entire race. Depending on the progression stage of the competition, this race may only be one lap (500m). All finals will be two laps (1,000m).
- ▶ The race features 9 buoy turns and 1 beach turn, consisting of 5 left turns and 4 right turns. Turning buoys will be different colors for left and right turns, making it easy to remember.
- ▶ It is featuring a beach start and beach finish.

2023 ICF SUP WORLD CHAMPIONSHIPS



**MANDATORY
SAFETY
EQUIPMENT :
PFDs AND
LEASH**

**LOCATION
JOMTIEN
BEACH**

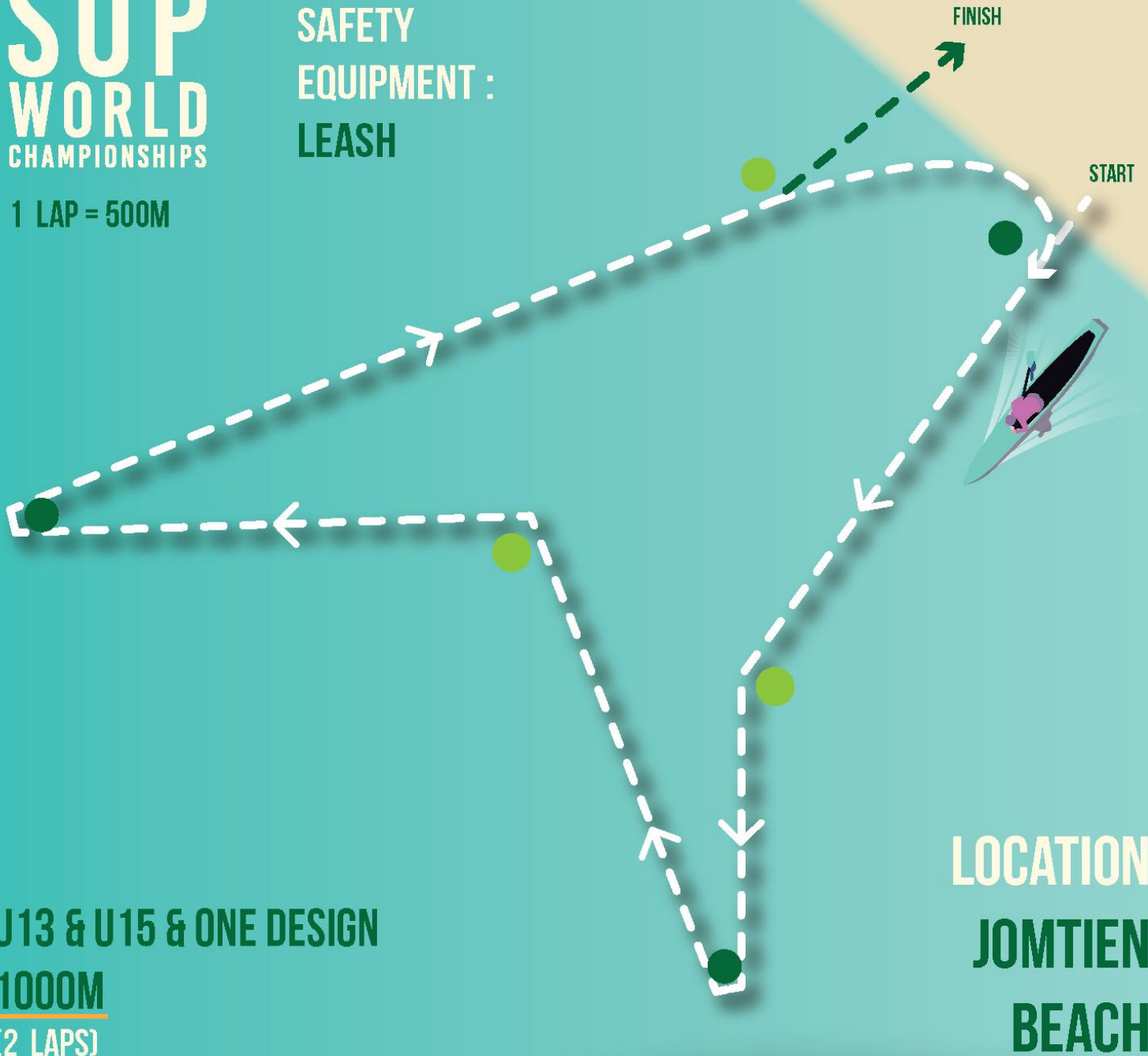


- ▶ All athletes are required to pass through ID control, which will be located before the embarkation area. It's mandatory for all athletes to use a Personal Floating Devices (PFDs) and a safety leash.
- ▶ Some athletes participating in the long-distance race will be equipped with GPS devices for better sports presentation. Athletes using GPS will have a separate line at ID control. It's essential to arrive early at ID control, as the process may take some time, especially for those with GPS devices. Missing your start time due to delays at ID control will not result in a delay in the race start.
- ▶ ID control for Long distance races will open 1 hour before the first start.
- ▶ In Long distance and Inflatable races, the start line will be between two flags. All boards must remain behind this line.
- ▶ The Long distance course for Open age group and Masters 40+ will be approximately 15km (3 laps). For other age groups, it will be approximately 10km (2 laps). For inflatable, it will be approximately 5km (1 laps).
- ▶ This race is featuring a beach start and a beach finish.

2023 ICF SUP WORLD CHAMPIONSHIPS

1 LAP = 500M

MANDATORY
SAFETY
EQUIPMENT :
LEASH



U13 & U15 & ONE DESIGN

1000M

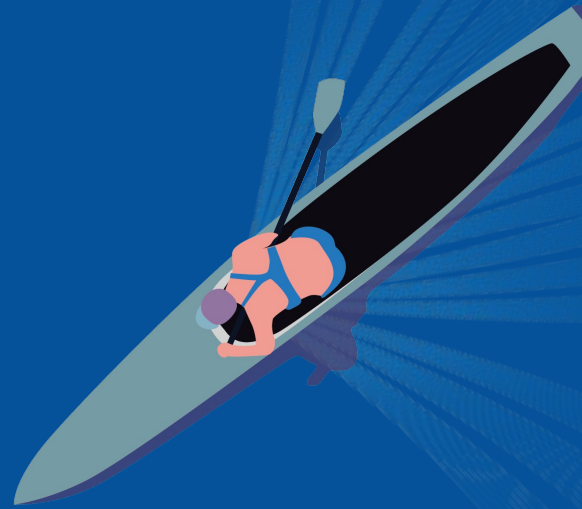
(2 LAPS)

**LOCATION
JOMTIEN
BEACH**

- ▶ These events will consist of two laps, with each lap covering approximately a distance of 500 meters. This makes it a total of 1000 meters for the entire race.
- ▶ The race features 10 buoy turns. Turning buoys will be different colors for left and right turns, making it easy to remember.
- ▶ They are featuring a beach start and beach finish.
- ▶ For the One Design race, the only permissible board is the Shadow SUP board, which will be provided by the organizer. The size for the Shadow SUP board is 12" x 26".
- ▶ Participants in the U13 and U15 categories have the flexibility to use various types of SUP boards. However, to promote and nurture young talent in the sport of stand-up paddleboarding, the organizer offers boards that can be borrowed by participants in these age groups.

ALL EVENTS

- ▶ The start command is "Ready, Go." Athletes must not paddle before hearing "Go." A false start will be called if someone paddles prematurely. A second false start by the same athlete will result in disqualification.
- ▶ Athletes are required to cover the distance as quickly as possible after the start command. Throughout the entire course, including all turns, athletes must respect their opponents and avoid collisions. Athletes causing collisions may face disqualification.
- ▶ Please be aware that the race course and rules are subject to change based on safety and weather conditions.



CEREMONIES

- ▶ **OPENING CEREMONY:**
16th November 2023 on Jomtien beach
- ▶ ***Athletes are encouraged to wear their national uniform**
- ▶ **SPRINT MEDAL CEREMONIES:**
16th November 2023 on Jomtien beach
- ▶ **LONG DISTANCE & TECHNICAL MEDAL CEREMONIES:**
19th November 2023 on Jomtien beach
- ▶ **CLOSING CEREMONY:**
19th November 2023 on Jomtien beach

DJ PARTIES

DJ parties will be held on Jomtien beach from 16th to 19th November, running from 18:30 to 21:00 each evening. This exciting event is free for everyone with an accreditation card. For those without accreditation, there will be a fee of THB500 for entry. Join us for some great music and fun. Snacks and beer will be provided for purchase.

ADD-ON ACTIVITIES

Environmental Learning hub on the Beach:

Visit our Environmental Hub on the beach and learn how to reduce plastic usage, adopt proper recycling practices, and extend the lifespan of your SUP boards. Join us in taking meaningful steps towards a more sustainable future.

Open Water Swimming Area:

Dive into the open water and experience of swimming in the sea. A great opportunity to enjoy the ocean while taking in the stunning surroundings.

OFFICIAL COMMUNICATION TOOLS

**WhatsApp:**

(join for the event updates)

<https://chat.whatsapp.com/HNPJ06nBvKo3nOITpQxl6Q>

**Email:**

info.supbyrcat@gmail.com

Email: (for accommodation and transportation)

icfswc2023@gmail.com

**ICF SUP Community:**

(to share photos and videos)

<https://www.facebook.com/groups/planet.sup>

facebook:

<https://www.facebook.com/2023ICFSUPWORLD>

**Instagram:**

<https://instagram.com/2023icfsupworldchampionships>

**RCAT Youtube:**

The rowing and Canoeing Association of Thailand



Website: www.rcat.or.th

Don't forget to tag us with our official hashtags:

#2023ICFSUPWorldChampionships

#SUPbyRCAT

#SUPWorldinPattaya

#ICFSUP

so we can all enjoy this pool of exciting photos!



THIS EVENT IS



Powered by  STARBOARD INNOVATION QUALITY  

10X CLIMATE POSITIVE

The 2023 ICF SUP World Championships will be a [10X Climate Positive event](#).

ICF, RCAT and Starboard are working together to calculate the CO2 emissions from athlete travel, fuel and electricity use during the event period. Once this carbon footprint has been calculated, we will plant enough mangroves to offset these emissions ten times over.

Neutral is simply not enough.

WHY MANGROVES?

Mangrove forests are one of the most efficient environments for sequestering carbon dioxide. To offset the emissions from this event we will be planting mangroves in Myanmar with [Worldview International Foundation](#) (WIF). This helps to fight climate change whilst also fostering biodiversity and supporting local communities with sustainable development.

Starboard and ICF have been [environmental action partners](#) since 2021. Helping make our sport better for the planet.

