

Asian Canoeing Federation

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 - Dr. Ahmad Donyamali(IRI)
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Organizers

- Iran Rowing, Sailing and canoe federation
- Provincial Government of Alborz
- Department of sport and youth of Alborz

Invitations



The message of:

General Governor of Alborz province, Dr. Mohammad Ali Najafi:

I would like to extend a very warm Welcome to all participants, in this regard, all related institutions and organizations are ready to do their best. Alborz Province, as a young and sports lover province, is always ready to host and hold important sporting events at the national and international levels.

Alborz, which in word is "small Iran" is full of rainbows from the tribes of Iran

Who are living together with each other in a variety of customs and traditions.

Welcome all the teams and wishing success for all athletes, we hope that at the end of the competition you bring back good and sweet memories.



The message of:

President of Iran Sailing, Rowing and Canoeing Federation:

On behalf of Iran Sailing, Rowing and canoeing federation, I take great pride in welcoming all participants in first Asian canoe slalom Junior & U23 championships in Iran. we hope you will join us to make a memorable event.



The message of:

General Director of Sport and Youth of Alborz Province, Amir Ghofrani:

Sport is always one of the most important aspects of life.

We are very pleased to host important Event, first Asian Canoe Slalom Championships Junior and under 23.

Undoubtedly, these competitions provide a valuable opportunity for development of slalom canoeing in Asia and we are very proud of hosting it in province of Alborz, Iran.

Due to the interest of Alborz people in sports, we do our best and hope that this event will be well managed.

Good luck to all athletes and teams participating in this event, we hope to have a worthwhile and memorable hosting of this competition.

Asian canoe slalom Junior & U23 championships 2018 Iran –Karaj (Bulletin 1)



1 Event: Asian canoe slalom Junior & U23 championships - 2018 Iran –Karaj

2 Dates: 31st October – 3rd November

3 Organizer: Iran canoeing rowing and sailing federation

4 Venue: Karaj River, North of Tehran in Alborz province

On Google map: 35°54'55.8"N 51°02'50.6"E

1 Travel to Iran:

1.1 By plane

Your team can travel to Tehran the capital of Iran by plane and they will be taken directly to Karaj from Imam Khomeini Airport

All international flights to Tehran land at the new **Imam Khomeini International Airport (IKA)** located 37 km southwest of Tehran.

Iran Air and Mahan Air connect Tehran with some of the major European cities as well as destinations in Asia and Middle East. European companies landing in Tehran include BMI, Lufthansa, KLM, Alitalia, Turkish Airlines, Austrian Airlines, Aeroflot and Middle-Eastern airlines, Emirates, and Etihad. AirAsia has flights to/from Kuala Lumpur and Bangkok. Also, Thai Airways serves a direct route to/from Bangkok starting from October 1, 2016 onwards.

1.2 Visa:

The Organizing Committee will assist for obtaining Iran Visa to all nationals. Please email the following details with copies of passport to iricsf@gmail.com Ms. Parvin Goudarzi before 23th September for the arrangement . (The approval period is about 10-14 working days.)

	Full Name as written in the Passport	Place and date of birth	Passport number	Date of issue	Date of expire	Position in the team (i.e. Athlete, Coach etc.)

2 Venue of competition:



Length: 220 meter

Width: 16 meter

Flow rate: 12-15 m³/s

Google map address: 35°54'55.8"N 51°02'50.6"

2.1 Equipment:

The organizing committee has prepared a limited number of boats in first come first served basis. Please let us know whether you need to reserve a boat or no before 1st October 2018 (Annex1). Paddlers are kindly requested to bring their own boats and other personal equipment's, such as paddles, spray decks, helmets and lifejackets.

You can contact: Phone: +98 21 44739135, E-mail: iricrsf@gmail.com

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E-mail: iricrsf@gmail.com

2.2 Race format /event:

2.2.1 *Race format:*

The ICF format will be applied:

- ✓ Heats :2 runs / semifinal: 1 run/ final :1 run
- ✓ Events: K1W /K1M/C1M/C1W
- ✓ Age categories: Junior and under 23
- ✓ Medal: In each event, the best ranked boat per country will compete for medal.
- ✓ Number of entries per event: Each team can register up to 6 boats per event.

2.2.2 *Entries and Accreditations*

This is ICF ranking competition, each NF has to apply via ICF SIS system with a copy to HO.

- **PRINCIPLES**

Entries and accreditation requests must be made by the National Federation using the ICF's online entries system (SDP): <http://icf.msl.es/icf/icf.jsp>

For detailed instructions on how to submit entries, please read the SDP user guide. Any questions or issues relating to entries or accreditation should be sent to sdp@canoeicf.com prior to the respective deadline.

SDP user guide http://www.canoeicf.com/sites/default/files/nf_userguide_v2.2.pdf

- **NOMINAL ENTRIES**

Nominal entries close: 16/10/2018

Each athlete competing must be entered by name.

Team personnel must also be submitted for accreditation at this time. These entries will be used to produce the accreditation cards for all teams.

- **REMINDER**

Entries or accreditation requests sent directly to the committee or the event organizer will NOT be accepted.

2.2.3 Accommodation and Catering Services

1- Rate of accommodation package 50 EURO including:

- ✓ The official hotel for championships is Hotel ENGHELAB Karaj (is about 25 minutes by car from venue.)
- ✓ Meals (breakfast, lunch, dinner)
- ✓ Daily shuttle service to venue
- ✓ Airport Transfer with equipment



2- Hotel Olympic:

For the information about the price you can go to their link: en.olympichotel.ir



The reservation of accommodation will be based on the final entry names submitted by the respective federation to OC.

Transportation: Transportation (team and equipment's) from airport to venue will be included in the OC accommodation package.

2.2.4 key dates/ Deadlines

- ✓ Nominal entries: **16/10/2018**
- ✓ Boat booking: 01/10/2018
- ✓ Accommodation and Service package: 23/09/2018
- ✓ Flight details: 16/10/2018

2.2.5 Requirements

Only athletes who comply with constitution and rules of ICF and ACC regulations are entitled to take part in canoe slalom junior & U23 Asian Championship 2018

- ✓ Please bring your national flags (120×180 in size) of your country.

Please bring CD or media file of your national anthem.

- ✓ When sending nominal entry forms, please attach personal digital photo of each competitor indicating name /country /event. Photos send by E-mail preferred. Personal digital photos shall meet the following specification:

- a) Portrait ratio
- b) Resolution: 210 * 270 pixels
- c) File format jpg

2.2.6 Medical

- ✓ **Medical Insurance:** Organizing committee kindly asks all participants of the championships to ensure medical insurance policy in their countries.
- ✓ **Doping Control:** Doping control will be performed in accordance to the Anti-Doping requirements and WADA standards.
- ✓ **First Aid:** Emergency medical services will be located in spectator's area near finish.
- ✓ **Water safety:** Rescuing in competition area during the competition days will be organized.

2.3 About Karaj:

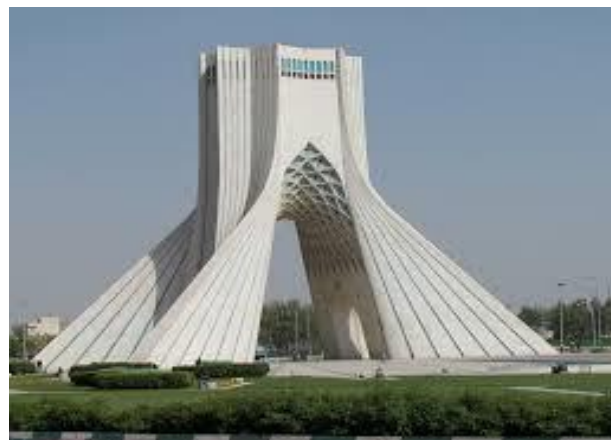
Karaj is the capital of County, Alborz Province, Iran.

At the 2006 census, its population was 1,377,450, in 385,955 families, making it the fifth-largest city in Iran. It is situated 20 kilometers (12 mi) west of Tehran*, at the foothills of the Alborz mountains. The city is surrounded by mountains which give it great landscapes. It is connected by freeway.

* **Tehran:** is the capital of **Iran** and **Tehran Province**. With a population of around 8.8 million in the city and 15 million in the larger metropolitan area of **Greater Tehran**, Tehran is the **most populous city** in Iran and **Western Asia**, and has the **second largest metropolitan area** in the **Middle East**. It is ranked 29th in the world by the population of its metropolitan area (*some photo from Tehran*)



Navab highway



Azadi Square



Milad Tower



Tabiat Bridge

2.3.1 Climate:

It is a bit cooler than Tehran and it receives 260 mm of rain annually, the climate in Karaj during October can be summarized as mild and reasonably dry. October is in the fall / autumn in Karaj and is typically the 6th warmest month of the year. Daytime maximum temperatures average around 21°C (70°F) and at night 9°C (48°F) is normal. On average it is maximum 13° in **November** in **Karaj** and minimum around 6° degrees.

2.3.2 Get in:

By Metro: Karaj is easily accessible using the metro system of Tehran. Line 5 takes passenger to the city in less than an hour. There are 3 metro stations in Karaj at the east, center and west. The trains are very comfortable and the price is less than 8000 IRR.

On its way to Tehran, it stops at CHITGAR Park and **AZADI sport complex.** *

By Car: It takes less than an hour to drive from Tehran to Karaj. CHALLUS us road is one of the most beautiful roads of Iran, which runs between mountains.



***Azadi sport complex:** is the national sports complex of Iran based in [Tehran](#). It is the biggest sports complex in Iran. Iran canoe federation is placed in this complex also Hotel Olympic is beside it.

2.4 Get around:

See: Karaj has a very pleasant climate in all four seasons. It is very famous for the natural attractions. The stunning **Alborz Mountain range** provides a natural beauty to the landscape of Karaj. It is also the starting point for a pleasant drive along spectacular **Challus road** towards north through the Alborz Mountain to the Caspian Sea.

- **The stony fire-temple of TAKHTE- ROSTAM** belong to Parthians and Sassanian eras,
- **Shams Palace** also called as Pearl palace remained from Pahlavi dynasty. It is located in MEHRSHAHR district. It was built on 1966. The whole complex is around 50,000 square ft. There is an artificial lake surrounding the main building.



Soleimanieh palace



Morvarid palace

- **Soleimanieh palace** (which is currently part of the Agriculture faculty of University of Tehran), once inside the university, you can visit **Museum of Zoology** and **MUZAFFARI FALAHAT School**; entrance is restricted to the students in working days but if you ask students they take you inside with them.
- **Mausoleum of Shahzadeh Suleiman** is among Karaj's cultural heritage.
- **Imamzadeh Hasan** a mosque and tomb to one of Shia IMMAMZADEH(Saints).
- **Imamzadeh Mohammad** a mosque and tomb



Imamzadeh Mohammad