## ISTNEWSLETTER



2025

# ISTNEWSLETTER

## **TABLE OF CONTENTS**

Contents	2
Invitation to 2025 Canoe Slalom International Pyrenees Cup	
Provisional program	
Entries, participation fees	5
Rules Race	6
Organizing Committee	88
Special offers in Pau : Champion race 3 <sup>rd</sup> edition	10
Parc Olímpic del Segre venue	11
How to get La Seu d'Urgell (Spain)	
Parc Aquasports White Water Stadium Pau Pyrénées	13
How to get Pau (France)	14
Contacts	15
Thanks to Institutions and Sponsors	16



Dear President,

Dear Secretary General,

The Organizing Committee of the 15th International Pyrenees Cup Slalom cordially invites you to attend the canoe slalom competitions that will be held in March of 2025.

The Pyrenees range of mountains is a tourist area, overlapping the border of France with Spain that will host the participants in a friendly atmosphere. The host cities of La Seu d'Urgell and Pau have a common tradition of cooperation starting on the Twelve Century. The bishop of Urgell, the Count of Bearn has had in the middle age a closer relationship during more than two hundred years.

Now, in another register, **the canoe slalom**, two efficient organization crews in two performance venues bring a new opportunity to strength the ties on both sides of the mountains. The travelling distances between the competition sites are approximately four hours and make the **two races of the International Pyrenees Cup very attractive each year**.

This year, the two competition races are included in the ICF Ranking calendar, with the same race format compared to previous editions and just before the two ICF Canoe Slalom World Cup in La Seu and Pau in June of 2025. The period at the very beginning of the sportive season will be conducive to slalom training and improving technical performances. The individual inscription gives wider opportunities to participate and combine sport schedule.

The International Pyrenees Cup Organizing Committee welcomes you to join our 2025 events.





Thursday, March 6 <sup>th</sup>	16:00 – 19:00 19:00 – 20:00	Training CSL Parc Aquasports Stade d'Eaux-Vives – PAU Free Training CSLX
Friday, March 7 <sup>th</sup>	14:30 – 17:30 17:30 – 18:30 18:00 – 18:30 19:30 – 20:00	Training CSL Parc Aquasports Stade d'Eaux-Vives –PAU Free Training CSLX Team Leaders meeting Demonstration Heats course and approval (Sunset 19:00)
Saturday, March 8 <sup>th</sup>	08:30 – 15:30 15:45 – 18:45	ICF World Ranking competition : Heats: WK1, MK1, WC1, MC1 Final B: WK1, MK1
Sunday, March 9 <sup>th</sup>	08:00 - 10:20 10:30 - 12:00 13:00 - 14:20 14:45 - 17:20	Final B: WC1, MC1 Final A: WK1, MK1, WC1, MC1  Kayak Cross Individual CSLX Heats and Finals CSLX Close event

Thursday, March 13 <sup>th</sup>	13:30 – 16:30 16:45 – 17:45	Free Training CSL <b>Parc Olímpic del Segre – LA SEU</b> Free Training CSLX
Friday, March	12:00 - 15:00 15:15 – 16:15	Free Training CSL <b>Parc Olímpic del Segre – LA SEU</b> Free Training CSLX
14 <sup>th</sup>	17:15 – 17:45 18:15 – 18:45	Demonstration Heats course and approval Team Leaders meeting
Saturday, March 15 <sup>th</sup>	08:00 - 12:50 13:30 - 17:30 17:30 - 18:45	ICF World Ranking competition: Heats: WK1, MK1, WC1, MC1 Final B: WK1, MK1, WC1, MC1 Final A: WK1, MK1, WC1, MC1
Sunday, March 16 <sup>th</sup>	08:15 – 10:45 11:15 – 14:30 14:45 – 15:15	Kayak Cross Individual CSLX Heats and Finals CSLX Medals ceremony Close event

Categories	WK1, MK1, WC1 and MC1			
	For 2025 ICF RANKING COMPETITION (level 3), entries are limited to 30 per federation until February 15 <sup>th</sup> . After, entries are open.			
Nominal Entries	Entries are limited for each event and each discipline:  Maximum provisional number of participants:  CSL: For La Seu: 290 boats - For Pau: 330 boats  CSLX: For La Seu: 150 boats - For Pau: 150 boats			
Spanish athletes :	All team leader and athletes must be accredited through SDP All paddlers must have an updated national federation license when they confirm their entry, and must designate a Team Leader			
Spanish athletes must do their entry (CSL – CSLX) through:				
	For Pau: <a href="http://www.canoeicf.com">http://www.canoeicf.com</a> Deadline: February 23 <sup>rd</sup> at 24h			
Athlètes français :	For La Seu: https://airtable.com/shrr37lf6yA7kOTNa Deadline: March 2 <sup>nd</sup> at 24h			
yaio i	Athlètes français, inscription La Seu et Pau sur l'Extranet fédéral :			
Other	http://compet.ffck.org/inscriptions/competition.php  Deadline: March 18 <sup>th</sup> at 24h			
National Federations	Other National Endorations	must do all of th	no optrios through	ICE online
recerations	Other National Federations entries system (SDP):			

## RULES RACE

General Classification	All paddlers who participated in all competitions. There are two classifications (CSL & CSLX)				
Competition format CSL Based on ICF CSL rules and appendices 2025	Heats – Final B – Final A  ICF ranking only with Heats and Final A. Final B is optional and unofficial.  All paddlers of ICF World Ranking will pass according to ICF progression.				
	Kayak Cross Individual event -> Top 32 proceed to elimination phase.  Elimination phase after Kayak Cross Individual according to <u>"2025 Rules</u> Appendices" Appendix 8.A.				
	A. Bracke	ts for Eliminat	ion phase after	r Kayak Cross	individual only
Competition format CSLX	Number of Participants	Progressing from Qualification Phase	1 <sup>st</sup> Round	Number per bracket	Bracket Table
Based on	32 +	32	Heats	4	Α
ICF CSL	31 > 24	24	Heats	3	В
rules and	23 > 16	16	Quarter finals	4	С
<u>appendices</u>	15 >12	12	Quarter finals	3	D
<u>2025</u>	11 > 8	8	Semi final	4	E
	7 >6	6	Semi Final	3	F
	5 > 4	4	Final	4	G
	3	3	Final	3	G
	Less than 3	No event			
PyCup CSL Classification  You must participate in the two competitions for final standings.  0 point to the winner of each competition 2 points to second in each competition 3 points to the third of each competition, and so on  Final standings: Sum of points earned in all competitions In case of tie, this will be resolved by the sum of the final results of the two competitions.					
PyCup CSLX Classification	·				
Judges	In Pau : French on In La Seu d'Urge	•	ges		

Jury	French and Spanish to be determined, and Chief Judge of the competition
Course designers	1 French + 1 Spanish in every competition
Prizes	<ul> <li>Trophy for the best competitor in each category</li> <li>Gift for the podium</li> <li>Gift for the athletes</li> <li>8 hours of free training for all competitors on each site</li> </ul>
Other information	Boat storage will be placed in venues Free wireless internet access will be available Free access pass and car parking near venues will be guarantee Video service for the athletes



## **ORGANIZING COMMITTEE:**

## **Didier BAYLACQ**

President of Pau Canoë-Kayak Club Universitaire

## **Marc VICENTE CASES**

President of the Club Cadí Canoe Kayak

## **Meritxell RODRIGUEZ CADENA**

Manager of Parc Olímpic del Segre

## Sylvain PUY

General coordinator Pau Canoë Evénements

#### To be determined

Chief Judge in La Seu d'Urgell

## To be determined

Chief Judge in Pau



Link for registration: (ctrl + clic)

**CHAMPION RACE 2025** 

my.weezevent.com



The Parc Olímpic del Segre is constructed in a branch of the river Segre, which was rechannelled after the damage caused by the exceptional flood of 1982. The slalom course's specific features are as follows:

Length: 220 mDrop: 6,4 mFlow: 10 m3/s

Course features: concrete bottom, banks and obstacles of natural boulders

Spectators capacity: 5.000 people

The Competition Course is accompanied by a beginners course which is 130 m long with a drop of 1,5 m. The designed flow ranges from 3 to 10 m3/s.

The design of the artificial canals includes a system of complementary canals and mechanical conveyor belts which enable canoeists to return to their starting point without having to leave their boats. The dynamic conception of the whole facilities leads to intensive use all year round and separation of canoeists according to their levels of skill and ability.

The drop in the Slalom course is created naturally via channels that branch from the river Segre, with a very gentle slope. The feeder canal, 165 in length, and mainly the flat water canal, 650 m in length and 20 m in width, are set aside for training in flat water canoeing and the necessary practice that sport lovers require in waters with a steady current.



## PARC AQUASPORTS WHITE WATER STADIUM PAU PYRÉNÉES



The Pau Pyrenees White Water Stadium is constructed in a branch of the river « gave de Pau » and lets its users choose between 3 different ways of functioning : gravitational, mixed (part of the water is recirculated) or only with pomps.

The slalom course specific features are as follows:

Length: 280mBreath: 15m

• Height drop: 2%, 4,8m from start to finish

Flow: 7 to 14 m3

• Conveyors belt transports participants from finish to start point without leaving boats

· Courses features: concrete bottom, banks and obstacles of natural boulders

Spectators capacity: 8 000 people

Startpool : 5 000 m²
Finishing Lake: 1800 m²

Athlete also have the possibility to gather the « gave de Pau » from our finishing lake via a 200m long course equipped with gates. This part of the stadium is also used as a warmer / beginners course.



## HOW TO GET PAU OR LA SEU D'URGELL

## How to get to Pau:

GPS coordinates > lat 43.30 / long: -0.37

## **Motorways:**

- A65 Bordeaux Pau (2h30)
- A64 Biarritz Pau (1h30)
- A64 Toulouse Pau (2h00)

#### Pau Pyrénées Airport :

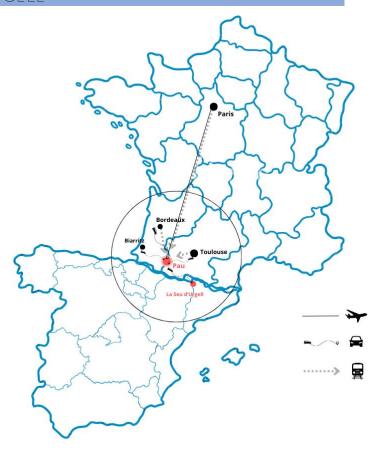
35 minutes from the White Water Stadium

• Direct Paris CDG - Pau (1h30)

## Train:

10 min walking from the White Water Stadium

- Direct TGV from Paris (5h)
- Direct ACCESS from Bordeaux (2h) and Toulouse (2h)



## How to get from La Seu d'Urgell to Pau :

#### By car

• La Seu D'Urgell - Pau (4h15 - 275km)

#### By train

La Seu d'Urgell  $\rightarrow$  Porté-Puymorens  $\rightarrow$  Toulouse Matabiau  $\rightarrow$  Pau (6h30)

## How to get to the Seu d'Urgell:

GPS coordinates > lat 42,22N / long 1,28E

La Seu d'Urgell is 10 km from Andorra and 200 km from Barcelona.

Andbus: www://andbus.net/

NB: It is necessary to book the ticket.

- > From airports of Barcelona and Toulouse.
- > From train stations of Lleida and Toulouse Matabiau.

Alsa: www.alsa.es

> from Barcelona and Lleida's bus stations.





## Pau Canoë Evénements

Parc Aquasports Stade d'Eaux Vives – Sylvain Puy

Tel. +33 7 85 64 02 80

Web: <a href="http://www.copapirineus.org">http://www.copapirineus.org</a></a><br/>
Email: <a href="mailto:sylvain.puy@paucanoe.com">sylvain.puy@paucanoe.com</a></a>

#### Parc OlímpicdelSegre

25700 La Seu d'Urgell (Lleida)

Tel. +34 973 36 00 92 Instagram: @canoelaseu

Web: <a href="http://www.copapirineus.org">http://www.copapirineus.org</a>

Email: canoeslalomseu@parcolimpic.cat

## **USEFUL LINKS:**

International Canoe Federation <u>www.canoeicf.com</u>

French Canoe federation <a href="www.ffck.org">www.ffck.org</a>
Spanish Canoe Federation <a href="www.rfep.es">www.rfep.es</a>

Catalan Canoe Federation <u>www.fcpiraguisme.com</u>
Seud'Urgell Tourist information <u>www.turismeseu.com</u>

Seud'Urgell Town hall <u>www.laseu.cat</u>

Parc OlímpicdelSegre <u>www.parcolimpicdelsegre.cat</u>

Pau Tourist Information centre : <u>www.pau-pyrenees.com</u>

Pau Town Hall: www.pau.fr

Parc Aquasports Stade d'Eaux Vives www.parcaquasports.fr

## THANKS TO INSTITUTIONS AND SPONSORS







































