



KRAKÓW 2021 BULLETIN



**2021 ICF
MASTERS CANOE SLALOM
WORLD CHAMPIONSHIPS
26-29 AUGUST 2021**





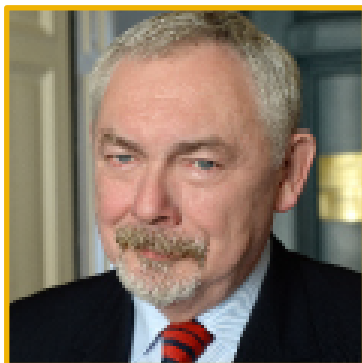
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INVITATION



It is a great honour for us – the citizens of Kraków – that our city has been selected to host of the ICF Masters Canoe Slalom World Championships 2021, held for the first time under the auspices of International Canoe Federation.

The uncertain time of the pandemic has completely disrupted all our plans, including those regarding sports competitions. I am very glad that after such a long period of pause we can once again enjoy a great sporting experience in Kraków.

Since the opening of the Kolna slalom course, it has remained an important international centre of whitewater slalom, hosting competitions for top international athletes. The advantages of the facility, modernized on an ongoing basis and meeting the Olympic standards, have frequently been appreciated by both competing athletes and fans of this beautiful sport. I am convinced that this competition is not going to be any different. As always, Kraków is thoroughly prepared to host the championship participants. We look forward to seeing our guests in a fully-functioning, high-class sports facility located in charming, historical Kraków.

I would like all of you to feel cordially welcome in Kolna and in the beautiful Kraków.

Jacek Majchrowski
Mayor of Krakow

INVITATION



Ladies and gentlemen, dear friends!

On behalf of Polish Canoe Federation I cordially welcome to Krakow all participants of 2021 ICF Masters Canoe Slalom World Championships. Since 2002 the City of Krakow and Kolna Canoe Slalom Course have been the heart of Polish and European Canoe Slalom. It is here where many generations of talented athletes, Olympic and international medallists have been developing their sports skills. I believe that taking part in this World Championships will be an important stage in sports career of all competitors.

I wish you an enjoyable stay in Krakow and true satisfaction from participation in this ICF Masters Canoe Slalom World Championships

Tadeusz Wróblewski

President of the Polish Canoe Federation,
Member of Board Polish Olympic Committee



On behalf of Krakow Canoe Club, the local organizer of 2021 ICF Masters Canoe Slalom World Championships I am glad to invite you to take part in this event. This is a great honor, that we will host such a great sport event in Krakow. I am looking forward to meet Masters participants, because I had a chance in the past to take part in the same canoe events with you. It would be a great pleasure to meet you again. You are always welcome to visit our Kolna Slalom Course. We guarantee a great atmosphere and good training conditions. I am looking forward to meet you in Krakow.

Zbigniew Miązek

President of Cracow Canoe Club,
Athlete on the Olympic Games in Barcelona 1992

FACTS ABOUT KRAKOW

Krakow is located in southern Poland on the Vistula river. It is one of the oldest cities and second of the largest cities in Poland with great history and traditions. It is a former capital city of Poland, Royal Capital City and necropolis of Polish kings.

Krakow is a great city for visiting and thanks to that fact it is well-known as good place for international tourism. In 2019 Krakow was visited by 14 million tourists. It is great place to come because of the city monuments but also Krakow location is perfect starting place for visiting touristic destinations all around. So during stay in Krakow we could recommend you to visit: Wieliczka Salt Mine, Auschwitz Nazi Concentration Camp, Zakopane city and Tatra Mountains, Ojcowski National Park.

During your stay in Krakow we recommend you to see: Old Town with Main Market and Saint Mary Church, Kazimierz – traditional Jewish district, Wawel Royal Castle and Wawel Cathedral and much more. There are different possibilities of sightseeing Krakow. Offer for tourists is varied. Tourists could go for sightseeing on their own thanks to great number of tourist information points. There are also free city tours available. There are special busses for tourists that offers sightseeing on their way. And last but not least – it is possible to organize tour with a guide.

We are sure that thanks to many possibilities of spending a free time in Krakow every tourist could find here something interesting. It is a city that you have to see, visit and “taste”. This is the reason why tourists are coming back here.

See you in Krakow!

HOW TO ACCESS KRAKOW

Kraków is easy to reach by various means of transport. It is a railway hub where numerous regional, national and international lines converge. It offers coach services to Europe's and Poland's main cities and has its own international airport: John Paul II International Airport Kraków-Balice.

BY PLANE

Krakow – Balice Airport is located in the Balice town, 11 km from the Krakow city. The „Balice Ekspres” is the fastest link between the center of Kraków and the airport.

BY CAR

You can get to Krakow driving A4 motorway (a charge is payable for using it). This makes travel from the west fairly easy. Driving from Warsaw (300 km) is more difficult as the A1 has not yet been completed. The easiest route is the S7 express road. The Krakow city centre is covered by the Parking Zone. Drivers pay the parking fee in parking meters located along streets in the city center.

BY BUS

PKS Station (Bus Transport Company) is centrally located right behind Krakow's main train station. It provides both domestic and international services. Apart from ticket offices, kiosks, bar and PKS information point also travel agencies selling tickets for international routes are located in the bus station hall.

BY TRAIN

All trains coming to Krakow stop at Krakow Main Railway Station (Krakow Główny). The Railway Station is located near the city centre

BY
PLANE



BY
CAR



BY
BUS



BY
TRAIN



VENUE OF THE COMPETITION



The Kolna Canoe slalom course was opened in 2003. From this moment many important international races were conducted here. The Kolna Venue was hosting:

- 2016, 2019 ICF Junior & U23 Canoe Slalom World Championships
 - 2015, 2018 ICF Canoe Slalom World Cup
 - 2008, 2013 European Canoe Slalom Championships
 - 2007, 2015, 2020 European Junior & U-23 Canoe Slalom Championships
- And many more through past seasons.

Canoe course is the most important point of Kolna Centre but it is also a part of whole complex. Kolna offers: three star hotel, hostel, camping area, sport centre: swimming pool, gym, sport hall, saunas, physiotherapy.

Technical details of Kolna canoe slalom course are:
320 m length
11-14 m width
1,45 m depth

ENTRIES AND DEADLINES

DEADLINES FOR ENTRIES IS:

17th August 2021

Registration link:

<https://planet.canoeicf.com/2021SlalomMastersWorldsEntry>

We would like to remind that deadline for entries is: 26th July 2021. We would like to ask participants to make an entry until this date. If someone could not be able to participate due to covid regulations or if the events will be cancelled the entry fee will be returned.



CURRENT SANITARY RULES IN POLAND

1. Face and nose mask is required inside the buildings and in public transport. It is also required to use masks outside when keeping the social distance is not possible.
2. Social distance is 1.5 m.
3. Points of disinfection are available at the entrance to the buildings.

SANITARY RULES OF ICF

1. Face and nose mask is mandatory everywhere in competition area.
2. PCR test is mandatory to access the competition.

CROSSING THE BORDER:

Rules for travellers from the EU Member States, Schengen Area, and Turkey arriving in Poland

Regardless of the means of transport used (collective, individual, or when crossing the border on foot), travellers are subject to a 10-day quarantine upon entry, unless they meet one of the following conditions:

- they are fully vaccinated with all vaccine doses required and 14 days have passed since their final dose was administered (counting from the day following the last vaccination date). The vaccination must be certified by the EU digital COVID certificate or another document, in Polish or English, confirming vaccination with a vaccine that has been authorised in the European Union,
- they had been infected with the SARS-CoV-2 virus (so-called convalescents), no later than 6 months before the day of crossing the Polish border. Convalescents must present a document confirming that they had indeed been infected, issued in Polish or English; acceptable documents include the EU digital COVID certificate,
- they present a negative COVID-19 test result, confirmed with an EU COVID certificate or another document in Polish or English. Such a test must be performed no earlier than 48 hours before crossing the border.
- they are children under 12 years of age who are travelling under the supervision of adults vaccinated against COVID19 or have a negative COVID-19 test result,
- they are subject to other exemptions listed in Art. 3 of the Regulation of the Council of Ministers of 6 May 2021 on the establishment of certain restrictions, orders, and prohibitions in connection with the occurrence of an epidemic.

Travellers who have been quarantined may perform a test within 48 hours of crossing the border, with a negative test result releasing them from quarantine:

- Test type: RT-PCR or antigen, performed by a laboratory included on the list of COVID laboratories <https://www.gov.pl/web/zdrowie/lista-laboratoriow-covid>
- The tests are not publicly funded.

The above rules apply to travellers from:

- European Union Member States: Austria, Belgium, Bulgaria, Croatia, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Greece, Spain, Netherlands, Ireland, Lithuania, Luxembourg, Latvia, Malta, Germany, Portugal, Romania, Slovakia, Slovenia, Sweden, Hungary, and Italy,
- 4 non-EU countries that are part of the Schengen Area – Switzerland, Iceland, Norway, and Liechtenstein,
- from Turkey, with which a special agreement has been concluded.

Rules for travellers from outside the European Union, Schengen Area, and Turkey arriving in Poland

Regardless of the means of transport used (collective, individual, or when crossing the border on foot), travellers are subject to a 10-day quarantine upon entry, unless they meet one of the following conditions:

- they are fully vaccinated with all vaccine doses required and 14 days have passed since their final dose was administered (counting from the day following the last vaccination date), and their vaccination is certified by the EU digital COVID certificate or another document, in Polish or English, confirming vaccination with a vaccine that has been authorised in the European Union,
- they are children under 12 years of age who are travelling under the supervision of adults vaccinated against COVID19,
- they had been infected with the SARS-CoV-2 virus (so-called convalescents), no later than 6 months before the day of crossing the Polish border. Convalescents must present a document confirming that they had indeed been infected, issued in Polish or English; acceptable documents include the EU digital COVID certificate,
- they are subject to exemptions listed in Art. 3 of the Regulation of the Council of Ministers of 6 May 2021 on the establishment of certain restrictions, orders, and prohibitions in connection with the occurrence of an epidemic.

Travellers who have been quarantined in Poland may perform a test – no earlier than on the 7th day, counting from the day after crossing the border – with a negative result releasing them from quarantine. When calculating the 7-day quarantine period, the expiry of which entitles travellers to have a diagnostic test performed on the eighth day, the day of crossing the Polish border is not taken into account).

Example: If you cross the Polish border on 1 July, then you will be eligible to have a diagnostic test performed on 8 July, with a negative result releasing you from quarantine.

- Test type: RT-PCR or antigen, performed by a laboratory included on the list of COVID laboratories <https://www.gov.pl/web/zdrowie/lista-laboratoriow-covid>
- The tests are not publicly funded.

Note: Individuals who stay within the territory of the Republic of Poland for no more than 24 hours and have a ticket confirming their departure abroad within this period are not subject to quarantine.

ACCOMMODATION:

Accommodation for teams – please contact with:

Magdalena Zięba

e-mail: hotel@kolna.pl

phone: +48 512-482-604, +48 12 252-40-59

address: Hotel KOLNA *** , 2 Kolna Street, 30-381 Cracow

website: www.kolna.pl

In case of event cancellation we would not charge you for accommodation costs.

Local organizer:

CRACOW CANOE CLUB

2 Kolna Street, 30-381 Cracow

website: www.kolna.pl

e-mail: hotel@kolna.pl

Phone: +48 12 252-40-59

Official organizer:

POLISH CANOE FEDERATION

Jana Kazimierza 45/U7 street, 01-248 Warszawa

website: www.pzkaj.pl

e-mail: office@pzkaj.pl

COMPETITION PROGRAMME, INDIVIDUAL & TEAM EVENTS

INDIVIDUAL EVENTS:

MK1	Men's Kayak
WK1	Women's Kayak
MC1	Men's Canoe
WC1	Women's Canoe
MC2	Men's Canoe Double
XC2	Mixed Canoe Double (1 Woman, 1 Man)

Medals will be awarded via sub ranking per age group within an event. The age groups are: 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-70 and 70+. As per ICF rules, an athlete can compete in a masters event in the year that they reach the lower limit of the age group. In MC2 and XC2, the age group of the boat is defined by the age of the younger athlete.

TEAM EVENTS:

MK1x3	Men's Kayak Team
WK1x3	Women's Kayak Team
MC1x3	Men's Canoe Team
WC1x3	Women's Canoe Team

There is no age group. Any eligible athlete (Master) can enter in a team event without any restriction.

COMPETITION FORMAT:

- Individual event: Two runs and the lesser score of the two (2) runs will determine the results of the competition.
- Team event: one run.

COMPETITION SCHEDULE:

Thursday 26th August	Opening Ceremony
Friday 27th August	Morning: Course construction and demonstration run Afternoon: Individual events – MC1 and WC1
Saturday 28th August	Morning and early afternoon: Individual events – MK1 and WK1 Late afternoon: Individual events – MC2 and XC2 Evening: Individual events – Medals presentation
Sunday 29th August	Team events (all) and medals presentation

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phone: +48 512-482-604, +48 12 252-40-59

address: Hotel KOLNA * , 2 Kolna Street, 30-381 Cracow**

website: www.kolna.pl

We offer various accommodation:

- Three-star hotel
- Hostel
- Camping area

If our hotel will be fully booked, we will help you find a safehotel with a good connection to Kolna Venue.

PARTICIPATION FEE

All participants (excluding Presidents and Secretaries General of the National Federations) will pay the participation fee 110 EURO per person.

The participation fee includes:

- supply of mineral water for free during competition days
- medical care at the venue
- security service at the venue
- fees for use the regatta course and its facilities
- trailer and car parking
- access to services and equipment provided

HOW TO PAY?

It is possible to pay by bank transfer before arrival to Krakow or by cash/ credit card during your stay here.

Bank account details:

Account holder: Krakowski Klub Kajakowy

Address: 2 Kolna Street, 30-381 Krakow

Bank account number: 48 8589 0006 0000 0027 6623 0006

SWIFIT: POLU PL PR

IBAN: PL48 8589 0006 0000 0027 6623 0006

INSURANCE & MEDICAL CARE

INSURANCE

All participants are strongly advised to take out a medical insurance policy in their respective countries.

MEDICAL CARE

The following medical services are for all official participants of the above mentioned event: physician on duty, hospital and clinic assistance. A medical will operate at the course with ambulance and first aid. All costs above the regular care to be covered by the medical insurance policy – the Organizing Committee does not take responsibility for such expenditures.

COVID-19 SAFETY RULES

1. The ICF and HOC will organise this competition under a strict COVID19 protocol. A detailed protocol will be published prior to the competition. As a primary request, a negative PCR test result will be requested to be accredited.

2. Points of disinfection

There are several points on hands disinfection in the venue area.

Points are indicated by board POINT OF DISINFECTION and located in:

mixed zone, OVR, race office, inquiry desk, TVS area, media centre, medal ceremony tent, VIP area, team area (in team recreation area).

Teams are requested to provide on their own disinfection liquid for themselves (HOC is not providing the disinfection liquid to each team tent).

3. Race zone is fenced and closed to the visitors. Entrance to race zone is possible only for teams, ITO's, organizers, media. Entrance is possible only with accreditations.

4. Access to the accredited office is limited to one person only. Access to other zones will be limited too – detailed rules will be provided on Team Leader Meeting. Access to all zones is possible after hand disinfection and covering nose and mouth by mask, which is required.

4. Current safety rules will be distributed in team boxes before and during the race.

VISA INFORMATION

Visa information can be found at: www.msz.gov.pl/Visa,requirements,2346.html

In order to issue visa invitation Organizing Committee needs list of the participants with the following information:

- SURNAME,
- EXPIRATION DATE,
- CIVILITY,
- COUNTRY OF BIRTH,
- DATE OF BIRTH,
- STATUS 10
- NAME,
- PASSPORT NUMBER,

Please send that details to Polish Canoe Federation, e-mail: office@pzkaj.pl

ORGANIZER CONTACTS

Event website:

<https://www.canoeicf.com/canoe-slalom-world-championships/krakow-2021>

Local organizer:

CRACOW CANOE CLUB

2 Kolna Street, 30-381 Cracow

website: www.kolna.pl

e-mail: hotel@kolna.pl

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Official organizer:

POLISH CANOE FEDERATION

Jana Kazimierza 45/U7 street, 01-248 Warszawa

website: www.pzkaj.pl

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PARTNERS:



