



Asian Canoe Sprint Qualifiers for Tokyo Olympic 2020

5 – 7 May 2021

Pattaya, Thailand

Bulletin # 1



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RCAT's Greeting



It is with great pride that we present our sports friends with this official bulletin outlining key information relating to the upcoming canoe slalom competition event open to all Asian Olympic Qualifiers held here in Thailand, which we believe you are looking forward to with great anticipation.

The competitions will be held at a brand-new artificial whitewater center near Pattaya the next step in developing Canoe Slalom in Thailand, leaving behind the old canoe slalom venue at the Khun Dan Prakan Chon Dam. Good memories for many of our friends who joined us since 2008 for both competition and training events. Construction of our new whitewater venue is moving forward rapidly as we ready the course for competition.

I am aware that the COVID-19 pandemic may be influencing decision making of all involving in the championships, but RCAT will arrange all the standard inspections, precautions, and self-protection hygienic processes to assure all the championships' stakeholders that they will be safe, as well as feeling comfortable, while they are staying in Thailand.

Cordially Yours,
The Rowing and Canoeing Association of Thailand

A handwritten signature in blue ink, consisting of a stylized 'C' followed by a horizontal line and a period.

Adm. Chainarong Charoenruk
President



1. General Information

- 1.1 Event Title: Asian Continental Qualifiers for Tokyo Olympic 2020
- 1.2 Event Date: 5th – 7th May 2021
- 1.3 Organization: The Rowing & Canoeing Association of Thailand: RCAT Host Organizing Committee: HOC
- 1.4 Key Contacts: oc2.rcat.sprint@gmail.com, office@rcat.or.th
Tel & Fax +66 (0)2 170 9235-6

The Rowing and Canoeing Association of Thailand.

President: Admiral Chainarong Charoenruk
 Secretary: Rear Admiral Narupon Kirdnak
 Address: The Rowing and Canoeing Association of Thailand (RCAT)
 Room 286, 18th Floor, Chalearmprakeat Building,
 Sports Authority of Thailand, Ramkhamhang rd.
 Huamak, Bangkok, Bangkok 10240
 Tel: +66 2170 9235
 Fax: +66 2170 9236
 E-mail: office@rcat.or.th
 Website: www.rcat.or.th

Organizing Committee

Chairman	: Rear Admiral Narupol Kirdnak
Vice Chairman	: Captain Wiwat Kwansungnern : Captain Nopporn Theptoranee : Dr. Annuay Tanphanich
Venue Manager	: Captain Norrapat Ta-In
Competition Manager	: Dr. Tanormsak Sanakhom
Technical Delegate (ACC)	: Dr. Toshihiko Furuya
General Affairs	: Capt. Sutree Markird
Transportation/Logistic	: Captain Chaiyut Wisethsuwan
Secretary (Contact Person)	: Captain Jirames Wongsanittadech (66)97 946 3592 E-mail: tukky1972@gmail.com

2. Location and Venue





The RCAT Rowing and Canoeing Training Center is situated, some 140 km southeast of Bangkok, located at Khlong Bang Phai Reservoir. Located only a few minutes away from the very popular Pattaya beach. The water uses in the course is from Khlong Bang Phai Reservoir, is routinely tested and maintained to meet the bathing quality standard. The average depth is 3.5 meter. The starting system is arranged by IMAS – Sport timing system.



3. Key dates and provisional schedules
3.1 Administration schedule

Lists	Start	Finish
Please kindly aware that all crews must be followed and take care of yourselves for the Thailand's preventive COVID-19 regulations and enter the designated quarantine's programs before your planning in Thailand will be started. Please kindly plan yours travelling in advance. Once all above are finished, the organizing committee will welcome you as in this bulletin.		
Recommended Date for arrival	16 April 2021	
Official Training Period	21 April 2021	29 April 2021
Team Leaders Meeting:	3 May 2021	
Course closed for Preparation	3 – 4 May 2021	
Championships period	5 May 2021	7 May 2021
Sprint Team Departure: 8 May 2021		
Main deadlines		
Numerical Entries - SDP (no form)		26 March 2021
Visa Application Form – HOC (Appendix 1)		25 February 2021
Booking Hotel Form – HOC (Appendix 2)		25 February 2021
Nominal Entries – SDP (no form)		25 April 2021
Flight Information Form – HOC (Appendix 3)		25 March 2021



3.2 Arrival, Training and Competition schedule

Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
16 Apr 21	17 Apr 21	18 Apr 21	19 Apr 21	20 Apr 21	21 Apr 21	22 Apr 21
Arrival in THA	Arrival Health Check	SWOP#1	Arrival Health Check	Arrival Health Check	Official Training 1	Official Training 2
Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
23 Apr 21	24 Apr 21	25 Apr 21	26 Apr 21	27 Apr 21	28 Apr 21	29 Apr 21
Official Training 3	Official Training 4	Official Training 5	Official Training 6	Official Training 7	Official Training 8	Official Training 9
Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
30 Apr 21	1 May 21	2 May 21	3 May 21	4 May 21	5 May 21	6 May 21
Quarantine End	Recreation/ Training	Team Leader Meeting	Preparation Day 1	Preparation Day 2	Competition Day 1	Competition Day 2
Friday						
7 May 21						
Competition Day 3						

Note: All participants, please kindly follow this significant schedule which manage under the COVID – 19 health preventive measurements and prepared logistical issues by HOC: RCAT. When taking the SWOP#1 with resulting “NEGATIVE”, you can join this program.

4. Events and Competition Information

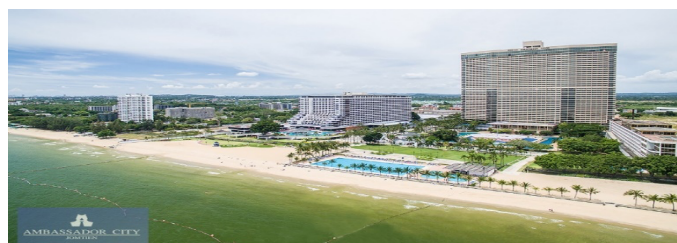
4.1 Events

Distance	Olympic Event Sprint				
	Kayak Single	Kayak Double	Kayak Four	Canoe Single	Canoe Double
1000 M	MK1	MK2		MC1	MC2
500 M	WK1				WC2
	MK1				
200 M	WK1			WC1	

Only 1 boat per NF for each event is allowed.

4.2 Alternative Local Quarantine and Official Accommodation

Ambassador City Hotel Jomtien, Pattaya will be Alternative Local Quarantine and official accommodation.





4.2.1 Please contact Ambassador City Jomtien Pattaya directly for your convenient staying during the quarantine by Thailand Health Preventive COVID – 19 measurements. The hotel set the Tower wing for Alternative Local Quarantine only. All expenses for the ALQ will be the National Federation responsibility via <https://thaiest.com/blog/thailand-alternative-local-state-quarantine-alsq-hotels> . Please note that, once you finish the ALQ program, you have to enter the official accommodation and transportation which be arranged by HOC: RCAT.

4.2.2 Ambassador City Jomtien Pattaya will be the official accommodation. Bookings should be made through the HOC: RCAT before **25 February 2021**

Ocean Wing (Deluxe room)

Single Room	USD 110/person/night including 2 meals (BF at Hotel)
Twin-room Sharing	USD 95 /person/night including 2 meals (BF at Hotel)

Garden Wing (Standard room)

Twin-room Sharing	USD 70 /person/night including 2 meals (BF at Hotel)
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4.3 Transportation:

- The ALQ will arrange the transportation from Suvarnabhumi International Airport to the designated quarantine hotel for joining the quarantine program.
- HOC: RCAT will arrange the sanitary transportation from the venue and also return during the event and the departure as in Arrival, Training and Competition schedule and also the departure from the official accommodation to Suvarnabhumi International Airport. All this transportation arrangement, HOC: RCAT may charge **USD 200 per person**.

4.4 Competition Regulations:

The competition rules and regulations shall follow the ICF Canoe Slalom Competition Rules 2019. https://www.canoeicf.com/sites/default/files/rules_canoe_sprint_2019.pdf

4.5 Registration and Accreditation

4.5.1 Entries and accreditations requests must be made by each National Federation using the ICF's online entries system (SDP): <https://icf.msl.es/icf/icf.jsp>

4.5.2 Please kindly fill document in appendix form accreditation requests sent directly to the HOC: RCAT.

4.6 Boats and Equipment

4.6.1 All boats and other equipment must comply with ICF Rules of Racing.

4.6.2 Participating teams will be encouraged to bring their own boats and equipment if possible. If Nfs want to bring own boats by container, please contact as given below,

Official Freight Forwarder: Ocean Air International Co., Ltd.

Address: 1249/219 Gems Tower 38th Chareonkrung Rd., Suriyawongse, Bangrak, Bangkok 10500

Contact person: Ms. Sirirat Ratthajorn (Sales Manager)

Email: sirirat@oceanairinter.com

Contact person: Ms. Jidapa Chirapong (Oversea Correspondence)

Email: jidapa@oceanairinter.com

TEL: +66 2267 4949 – 53

FAX: +66 2267 4954 or +66 2266 5554

E-MAIL: jidapa@oceanairinter.com



5. Enter the Kingdom

5.1 Visa Application

Due to the preventive of COVID-19 regulations of Thailand, please kindly contact directly to Thai Embassy which be located in your country for the updated information. HOC: RCAT also send the participants who involved in the events to the Thai Consular Department for your convenient, nevertheless you must show yourself as usual. Do not hesitate to contact us for more requests. email to: oc2.rcat.sprint@gmail.com

5.2 The preventive COVID - 19 measurements.

5.2.1 Every crews must be participated in quarantine program for 14 days in Thailand.

5.2.2 Every crews must have "Fit to Fly Health Certificate" from the official approval hospital/health care/sports center in their country.

5.2.3 Every crews must have "Medical certificate with laboratory result indicating that COVID – 19 is not detected" by RT – PCR method, within 72 hours before traveling.

5.2.4 Every crews must have "Certificate of Entry – COE"

5.2.5 Every crews must have "COVID – 19 Insurance limit USD 100,000" which must be activated in Thailand.

5.2.6 Every crews must follow "Thailand's preventive COVID-19 regulations" at all time while staying in Thailand under supervision of the designated Thai's health quarantine unit of this competition.

5.2.7 Please attention, if any passenger onboard the same flight with you have the COVID - 19 infected and inspected by Thailand 's medical unit at the airport, HOC: RCAT will not allow you to participate as designated schedule above and you need to stay in the ALQ with maximize prevention regulations.

5.3 Insurance and Good State of Health/Fitness

As per ICF Competition Rules 2019 section 1.3.3 and 1.3.4, each National Federation must ensure that their athletes are in a good state of health and fitness and National Federation must ensure that their athletes, team officials, as well as the National Federation itself, carry appropriate health, accident, and personal belongings insurance.

6. Others

6.1 Temperature

The weather in Thailand is hot all year round and the temperature during April - May is between 25 - 35 degrees Celsius and may exceed 40 degrees on some days. There is a 15% chance of rain (average 55 mm). The relative humidity is 70%.

Clothing to bring along during your trip. Make sure to bring along light clothes, sun block, sunglasses, and mosquito/insect repellents. Avoid direct sunlight during the day and regularly sip drinking water.

6.2 Language

Thais speak the Thai language and have our own Pali-based writing script which was created some 700 years ago during the Sukhothai period. Although English is learned as a second language in schools, most Thais are too shy to speak English to foreigners. Our practical weapon is "smile".

6.3 Currency

Currency in Thailand is Thai Baht. Thai Baht bills range from 20, 50, 100 and 1,000 while 2, 5 and 10 Baht are in coins. The average exchange rate is approx. 33 THB for one USD\$ or 36 THB for one EUR. With a Visa or MasterCard, you can easily withdraw money from many



ATM machines easily found in front of most convenient stores, gas stations, etc. There will be a 220 THB fee per withdrawal regardless of the amount you take out.

6.4 Electricity

The electrical voltage is 220V AC. Power outlets most commonly feature two-prong round or flat sockets (the U.S. and Europe type). Electrical appliances from 110V countries are not recommended to bring along. If not otherwise written on the appliance that it runs from "110-240V". For a portable computer, make sure that it is auto-sense and auto-switch between 100 and 240 volts by checking sign on the power adapter or the power ratings on the back or underneath the computer. Make sure you have data backups.

6.5 Mobile Phone Network.

There are three main mobile phone service providers in Thailand: AIS (also known as One-2-Call), True Move and DTAC, operating on a 5G network. All offer 'pay as you go' deals for short and long-term travelers. For a short visit, getting a plan at the airport is a good choice (AIS shop is situated in the arrival Terminal 2nd floor). There you can find tourist-targeted plans that provide internet, calling and texting for shorter time spans. The plans may not be available in general stores in town. Popular plans include daily, weekly and monthly deals that suit much of any traveler's schedule.
