



Report of the **TIP** Training Camp World Championships in Pau (FRA) September 10th – October 1st 2017



TIP/DVP/EEWC team with the equipment offered by our sponsors

A. Accommodation

ICF development training camp took place in Pau, France to finalise a 3 years project. The 3 years were structured around WWs and CSL.

Accommodation, breakfast, lunch and dinner were made 10min driving distance from the venue, in the Narcastet castle. Hosts were friendly, helpful and always trying to make things easier and better for the athletes.



Picture 1: Castle of Narcastet

Accommodation

- . 3 weeks living in the accommodation
- . Meeting room available
- . Play room available
- .WIFI
- . Place outside for natural sport

Meeting room

- . Richard FOX Intervention
- . Enough place for everyone
- . Every day one meeting was doing for oversight the next day



Picture 2: Richard FOX with the team



Picture 3: Lunchroom

Lunchroom

- . The cooker was very flexible compared our daily schedule
- . Lack of vegetable the first week
- . The meal these 2 weeks with the castle / one week with the word organisation

B. Venue and Participants

The training camp was made of 28 athletes in three different group: Talent Identification Programme TIP; Development White-Water DWW and Expand and Extend Women Canoeing. EEWC. There was 10 girls and 18 boys from 24 different countries

TIP group

	country	first name	family name	gender
1	CHI	andraz	guin	M
2	FIN	lisa	maënpaa	F
3	MKD	enis	neblovski	M
4	GRE	panagiotis	zisekas	M
5	HUN	koppany	racz	M
6	IND	jahanvi	shrivastava	F
7	IRI	amir	rezanejadhassanjani	M
8	MAR	issam	chakir	M
9	MAS	marina	muzaffa	F
10	MEX	alejandro	tames	M
11	MRI	terence	samendif	M
12	NEP	gokul	flageul	M
13	NOR	bergseth	elias	M
14	SEN	yves	bourhis	M
15	THA	atcharporn	duanglahwa	F
16	TPE	jen-yu	liu	F
17	ICF-FRA	lucas	hives	M
18	ICF-FRA	kilian	foulon	M
19	ICF-FRA	titouan	dupras	M
20	ICF-NED	ariane	herde	F

Plus, we welcomed on our training sessions one others paddlers from Malaysia, mainly because they were in the same training slot and the coach help us for design and organise the session

The group was split in 4 parts :

- Titouan Dupras : (NEP), (HUN), (GRE), (CHI),
- Lucas Hives : (MRI), (SEN), (IRI)
- Kilian Foulon : (MEX), (IND), (MAR), (CHI)
- Ariane Herde : (FIN), (TPE), (MAS), (THA)

The TIP group is one of the group with the athletes:

- Athletes should be between the ages of 15 and 22 years
- The National Federation must be up to date with its annual ICF membership fee

The Venue of Pau was manage by the French federation and the international canoe federation. The standing was higher than the other kayak competitions and the rule of accreditations very strict. We oversight with the seven other coaches all of the daily shuttles and schedule day by day for being the most accurate as possible.

Using phones applications eased communication among coaches and athletes:

- Google calendar to manage the daily schedule.: controlled by all the coaches and Pierrick, athletes could only watch the following even (like departure, training slot, lunch time ...)
- WhatsApp with every member of the development programme in which all the information and picture was sharing for a better commucation.

This two tools were very useful for a soft and efficient management of the group.

C. Coaching and equipment

Equipment was made of personal boats for part of the paddlers, the rest used ICF sponsors equipment as Nelo and Brasca Sport.

This year, every athletes attempted WWS trainings aiming a participation to the world championships. The French canoe federation, ICF WWS Committee and some local clubs lent boats: plastic boat perception wavehopper and carbon boat

The way coaches had chosen to lead the group:

Week 1: identify the levels of every athletes then split the whole group in seven.

Week 2 and 3: each athlete had only one referent. This “assigned” coach gave progression tools and hints, feedbacks about the race and the skills necessary for a good week of racing.



Picture 4: Brasca Sport C1 paddle for Sandile makubo (RSA/DVP)



Picture 5: Nelo k1 boat for Alejandro Tames (MEX/TIP)

D. Results of the World Championships 2017

	Country	First name	Family name	Gender	C	CSL	CSL X	WWS
1	CHI	andraz	olguin	M	K1M	89	12	38
2	FIN	lisa	maënpaa	F	K1W	64	8	26
3	MKD	enis	neblovski	M	K1M	/	/	/
4	GRE	panagiotis	zisekas	M	K1M	60	/	36
5	HUN	koppany	racz	M	K1M	70	/	41
6	IND	jahanvi	shrivastava	F	K1W	69	23	29
7	IRI	amir	rezanejadhassanjani	M	C1M	74	/	34
8	MAR	issam	chakir	M	K1M	57	48	28
9	MAS	marina	muzaffa	F	K1W	68	25	33
10	MEX	alejandro	tames	M	K1M	92	40	47
11	MRI	terence	samendif	M	C1M	92	28	32
12	NEP	gokul	flageul	M	K1M	91	/	40
13	NOR	bergseth	elias	M	K1M	76	36	43
14	SEN	yves	bourhis	M	C1M	24	29	30
15	THA	atcharporn	duanglahwa	F	C1W	50	/	/
16	TPE	jen-yu	liu	F	K1W	71	/	25

E. Social times

We had the chance that Richard Fox came at our accommodation to share his passion, feelings. Athletes could exchange with him about training, team management, future of Slalom and development

Another meeting was made with WWS high level athletes: Martina Satkova, Nejc Znidarcic, Paul Graton and Gaetan Guyonnet for sharing their passion for the WWS. Many questions were made about the benefit of paddling different kind of boats as CSL and WWS.

Last but not least, Tony Estanguet spent time with the group, meeting and speaking with this big 24 countries group, result of 3 years programme

F. Global development of canoe slalom around the World

Thanks to the amazing work and support given by the seven coaches, the global level of the group has drastically increased. We have received great feedbacks from the organization, judges, coaches from different federations and mostly by the member of the ICF.

We have proved to ICF and HOC members that the work of three years gave the best outcomes we were expecting.

It was an awesome experience for athletes to compete at this level, and especially to watch and compare their performance with international leaders ones.

Many of them expressed their motivation to share their knowledges and experiences in their home club, especially in the frame of the Return the Favor Programme.

Thanks to the ICF, athletes, coaches and Pierrick Gosselin, we had lived, managed and organised one fabulous experience gathering us around our passion: "paddling on the white-water"